

MIGLOUTM Quick Guide



- ※ For more detailed indications about “how to use system”, “warning” and “safety recommendations” Please refer to Miglou User Manual received with the system.
- ※ This Document is for reference purposes only. Depending on the patients skin condition, the physician should conduct a Test Shot and use an appropriate treatment setting based on their judgment.
- ※ For all parameters we suggest to start setting the skin cooling temperature at 5°C

Pre-treatment Precautions

- Review previous treatment before the procedure.
- Surface Cleansing: Thoroughly remove all impurities (lotions, oils, etc.) that may interfere with energy delivery or sensor accuracy. Ensure the skin is completely dry after rinsing.
- Apply Jojoba oil to ensure fluid movement of the handpiece. Avoid excessive application to maintain sensor integrity.
- Jojoba oil can cause permanent stains, be careful with your clothes.
- Screen for contraindications: pregnancy, pacemaker, internal metal implants, or severe systemic conditions.
- Avoid direct treatment over the eyes, thyroid gland, and major nerve pathways.
- Check for the presence of metal, implants, or fillers in the treatment area.
- Do not treat areas with active inflammation, infection, burns, or dermatologic conditions.
- Use caution in areas with impaired sensation due to increased burn risk.
- Assess vascular prominence and proximity to lymphatic regions.
- Evaluate skin thickness and fat layer to determine appropriate handpiece selection.
- Check the handpiece settings before use

During treatment Precautions

- Minimize overlapping energy delivery on the same area.
- Do not hold the handpiece stationary to avoid hot spots and burns.
- Maintain continuous and consistent handpiece movement to ensure even distribution of heat.
- Adjust energy levels over bony prominences. (e.g., cheekbones, jawline)
- Continuously monitor patient feedback and thermal sensation.
- Apply intermittent delivery in areas prone to heat accumulation.

Face

Category	Face (3mm)	
Power	80W	110W
Energy	60,000J	80,000J
Time	12 - 13 min	



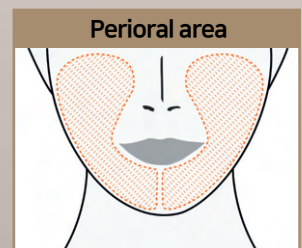
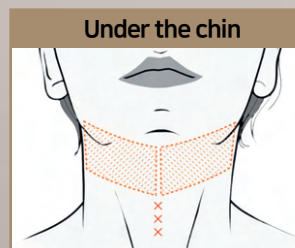
Category	Face (7mm)	
Power	90W	120W
Energy	60,000J	80,000J
Time	11 - 12 min	



- Treatment interval: Every 4 weeks
- Recommended sessions: 3-5 treatments
- Rationale: Gradual collagen remodeling and lifting effects require consistent, n repeated sessions at appropriate intervals.

© Depth Selection (3 mm / 7 mm)

- 7 mm is recommended for areas with thicker subcutaneous fat.
- 3 mm is recommended for areas with minimal fat.



Body

Category	Body (7mm)				
Area	Arms	Thighs	Trochanter	Back	Abdomen & Flanks
Power	90 - 120W	100 - 130W	100 - 130W	100 - 130W	110 - 130W
Energy	50,000 - 60,000J	50,000 - 70,000J	50,000 - 70,000J	50,000 - 70,000J	90,000 - 140,000J
Time	8 - 10 min	8 - 9 min	8 - 9 min	8 - 9 min	13 - 18 min



Category	Body (12mm)				
Area	Arms	Thighs	Trochanter	Back	Abdomen & Flanks
Power	110 - 140W	120 - 140W	120 - 140W	120 - 140W	110 - 150W
Energy	80,000 - 90,000J	60,000 - 90,000J	70,000 - 100,000J	70,000 - 90,000J	140,000 - 180,000J
Time	9 - 10 min	9 - 12 min	8 - 12 min	8 - 12 min	16 - 20 min

- Treatment interval: Every 4 weeks
- Recommended sessions: 3-5 treatments
- Rationale: Time is required for metabolic processing and lymphatic clearance following fat disruption.
- Staring the treatment design and divide the treatment area into sub-areas, also in case of localized fat, measure of skinfold inside the square sub area with the standing patient.
- ※ Please familiarize yourself with the User Manual for detailed precautions before use.



· Precautions after treatment

- Mild erythema, edema, and warmth are expected and typically resolve within hours to days.
- Transient tenderness, nodularity, or mild neural sensitivity may occur.
- In case of burns or blistering, provide immediate and appropriate management.
- Encourage adequate hydration to support lymphatic drainage and metabolic clearance.
- Avoid excessive pressure or vigorous massage on treated areas.
- Advise patients to report persistent pain, sensory changes, or skin discoloration.
- Avoid alcohol, hot saunas and strenuous/vigorous exercise.
- Avoid direct sun expose for approximately 48 hours after treatment.

· Contraindicated / Caution

- Major nerve pathways(e.g., facial nerves, peripheral nerves) / Mucous membranes
- Head and neck(Thyroid precaution) / Cardiac(with pacemaker placement), décolleté and breast areas
- Tattoos or permanent make-up in the treated area / Genitalia / Bone protrusions / Fractures (even if in the process of healing)
- Tissue with limited thickness of the subdermal fat layer (< 1cm)
- Varicose veins/Areas with acute inflammatory processes (as rashes, inflammation, infection, hematoma, wounds, etc.) / Open wounds
- Permanent implant in the treated area, such as metal/plastic plates, prosthesis and screws or injected chemical or autologous substance, fat injections or prosthesis / Subjects with any body piercing in the treatment area
- Lymph nodes stations / Femoral, subclavian and brachial arteries and veins
- Pharmacologically anaesthetised areas (absence of patient feedback on pain) / Areas with sensibility reduced or absent
- Ischaemic tissues of patients with vascular disorders whose blood circulation is insufficient to cover increased metabolic requirements (risk of necrosis) / Spine areas subjected to laminectomy / Hernias / Lipomas / Fibrotic tissue and particularly lax tissue