

BRAIN HEALTH FREEDOM CELEBRATION



HONORING THE SPIRIT OF FREEDOM THROUGH BRAIN HEALTH

Join us for an afternoon of community, culture, movement, and brain health as we celebrate freedom and invest in healthier futures together.



**SATURDAY
AUGUST 29
11AM-3PM**



**IMAGINE ENGLEWOOD IF
PEACE CAMPUS
6407 S. HONORE STREET
CHICAGO, IL 60636**

Event Highlights

- Live music by Margaret Murphy of the South Side Jazz Coalition
- Line dancing
- Brain-healthy food demonstrations
- Meet clinicians from UChicago Medicine and the Center for Better Aging for conversations on healthy aging, brain health, stroke, and MS
- Learn how to become a Dementia Friend
- Connect with the National MS Society, the Alzheimer's Association, the American Heart Association, and more
- Lunch provided!



FREE AND OPEN TO ALL!

Questions? Contact: Karolyn.Villafan@bsd.uchicago.edu | (773) 705-4705

