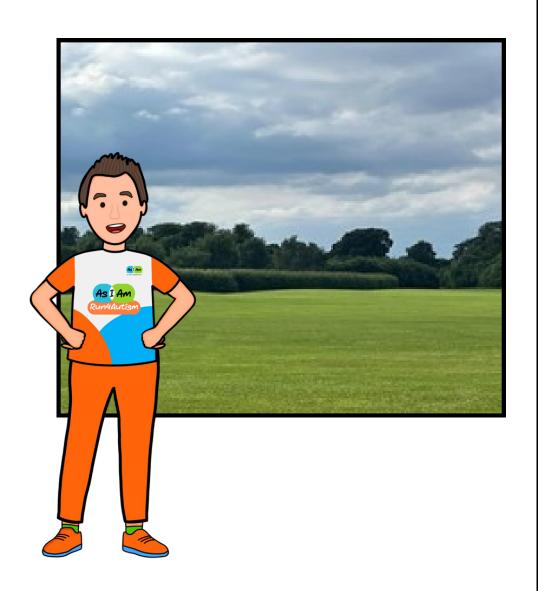


On Sunday 17th of August, we will go to the AslAm Run4Autism



The AslAm Run4Autism is in Corkagh Park



When you see this entrance, you are at the park. AslAm team members will also be there to help.

This is a rough layout of how the event will look on the day





You might need the toilet. You can use a porta-loo.



Do you have your AslAm t-shirt?

✓ Yes, I have my AslAm t-shirt

ou are ready to look at what is in the park.



Do you have your AslAm t-shirt?

No, I don't have my AslAm t-shirt yet.

That's okay. We have your t-shirt ready for you.



You wait to get your t-shirt.



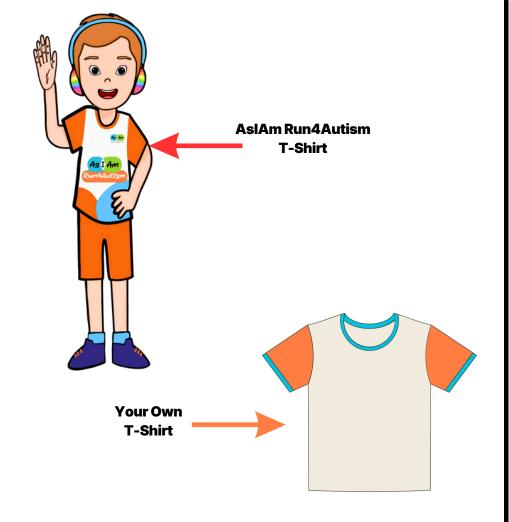
You wait beside the AslAm tent.



Can you see the tent in the picture?



A person in the AslAm team will help you. They will give you your AslAm tshirt.



You may not want to wear your AslAm t-shirt. Some people will wear the AslAm t-shirt. Some people will wear something different they own.



We are at the park to go on the Run. You will see other activities in the park too.
You can choose to go and see these activities.



Sophie from Little Fitness will help us get our bodies ready to run.
Sophie will stretch and jump. We can copy Sophie.



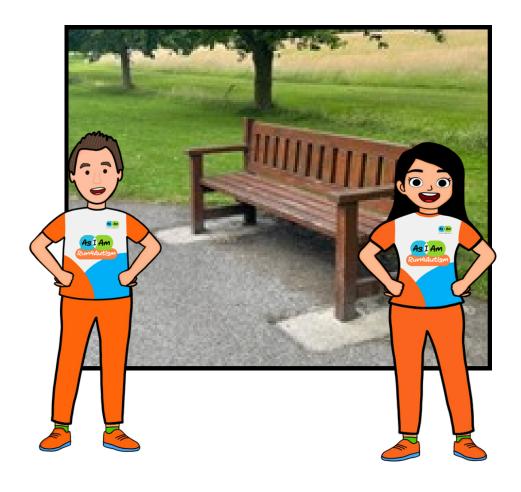
When it is time to start our run, Michael will tell us it is time to start. This is Michael.



Lots of people will walk and run in the park together. You can choose to run or walk.



When you see the 'running clock', the AslAm run has finished. Can you see the clock in this picture?



A lot of people might feel excited to be at the park. It might be noisy. You can take breaks. You might want to sit on a bench or under the tree.



You can also go to the AslAm relaxation area. You can leave the AslAm relaxation area when you want to.



Lots of people will wear ear defenders or headphones.
This helps them when it is noisy.



The AsIAm Team can help you. You can ask for help. People in the AsIAm Team are wearing yellow high vis lanyards.

