



SPRING/SUMMER PROGRAM GUIDE



2026

PENNSAUKENSKATEZONE.COM

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YEAR- ROUND PROGRAMMING



Whether you wish to pursue hockey or figure skating or just be able to enjoy the occasional arena visit with family and friends, Learn to Skate classes are the first step to success!



Sign up for Rookie Program and receive FREE GEAR! The Rookie Program introduces players to shooting, passing, stickhandling and other fundamental skills.



The House League is for players who are looking for a fun recreational setting with player development and professional coaching provided. This is the next step for players who have moved through a learn to play hockey program looking to join a fun recreational league!



Check our Public Skate page on the website to view the latest sessions! Schedules are subject to change.



Held during our public skating sessions, our birthday parties include your own party room, plus pizza and drinks and more!



SPRING/SUMMER HOCKEY



This spring program is designed for hockey players looking to practice and compete this off season. The program is designed to improve individual skill development and teach players various hockey concepts that will translate into becoming a better player. Check out the [H08 Hockey webpage](#) for more information.

Hockey Progression Chart

<p>Learn to Skate</p> <p>All Ages</p> <p>30 / 30 Minutes of Instruction / Minutes of Practice</p> <p>1 Class Per Week 6 Classes Per Session</p> <p>Skates Available if needed</p>	<p>Learn to Play Hockey</p> <p>Rookie 1 & 2</p> <p>Ages 5-9</p> <p>1 Class Per Week 6 Classes Per Session</p> <p>Free Equipment for First Timers</p> <p>Skates Available if Needed</p>	<p>Developmental League</p> <p>Mini Flyers Rookie League</p> <p>Ages 5 & UP</p> <p>1 Class Per Week 1 Game Per Week</p> <p>Instruction & Games</p> <p>Skates Available if needed</p>	<p>Recreational League</p> <p>Junior Jaguars</p> <p>Ages 10U-14U</p> <p>1 Practice Per Week 1 Game Per Week</p> <p>Limited Travel</p>	<p>Travel League</p> <p>Jaguars Youth Hockey Club</p> <p>Ages 8U-18U</p> <p>2 Practices Per Week 35-55 Games</p>	<p>AAA Travel League</p> <p>Philadelphia Flyers Elite</p> <p>Ages 9U-18U</p> <p>2-3 On-Ice Practices Per Week 1-2 Off-Ice Training Sessions Per Week 70+ Practices 50-65 Games</p>
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Additional Skating and Training Opportunities

Public Ice

- Public Skating
- Try Hockey for Free
- Stick Time
- Open Hockey
- Private Lessons



Clinics

- Power Skating
- Stick Handling
- Passing/Receiving
- Body Contact/Checking



Foundry Adult Hockey is the largest and most comprehensive adult hockey organization in the U.S.A. With Foundry Adult Hockey, you can Play Your Game... As a hockey enthusiast, you can learn the game and or play the game whenever you want, wherever you want, and at any level you want.



Open to adults 18+ who have never played hockey. It will combine on-ice skills sessions with instructional games. During this program, participants will learn the fundamental skills of ice hockey, including how to skate if they've never done so before.



Have you just completed our Get in the Game program? Do you feel intimidated about joining your first adult league? The Novice Draft League is the place for you. This league is designed to introduce newer players to the wonderful game of hockey.



Whether you are a former professional player or coming out of our Novice Draft League, Foundry has a league for you. We have professional organized competitive leagues for all skill levels. Seamless registration. Leading edge real time game scoring with GameSheet's live stats, standings, and leaderboards.

Learn More at FoundryAdultHockey.com



IMPORTANT CONTACTS

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