

Better health starts with the right support

Connect with a Care Guide—free, expert help whenever
you need it.

- Answer questions about benefits
- Aid in scheduling appointments
- Help with billing issues or claims
- Assist with referrals



Ready to connect?

Scan, visit myCastlight.com, or download
the Castlight Mobile app to log in or register.



ACME

Castlight is provided by your employer at no cost and is completely confidential.
Castlight is personalized for you—the info and features available to you may vary based on your benefits eligibility.