

Grand Rapids Catholic Central High School

319 Sheldon Blvd SE
Grand Rapids, MI 49503
www.grcatholiccentral.org

Subvarsity Girls Lacrosse Coach

Start Date: Spring 2026 Season

Application Deadline: Open until filled

Position Overview

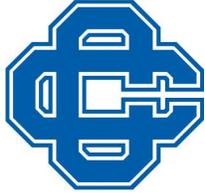
Catholic Central High School is seeking a passionate and experienced Subvarsity Girls Lacrosse Coach to lead our student-athletes on and off the court. The ideal candidate will bring strong leadership, a commitment to player development, and the ability to build a positive, competitive, and faith-centered team culture.

Responsibilities

- Assist the Head Varsity Coach in planning, organizing, and implementing all aspects of the program.
- Serve as the Head Coach of the Junior Varsity team, including practice planning, game preparation, and in-game management.
- Support the development and implementation of a unified program philosophy from freshman through varsity levels.
- Teach and reinforce fundamental skills, sport-specific strategies, and conditioning appropriate to each level.
- Promote and model sportsmanship, integrity, and professionalism at all times.
- Monitor and support the academic progress, character development, and overall well-being of student-athletes.
- Assist with scouting, film breakdown, and opponent preparation.
- Help coordinate team travel, equipment distribution, and uniform management.
- Communicate effectively with players, parents, administration, and athletic department staff.
- Maintain compliance with school, conference, and state athletic association policies.
- Assist with offseason training, strength and conditioning programs, and summer development opportunities.
- Support program-wide fundraising efforts and community engagement initiatives.
- Attend required athletic department meetings, professional development sessions, and school functions.
- Assist in supervising team activities, locker rooms, and transportation to ensure student safety.
- Help build and sustain positive relationships within the school community and with partner programs.

About Catholic Central

Founded in 1906, Grand Rapids Catholic Central High School is a faith-based, college preparatory institution committed to developing young men and women of faith, character, and leadership. Competing in the OK Conference, our athletic programs pursue excellence while promoting teamwork, integrity, and sportsmanship rooted in our Catholic mission.



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Qualifications

- Previous lacrosse coaching experience required; high school or collegiate experience preferred.
- Strong knowledge of tennis fundamentals, techniques, and competitive strategy.
- Ability to mentor and motivate student-athletes both athletically and personally.
- Excellent communication and organizational skills.
- Must complete or hold required MHSAA coaching certifications.
- Commitment to the mission and values of Catholic Central High School.

Application Process

Interested candidates should submit the following to **Mike Jacob**, Athletic Director:
mikejacob@grcatholiccentral.org

- Cover letter
- Coaching résumé
- List of professional references

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