

Advanced Genetic Analysis

Our Discovery+ Advanced Genetic Analysis DNA Test Kit add on analyzes 128 genetic markers across 96 genes to show how your unique DNA influences reveal how your body responds to diet, exercise, stress, and more.

Using cutting-edge science, we translate your genetic data into clear, personalized, and actionable insights, empowering you to make smarter choices for your health.

Our Analysis Includes Information On

128 Markers **96** Genes **44** Action plans

Assessment Areas

Diet & Nutrient Metabolism

Understand how your body absorbs and processes essential nutrients.

Obesity Risk & Weight Management

Identify traits linked to appetite, fat storage, and metabolic rate.

Brain & Mental Wellness

Explore your unique genetic patterns related to focus, mood, and resilience.

Physical Fitness & Performance

Optimize workouts based on your muscle type, recovery rate, and endurance potential.

Detoxification & Heart Health

Learn how your genes influence toxin clearance and cardiovascular wellbeing.

Hormonal Balance

Discover genetic factors affecting energy, mood, and metabolism.

How it Works

1



Receive Your Kit

Your MembersHealth DNA kit will arrive within 1–2 weeks.

2



Collect Your Sample

Follow the simple, step-by-step instructions included in your kit.

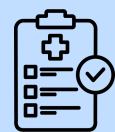
3



Return Your Kit

Send your sample back using the prepaid mailer provided.

4



View Your Results

After we receive your sample, your personalized DNA report will be available within 2–3 weeks.