

فقيه.

أكاديمية فقيه الطبية
Fakeeh Care Academy

فقيه.

مجموعة فقيه للرعاية الصحية
Fakeeh Care Group

VACCINES FOR ADULTS

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- Vaccination is a crucial step for lifelong protection. While many people believe that vaccines are primarily for young children, it's essential to recognize that thousands of elderly individuals and others tragically lose their lives each year due to severe complications from vaccine-preventable diseases. Vaccines serve as highly effective tools in preventing the suffering and financial burdens associated with treating these preventable illnesses. Some vaccines require annual updates, while others provide a lifetime of protection. This educational material aims to raise awareness about the importance of vaccination at all stages of life

1. Influenza Vaccines

Influenza is transmitted easily from person to person, and as a result, many infected people are hospitalized and other infected people die. This vaccine should be taken once a year for all people

2. HPV Vaccine

of cervical cancer cases. Women, at the age of nine, are %70 This virus is associated with a percentage of recommended to take this vaccine in two to three doses

3. Pneumococcal Vaccine

years of age who 65 or older. Adults under 65 The pneumococcal conjugate vaccine should be given at age smoke or who experience medical conditions such as asthma, heart disease, liver disease, kidney disease, diabetes, spleen removal and immunodeficiency should receive the pneumococcal conjugate vaccine once in a lifetime. However, in some cases, more doses may be needed after five years. It is taken in two doses

4. Chickenpox Vaccine

The vaccine should be taken if the patient has not previously had chickenpox since childhood or if it is proven that he/she does not have immunity to it. It should be taken in two doses, with the second dose given a month or two after taking the first dose

5. Meningococcal Vaccine

This vaccine should be taken for adults who live or go to crowded places, such as before going to the Hajj [Pilgrimage], living in group housing, university and college students or some medical conditions such as spleen removal. You need to retake the vaccine from two to 5 years

6. Hepatitis A Vaccine

You need to take this vaccine if you experience certain risk factors such as chronic liver disease, if you work in a restaurant or if you want to travel to countries where this disease is common. The vaccine is usually taken in two doses, with the second dose taken between 6-18 months

7. Hepatitis B Vaccine

The consumption of this vaccine has become mandatory since childhood or if it is proven that, you do not have immunity to the disease. It should be taken in three doses

8. **Measles, Mumps, and Rubella [MMR]**

and those who have not previously taken it and it 19 The vaccine should be given to women over the age of should be taken in two doses

9. **DTaP [Diphtheria, Tetanus, Pertussis] Vaccine**

Taking this vaccine reduces the risk of death and the risk of transmission of the related diseases to other people. The dose should be taken once on a ten-year basis

10. **Zoster Vaccine**

should take the vaccine, and it should be taken in two doses once in a 50 Preferably, adults over the age of lifetime for men and women

Note:

All of these vaccines can be obtained at Dr. Soliman Fakeeh Hospital. By being vaccinated, you can safeguard yourself and your loved ones from these diseases

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