

SPORTS CAMP

Enjoy a day of inclusive sports, including football, cricket, dodgeball and team challenges. Sessions are funded by Together for Children. A free hot meal will be provided, food choices will be sent to you via the EEQU system after you have booked.

**FREE
T&Cs apply**

Beacon of Light
10am-2pm | Ages 8+

Tuesday 28 July

Thursday 30 July

Tuesday 4 August

Thursday 6 August

Tuesday 11 August

Tuesday 18 August

Thursday 20 August

Tuesday 25 August

Thursday 27 August



**FOUNDATION
OF LIGHT**

THE WORLD AT YOUR FEET



**SCAN QR
CODE TO
BOOK**

NEED MORE INFO?

Get in touch via
Wear4All@foundationoflight.co.uk



**FOUNDATION
OF LIGHT**

THE WORLD AT YOUR FEET

SEN

DISABILITY

INCLUSIVE



FoundationofLight
Registered Charity No.1089333

HORSE RIDING

Spend the day at Stanley Brae Riding Centre learning to ride, groom and care for horses, with the chance to meet miniature horses too. Suitable for all experience levels.

Beacon of Light

Mondays 27 July |

10am-2.30pm | Ages 8+

£25 PER CHILD



Please bring weather appropriate clothing/footwear, suncream, packed lunch, snacks and plenty to drink!

SOUTER LIGHTHOUSE

Enjoy a day at Souter Lighthouse with sports, games, arts and crafts, and team challenges designed to build confidence and friendships.

Beacon of Light

Wednesday 29 July |

10am-2.30pm | Ages 8+

£25 PER CHILD



Activities must be pre-booked by registering via our online platform before you can book any sessions. Pick up and drop off are all from Beacon of Light.

BEACH AND WATER SPORTS

Take part in beach games and team activities at Roker Beach before an afternoon of instructor-led water sports with Adventure Sunderland. Suitable for young people who are confident around water.

Beacon of Light

Friday 31 July |

10am-2.30pm | Ages 8+

£25 PER CHILD



Please bring weather appropriate clothing/footwear, suncream, packed lunch, snacks and plenty to drink!

DANCE AND BOWLING

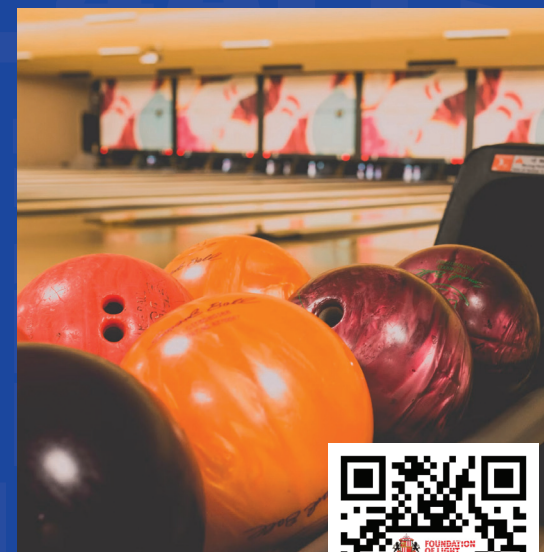
Start the day with a fun dance session at At One Fit before heading to the bowling alley for an afternoon of friendly competition.

Beacon of Light

Monday 3 August |

10am-2.30pm | Ages 8+

£25 PER CHILD



SCAN QR CODE TO BOOK



Please note that if your child or young person requires one-to-one support, it is the responsibility of the parent/carer to provide this additional support.