



Fall Prevention

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On behalf of our medical team we would like to inform you that all patients admitted into any of our medical facilities, must have an ID band.

If you are at risk for fall you should have a yellow Wrist band, and non-slip socks. In case you don't have any of these, you are kindly requested to call your nurse.

You are considered a fall risk while with us, no matter your age or diagnosis. Your new setting, surgical procedures, medications, and condition make you unsteady, resulting in a fall and causing you injury.

Accordingly, you are kindly requested to follow these instructions:

- Don't attempt to get out of bed, even if you think you can. Call for help.
- Use call-bell, it's available at the bedside and in the bathroom.
- When you are in the bathroom, please allow your health care provider to monitor you, keep you accompanied, and never lock the door.
- In case you need to wash up for prayers, it's preferable to use the tayammum instead.
- Bed alarms need to be activated with your permission for some cases.
- Always keep your bed in the lowest position and the side rails up.
- For patients with newborn babies, don't leave your baby unattended.
- Keep your bed as low as possible at all times.
- Don't try to lift your baby when you feel weak or with an unsteady gait.
- Call your nurse for help.

Carefulness costs you nothing.

Thank you for trusting us with your health. Your Safety is Our Safety.