

Treatment Guideline

new 2.0 **dōublo**

NEW DOUBLO 2.0: Handpieces & Cartridges

- ※ This guide is created for a basic procedure: 300 FL shots + 3,000 SD 3,000 shots. For FL, please perform the procedure with a spacing of 2-3 mm between the lines, and for SD, perform the procedure by rubbing the cartridge slowly.
- ※ Before proceeding with the procedure, please read the user manual. This Treatment Guide serves as a recommended guideline, so feel free to adjust it based on the thickness and condition of the individual patient's skin.
- ※ Avoid the areas marked with 'X', as they may contain nerves or organs that can be damaged.
- ※ Avoid using the **0.1 sec interval** when performing a procedure with **LINE mode** in the FL handpiece.
- ※ The maximum frequency that can be used for a procedure with the SD handpiece is 10Hz.







Synergy Dotting **SD** MFU+RF



Standard		Mild	
L1.5		P1.5	
L3		P3	
L4.5		P4.5	

Focused Linear **FL** MFU



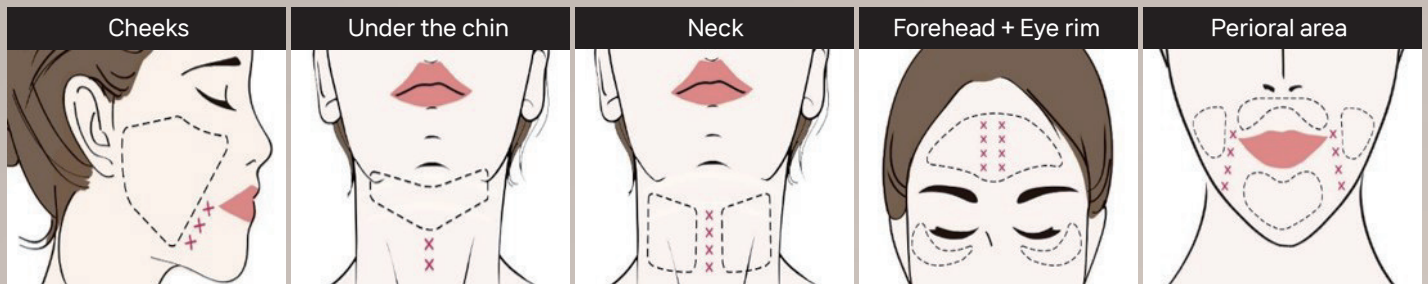
Standard		Mild	
A1.5		S1.5	
A2		S2	
A3		N3	
A4.5		N4.5	

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Standard Mode: High Effect / Speed Up

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Synergy Dotting **SD** Standard Treatment

Area	Cartridge	MFU (J)	RF (Lv)	Hz	Dot
Cheek	L1.5	0.15~0.25	4~6	6~8	1,500~2,500
	L3	0.35~0.55			
	L4.5	1.10~1.30			
Under Chin	L3	0.35~0.55		6~7	500~1,000
	L4.5	1.10~1.30			400~500
Neck	L1.5	0.15~0.25			
	L3	0.30~0.40			
Forehead + Eye rim	L1.5	0.20~0.30			600~800
Perioral	L1.5	0.20~0.30			400~500
	L3	0.35~0.45			

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Focused Linear **FL** Standard Treatment



Line Mode

Area	Cartridge	MFU (J)	Interval (sec)	Length (mm)	Shot
Cheek	A3	0.30~0.40	0.2	25	100~200
	A4.5	0.70~0.80	0.2		
Under Chin	A3	0.30~0.45	0.2		100~150
	A4.5	0.80~0.90	0.2		
Forehead + Eye rim	A1.5	0.10~0.20	0.4		50~100
	A2	0.15~0.30	0.3		
Perioral	A2	0.15~0.30	0.3		50~100



Dot Mode

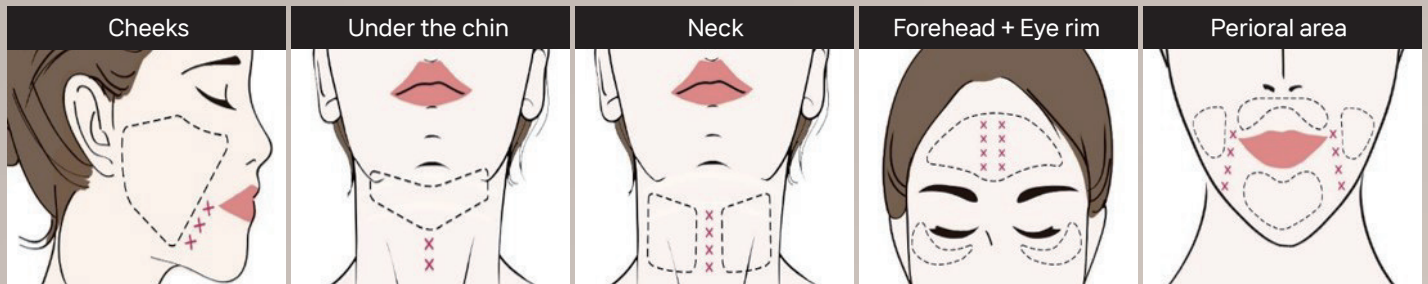
Area	Cartridge	MFU (J)	Interval (sec)	Length (mm)	Shot
Cheek	A3	0.35~0.45	1.5	25	100~200
	A4.5	1.05~1.30	1.7		
Under Chin	A3	0.30~0.50	1.5		100~150
	A4.5	1.10~1.35	1.7		
Neck	A2	0.15~0.25	1.2		50~100
Forehead + Eye rim	A1.5	0.15~0.25	1.2		50~100
	A2	0.20~0.35	1.2		
Perioral	A2	0.20~0.35	1.2		50~100

