

PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS Indoor	Jungle Dance	Gymnastics	Super Hero Dance	Word Moves	Athletics	Gymnastics
Outdoor	N/A	N/A	EY First PE	EY Multi Skills	Enjoy a Ball	Tennis
Year 1 Indoor	Multi Skills	Gymnastics	Winter Dance	Indoor Athletics	Gymnastics	Seaside Dance
Outdoor	Ball Skills	Ball Games	Football Fundamentals	Tennis	Athletics	Social Dodgeball
Year 2 Indoor	Gymnastics	Space Dance	Gymnastics	Skipping Project	Skipping project (warm ups until festival) and Jungle Dance	Yoga
Outdoor	Multi Skills	Ball Skills	Ball Games	Outdoor Adventure	Athletics	Kwik Cricket
Year 3 Indoor	Fitness	Gymnastics	Egyptian Dance	Gymnastics	Sports Hall Athletics	Yoga
Outdoor	Multi Skills	Handball	Basketball	Tag Rugby	Outdoor Adventure	Tennis
Year 4 Indoor	Swimming / Gymnastics	Swimming / Dodgeball	Swimming / Science Dance	Swimming / Gymnastics	Swimming / Dodgeball	Swimming / Science Dance
Outdoor	Football	Quicksticks	Netball	Skipping Project	Skipping Project (warm ups until festival) and Athletics	Kwik Cricket
Year 5						

Indoor	Netball	Gymnastics	Dance	Yoga	Fitness	Gymnastics
Outdoor	Multi Skills	Outdoor Adventure	Tennis	Rounders	Athletics	Tag Rugby
Year 6 Indoor	Gymnastics	Fitness	Dance	Indoor Athletics	Health and Fitness	Dance
Outdoor	Football	Quicksticks	Basketball	Tennis	Athletics	Kwik Cricket