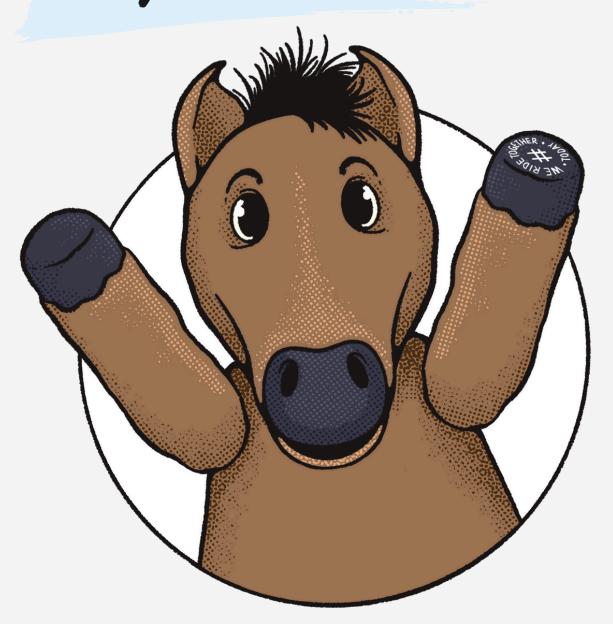
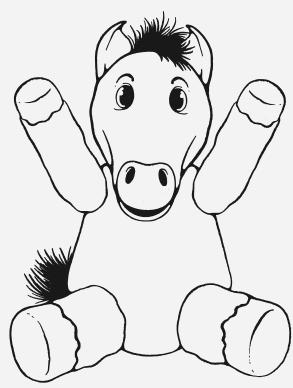
ACTIVITY

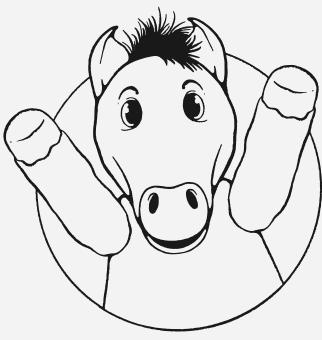
Packet



The following activities are designed for youth to do while going through or coping with hard times.







Design a jersey for Agano.







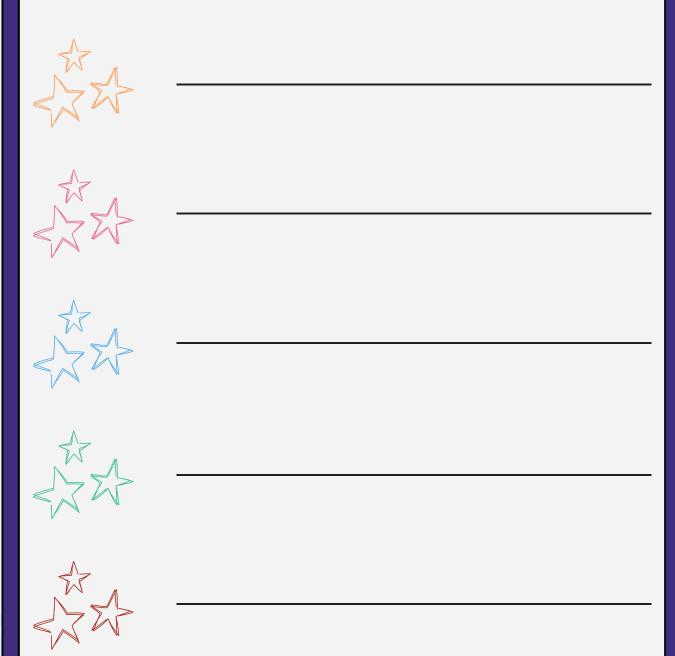
Write dov	vn or draw	5 of your	favorite t	hings.
Write dow	vn or draw	5 of your	least favo	rite things.

COLOR WITH Agano

Draw your happy place. The place you feel safe. What can you see? What can you hear? What food is there? Who else is with you?

WRITE YOUR Goals

Write down 5 things you want to do, places you want to go, or people you want to meet!



