

SIGNATURE  
WELSH  
DISHES

PONTCANNAN INN  
BREAKFAST

# MENU

KITCHEN  
HOURS

08:00 AM  
12:00 PM

SPRING SUMMER 2026

## MUFFINS

### Bacon or Sausage muffin

crispy smoked bacon or Cumberland  
sausage in a muffin

£4.50

### The Big Breakfast muffin

egg, bacon, cheese  
& hash brown

£6

## EGGS

### Eggs Benedict

honey roast ham, poached eggs  
& hollandaise sauce on  
toasted muffin

£10

### Smashed Avocado (v)

with poached egg's  
on a toasted  
muffin

£10

### Eggs Royale

smoked salmon, poached  
egg & hollandaise sauce on  
toasted muffin

£10

### Crumpets

with artisan butter

£5

### Creamy garlic mushrooms

served on toast

£8

## THE WELSH BREAKFAST

Cumberland sausage, smoked bacon, your choice of egg, roasted mushrooms, baked beans, black pudding, hash brown, tomato & toast

£14

## THE VEGETARIAN BREAKFAST

(ask your server for our vegan option)

Glamorgan sausage, your choice of egg, roasted mushrooms, baked beans, hash brown, tomato & toast

£12

\*Sorry, we do not swap breakfast items

## EXTRAS

baked beans / tomato / hash browns (gf) / mushroom / toast

£1

spinach / egg

£2

2 bacon / 2 black pudding / 1 cumberland sausage / 1 vegan sausage

£3

Before you order your food & drinks, please inform a member of staff if you have a food allergy or intolerance. An adult's daily recommended allowance is 2000 kcal.  
Fish may contain small bones, game may contain shot. All weights & measures are accurate before being cooked. (V) vegetarian, (Vg) vegan.