



Hope FOR THE **Holidays**

 Holiday Hamper Wishlist



Items	Quantity for Small Family (4-5 People)	Quantity for Medium Family (6-8 People)	Quantity for Large Family (8+ people)
Gift card (to purchase protein, milk, eggs, bread)	50	75	100
Storage bin or basket	1	1	1
Foil roasting pan	1	1	1
Potatoes	5 lbs.	10 lbs.	10 lbs.
Root vegetables (carrots, sweet potatoes, squash, onions)	5 lbs.	10 lbs.	10 lbs.
Oranges / Apples	3 lbs.	5 lbs.	10 lbs.
Canned vegetables (peas, green beans, corn)	2 cans	4 cans	6 cans
Canned fruit (peaches, pears, fruit cocktail)	2 cans	4 cans	6 cans
Soup (Halal preferred)	2 cans	4 cans	6 cans
Chili / Stew	1 can	2 cans	3 cans
Baked beans	1 can	2 cans	3 cans
Salmon or tuna	1 can	2 cans	3 cans
Crackers	1 box	2 boxes	2 boxes
Stuffing	1 box	1 box	2 boxes
Gravy mix	1 can / package	2 cans / packages	2 cans / packages
Cranberry sauce	1 can	1 can	2 cans
Dry pasta	1 package	1 package	2 packages

Items	Quantity for Small Family (4-5 People)	Quantity for Medium Family (6-8 People)	Quantity for Large Family (8+ people)
Pasta sauce	1 jar/can	2 jars/cans	4 jars/cans
Rice	1 box / package	1 box / package	2 boxes / packages
Cereal	1 box	1 box	2 boxes
Pancake mix	1 box	1 box	2 boxes
Syrup	1 bottle	1 bottle	2 bottles
Peanut butter	1 jar (500mL)	1 jar (1kg)	1 jar (1kg)
Jam / Preserves	1 jar (250mL)	1 jar (250mL)	1 jar (500mL)
Tea / Instant coffee	1 box / tin (250g)	1 box / tin (250g)	1 box / tin (500g)
Hot chocolate	1 box / can	1 box / can	2 boxes / cans
Cake mix	1 box	1 box	2 boxes
Frosting	1 can	1 can	2 cans
Hand soap	1 bottle	1 bottle	2 bottles
Dish soap (liquid)	1 bottle	1 bottle	2 bottles
Shampoo	1 bottle	1 bottle	2 bottles
Conditioner	1 bottle	1 bottle	2 bottles
Body wash / Soap	1 bottle / bar	1 bottle / 2 bars	2 bottles / 2 bars
Toothbrushes and toothpaste	4 or 5	6 to 8	8 to 10
Toothpaste	1	1	2
Toilet paper	12 rolls	24 rolls	36 rolls
Paper towel	2 rolls	4 rolls	6 rolls



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Other items to consider

Aluminum foil
Flour
Sugar
Oats
Vegetable oil
Infant / Baby food
Condiments (ketchup, mustard, mayonnaise)
Laundry detergent
Feminine hygiene products
Cleaning supplies (bathroom / kitchen cleaners, sponges, brushes, cloths)