

Coleslaw

This coleslaw omits carrots to keep the with the weight loss plan. If you are in the maintenance phase feel free to add shredded carrots. The creamy low carb dressing is sweetened with stevia. *You can find Primal kitchens mayo here:* <https://amzn.to/4etVCnI>



Ingredients

- 4 cups cabbage , finely shredded
- ¼ cup Primal Kitchen mayonnaise (or your own homemade mayo)
- ¼ cup apple cider vinegar
- ½ teaspoon SweetLeaf stevia drops or 2 tablespoons other sugar equivalent sweetener
- 1 teaspoon ground celery seed

Instructions

1. Mix cider vinegar with stevia (or other low carb sweetener) packets.
2. Whisk in mayonnaise and celery seed until smooth dressing forms.
3. Pour dressing over shredded cabbage. Toss to coat cabbage with dressing.
4. Notes

Servings: 6