

RPSGT Exam Eligibility

Pathway Decision Chart

Created by First Sleep School

Start here!

How do I become eligible to take the RPSGT Exam?

Universal Requirements
Things everyone who wants to be a CPSGT will need prior to taking the exam.

- High School Diploma or GED Equivalent
- An active CPR and/or BLS card

Notice - Starting Jan 1, 2026: CPR/BLS must include hands-on skills practice; online-only no longer accepted (e.g. hands-on mannequin practice via blended learning programs like AHA's RQI). Read BRPT's full update.

Choose **ONE** of the following pathways that best suits your situation

