

goods  
BAKED  
—  
FRESH  
daily

# GROUNDSWELL

servings  
GROUNDS  
—  
WELL  
artisan coffee

cafe + bakery  
coffee and tea

PROUDLY SERVING GROUNDS WELL ARTISAN COFFEE AND MARIAGE FRÈRES TEA  
NON-DAIRY MILK OPTIONS AVAILABLE FOR ADDITIONAL CHARGE

## HOT BEVERAGES

	SMALL 12 oz	LARGE 16 oz
COFFEE	\$4.50	\$5.50
DOUBLE ESPRESSO	\$4.75	—
AMERICANO	\$5.00	\$6.00
CAPPUCCINO	\$6.25	\$7.25
LATTE	\$6.50	\$7.50
MOCHA	\$7.25	\$8.25
CHAI LATTE	\$7.00	\$8.00
MATCHA LATTE	\$7.25	\$8.25
HOT CHOCOLATE	\$6.50	\$7.50
HOT TEA	\$5.50	\$6.50

## COLD BEVERAGES

	SMALL 16 oz	LARGE 20 oz
ICED TEA	\$4.50	\$5.50
ICED COFFEE	\$4.50	\$5.50
NITRO COLD BREW	\$7.50	\$8.50
ICED LATTE	\$6.50	\$7.50
ICED MOCHA	\$7.25	\$8.25
ICED CHAI LATTE	\$7.00	\$8.00
ICED MATCHA LATTE	\$7.25	\$8.25

## MARIAGE FRÈRES TEAS

french breakfast • earl grey imperial • chai chandernagor  
marco polo • fuji-yama green • mentha piperita • chamomilla  
dream tea • rouge bourbon

## breakfast

GLUTEN FREE BREAD AND WRAPS AVAILABLE ON REQUEST FOR ADDITIONAL CHARGE

### \*HOUSE BREAKFAST SANDWICH - \$13.50

house made whole wheat english muffin,  
scrambled eggs, cheddar cheese, side salad  
add ham, bacon, chicken sausage, or turkey sausage - \$3.50

### \*EGG WHITE & VEGETABLE WRAP - \$17.50

house made lavash, turkey sausage, scrambled egg whites,  
baby spinach, roasted cherry tomatoes, sauteed mushrooms,  
scallions, gruyere cheese, side salad

### \*BUTTERNUT SQUASH & CHICKEN SAUSAGE BOWL - \$18.00

roasted butternut squash, roasted sweet peppers, caramelized  
onions, kale, chicken sausage, pumpkin sage pesto,  
toasted pepitas, sunny side up egg

### BUTTERMILK PANCAKES - \$13.00

house made buttermilk pancakes,  
seasonal jam, seasonal berries, maple syrup

### CINNAMON TOAST - \$13.00

house made farmhouse white bread toasted with  
butter, cinnamon sugar and seasonal berries

### QUICHE LORRAINE - \$16.00

house made quiche with ham, bacon,  
gruyere cheese, side salad

### LEEK & GRUYERE QUICHE - \$16.00

house made quiche with leeks,  
gruyere cheese, side salad

### YOGURT PARFAIT - \$15.50

greek yogurt, fresh berries, choice of house made plain or  
fruit & nut granola, topped with a drizzle of honey

PLEASE ALERT US OF ANY ALLERGIES. \*ITEMS MARKED WITH AN ASTERISK MAY BE SERVED RAW OR UNDERCOOKED;  
CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR  
RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

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# GROUNDSWELL

servings  
GROUNDS  
—  
WELL  
artisan coffee

cafe + bakery  
soups + salads

ALL SALADS CAN BE MADE VEGAN UPON REQUEST

## ROASTED BEET SALAD - \$18.00

arugula, roasted beets, grapefruit,  
shaved fennel, toasted hazelnuts,  
chevre goat cheese, roasted apple vinaigrette (GF)

## GARDEN SALAD - \$17.00

spring mix, shredded purple cabbage, shaved radish,  
heirloom cherry tomatoes, persian cucumbers,  
sunflower seeds, feta, white balsamic vinaigrette (GF)

## TUNA NICOISE SALAD - \$19.50

spring mix, tuna, nicoise olives,  
green beans, duck fat poached fingerling potatoes,  
red onion, cherry tomatoes, hard boiled egg,  
champagne vinaigrette (GF)

## KALE & BARLEY SALAD - \$18.00

kale, roasted acorn squash,  
dried cranberries, barley, candied  
pecans, pumpkin vinaigrette

## SOUP DU JOUR - MKT PRICE

rotating seasonal house made soup

add to any salad: CHICKEN - \$6.00 / TUNA (IN OIL) - \$7.00

## sandwiches

GLUTEN FREE BREAD AND WRAPS AVAILABLE ON REQUEST FOR ADDITIONAL CHARGE

## CHICKEN SALAD - \$17.50

toasted house made baguette, pulled chicken salad,  
green leaf lettuce, sliced tomato

## JAMBON & GRUYERE - \$18.50

toasted house made baguette, french bistro ham,  
gruyere, cornichon, butter, dijon

## FRENCH ONION DIP - \$19.00

toasted house made roasted garlic and rosemary focaccia,  
wagyu roast beef, caramelized onions,  
gruyere cheese, house made au jus

## \*CROQUE MONSIEUR - \$18.50

house made farmhouse white bread, smoked ham, gruyere  
cheese, dijon, house made herb béchamel, side salad  
add sunny side up egg - \$3.50

all sandwiches are served with a side salad

garden + home  
3895 MAIN ROAD  
TIVERTON, RI 02878  
401-816-4311

cafe + bakery  
3883 MAIN ROAD  
TIVERTON, RI 02878  
401-816-4256

table + provisions  
3879 MAIN ROAD  
TIVERTON, RI 02878  
401-816-4177

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