

UPCOMING EVENTS

LET THE FUN SUMMER BEGIN!

JULY 2025



YMCA OF GREATER
NEW YORK

FLUSHING



10/
THURSDAY

BENEFIT WORKSHOP

Come learn about NYS Essential Plan with \$0 monthly premiums and dental/ vision benefits. Free giveaways while supplies last.

START TIME: 11:00 AM



17/
THURSDAY

ZUMBA FUN!

Join us for a FREE ZUMBA CLASS and walk away with some FREE give aways.

START TIME: 11:00 AM



23/
WEDNESDAY

BABY SHOWER!

Come celebrate with us and learn about maternity care.

Free giveaways while supplies last.

START TIME: 11:00 AM



**YOUR
HEALTH
MATTERS**

24/
THURSDAY

HEALTH WORKSHOP

Come learn about health tips to help you fight disease and live a healthy life!

Free giveaways while supplies last.

START TIME: 11:00 AM

MORE INFORMATION

OUR COMMUNITY PARTNERS



CHARLES B. WANG
COMMUNITY HEALTH CENTER

王嘉廉社區醫療中心



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