



SPRING INTO WELLNESS!

Food Seminar and Cooking Class Workshop

Join us for a hands-on cooking class hosted by Star Farm and gain valuable healthy living tips during our nutrition seminar. All attendees will receive a care package with fresh produce for healthy eating.

**FRIDAY, APRIL
24TH 2026**

TIME

2 PM - 4PM

LOCATION

6307 S. Stewart Chicago, IL
60621
3rd Floor ACC Conference
Room