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Mild Mode: Less Pain / Low Side Effects

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Synergy Dotting **SD** Mild Treatment

Area	Cartridge	MFU (J)	RF (Lv)	Hz	Dot
Cheek	P1.5	0.10~0.20	4~6	6~8	1,600~2,800
	P3	0.30~0.50			
	P4.5	1.05~1.25			
Under Chin	P3	0.30~0.50		6~7	600~1,300
	P4.5	1.05~1.25			
Neck	P1.5	0.10~0.20		6~7	500~800
	P3	0.25~0.35			
Forehead + Eye rim	P1.5	0.15~0.25			700~1,100
Perioral	P1.5	0.15~0.25			500~800
	P3	0.30~0.40			

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Focused Linear **FL** Mild Treatment



Line Mode

Area	Cartridge	MFU (J)	Interval (sec)	Length (mm)	Shot
Cheek	N3	0.25~0.35	0.2	25	200~500
	A4.5	0.65~0.75	0.2		
Under Chin	N3	0.25~0.40	0.2		200~450
	N4.5	0.75~0.85	0.2		
Forehead + Eye rim	S1.5	0.05~0.15	0.4		150~400
	S2	0.10~0.25	0.3		
Perioral	S2	0.10~0.25	0.3		150~400



Dot Mode

Area	Cartridge	MFU (J)	Interval (sec)	Length (mm)	Shot
Cheek	N3	0.30~0.40	1.5	25	200~500
	A4.5	1.00~1.25	1.7		
Under Chin	N3	0.25~0.45	1.5		200~450
	N4.5	1.05~1.30	1.7		
Neck	S2	0.10~0.20	1.2		150~400
Forehead + Eye rim	S1.5	0.10~0.20	1.2		150~400
	S2	0.15~0.30	1.2		
Perioral	S2	0.15~0.30	1.2		150~400

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Precautions before treatment

1) Contraindicated patients

- Pregnant or lactating women;
 - Individuals with generalized or localized skin diseases, or cases where graft material is inserted within the treatment area;
 - Patients using anticoagulants or other medications that interfere with clotting or platelet aggregation. However, the use of non-steroidal anti-inflammatory drugs, including aspirin, is allowed;
 - Patients undergoing chronic steroid or immunosuppressive therapy;
 - Other patients that should not receive MFU treatment
- : those who have disorders related to the adipose tissue.

2) General cautions

If a patient has a history of receiving the treatments or experiencing the injuries mentioned below, the desired cosmetic effects may not be achieved during the procedure. Furthermore, treatment in close proximity to the eye area is prohibited, and caution is advised when approaching the areas with existing wounds:

- Lipolytic injections performed within the treated area;
- Loss of sensation or sensory impairment within the treated area;
- Known or suspected systemic or chronic diseases;
- Scars or the following types of scars: atrophic, sclerotic, keloid, or surgical scars.

3) Checklist before treatment

- Proper preparation of handpieces and cartridges;
- Confirmation of patient's eligibility for the treatment;
- Inquiry into patient-specific details relevant to the procedure.

2

Precautions during treatment

1) Precautions for FL & SD treatments

- Make sure not to apply too much ultrasound gel.
- Make sure not to direct energy towards the bone areas during the procedure.
- Perform the treatment carefully taking note of the nerves and blood vessels.
- Don't break the contact between the cartridge and the treatment area.
- If the cartridge is not administered vertically to the skin area during the treatment, the following issues may arise: bruising, blistering, epidermal damage.
- Continuous irradiation of energy onto the same area may pose a risk of burns, so make sure to avoid overlapping.

3

Precautions after treatment

- Visiting facilities with increased heat (such as saunas) and consuming alcohol during the first 7 days after the procedure is not advisable.
- In case of redness, it typically subsides within around 1 hour. To maximize treatment effectiveness, it is recommended to use regenerative face masks stored at room temperature rather than cooled masks.
- Makeup can be applied immediately after the procedure. Sunscreen (SPF 50 or higher) is recommended when going outside.
- After the procedure, to prevent damage to the transducer protection film, gently remove the gel with a soft cloth or gauze and eliminate any residue with an alcohol swab.

* Be cautious, as the film can be damaged even by fingernails.

※ Please familiarize yourself with the User Manual for detailed precautions before use.