



IMPORTANT INSTRUCTIONS REGARDING YOUR DAY OF SURGERY

Surgery with Intravenous (IV) Anesthesia (Sedation)

After consultation, if you have elected to have intravenous anesthesia, an IV will be placed in your arm or hand. This type of anesthesia will produce profound relaxation and amnesia. Your vital signs will be monitored during the procedure for your safety. Special instructions include:

- DO NOT eat or drink anything (NOT EVEN WATER) after midnight the night prior to surgery.
- If the doctor has given you instructions to take medication(s) an hour before surgery (blood pressure medications, antibiotics, relaxing medication, etc.), make sure you take the pill(s) with only enough water to swallow them.

FAILURE TO FOLLOW THESE FASTING GUIDELINES WILL RESULT IN RESCHEDULING YOUR APPOINTMENT as you could have LIFE THREATENING COMPLICATIONS. THERE ARE NO EXCEPTIONS.

- If you are diabetic, you will be given special instructions about fasting but should plan to be our first appointment of the morning. Please bring your glucometer.
- Recent or active upper respiratory infections or asthma attacks may also be life threatening. If you have a respiratory infection, please call our office to reschedule for at least 6 weeks later.
- A responsible adult must accompany you to your visit, REMAIN in the office while your surgery is being performed and drive you home after instructions are given. Patients under 18 years of age must be accompanied by a parent or legal guardian. **NO EXCEPTIONS.**
- Please do not wear lipstick, make up, moisturizers or heavy perfumes or fragrances. Nail polish must be removed as it may interfere with oxygen monitoring. Moisturizers on the wrists or ankles interfere with our EKG monitoring.
- Please do not wear contact lenses. Wear glasses on the day of surgery.
- Sedation typically wears off quickly but may metabolize more slowly in some individuals, so you should NOT drive, operate heavy machinery or make important decisions in the 24 hours after your appointment. You should have someone at home with you for the first 24 hours after anesthesia.

Please call our office at (781) 235-5225 if you have any questions.