WORD Search

DIRECTIONS







Н	0	N	А	G	А	С	S	R	Т	0	Т	Z	Р	N	В
G	Т	S	J	Q	Χ	J	Е	Е	S	I	K	Q	С	В	S
Е	F	R	Υ	N	U	С	N	D	I	F	F	L	0	G	G
U	0	U	Е	М	С	N	F	K	А	М	K	W	Е	А	В
С	0	N	Р	0	I	U	S	Α	Z	N	Z	Х	К	0	D
R	Т	V	S	S	N	G	G	U	Х	Υ	С	U	1	Т	w
K	В	K	F	R	Z	G	Υ	D	Υ	Н	G	Е	В	В	0
Z	А	L	S	R	0	W	I	М	G	Z	L	С	Н	I	K
R	L	R	K	D	С	V	Т	L	N	В	٧	L	K	Р	Υ
Υ	L	V	А	С	Е	N	Х	I	Р	А	Е	F	Α	J	Е
N	Υ	G	Т	G	I	W	S	Α	Н	Z	S	I	V	В	K
K	Х	K	Е	R	М	Т	U	S	D	Q	K	Т	F	ı	С
D	Т	Н	Р	V	В	S	А	R	I	D	Е	F	I	Q	0
J	U	S	L	R	Н	L	W	В	Χ	٧	I	Н	D	С	Н
S	K	Υ	S	K	D	W	Z	I	L	Р	Х	J	L	Н	S
F	В	С	N	K	R	V	Q	Υ	М	K	0	А	0	K	F

HOCKEY **GYMNASTICS FOOTBALL TENNIS**

SOCCER SPRINT AGANO SKATE

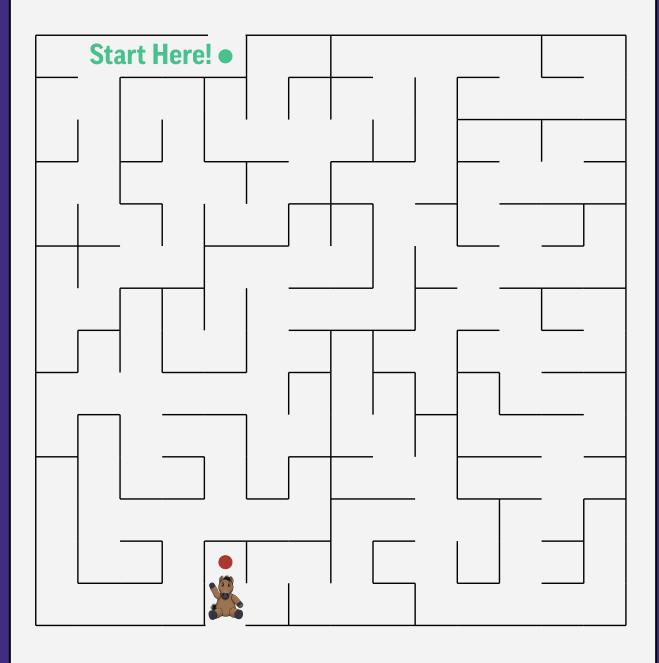
DANCE RIDE **BALL DIVE**

SAIL **SWIM GOLF BIKE**

JUMP SKI **ROW BAT**

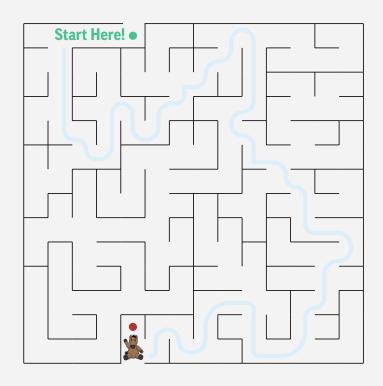
RUN

FIND Agano



PUZZLE Answers

Н	0	N	Α	G	Α	С	S	R	T	0	Т	Z	Р	N	В
G	Т	S	J	Q	Х	J	E	E	S	1	K	Q	С	В	S
Е	F	R	Υ	N	U	c	N	D	1	F	F	L	0	G	G
U	0	U	E	M	e	N	F	K	A	М	K	W	E	А	В
С	0	N	P	O	ľ	U	s	А	Z	N	Z	х	K	0	D
R	Т	V	s	s	N	G	G	U	Х	Υ	c	U	1	Т	W
К	В	К	F	R	Z	G	Y	D	Υ	Н	G	E	В	В	0
Z	А	L	S	R	0	W	1	M	G	Z	L	С	Н	1	K
R	L	R	K	D	С	V	T	L	N	В	٧	F	K	Р	Υ
Υ	L	٧	Α	С	E	N	Х	1	Р	A	Е	F	A	J	Е
N	Υ	G	Т	G	Y	W	S	Α	Н	Z	S	I	٧	В	K
К	Х	K	E	R	М	Ţ	U	S	D	Q	K	T	F	1	С
D	Т	Н	P	٧	В	S	A	R	1	D	Е	F	1	Q	0
J	U	s	L	R	Н	L	W	В	Х	٧	1	Н	D	c	Н
S	K	Υ	S	К	D	W	Z	X	L	Р	Х	J	L	Н	S
F	В	С	N	K	R	٧	Q	Υ	М	K	0	Α	0	K	F



If you need support, please visit www.WeRideTogether.today and use our Crisis Resources or Resources for assistance.



You are not alone. #We RideTogether