

Hunger, Nutrition and Health in Pregnancy Action Network Quarterly Connection Summary

September 3, 2025

The Hunger, Nutrition and Health Pregnancy Action Network is bringing together organizations and experts to share progress and updates, highlight member experiences and advance collaboration opportunities to improve nutrition and health outcomes from preconception through early childhood.

Welcome

Rachel Ferencik (CDC Foundation) opened the session with introductions and our mission to improve nutrition and health outcomes by uniting organizations to leverage their strengths and resources.

- She emphasized the importance of building partnerships to change systems and reminded participants of the next meeting scheduled for December 3, 2025, at 3pm ET, which will focus on emerging science around maternal and infant nutrition.
- Highlighted who can be part of the network, and that membership is very loosely defined. Anyone
 interested in the mission and approach is invited to participate by joining the quarterly
 connection meetings, following us on LinkedIn, or exploring other ways to connect more deeply
 with this network.

Project Overview & Progress to Date

Diane Kolack (CDC Foundation) provided background on the network's development, timeline and progress of the Action Network.

- The Action Network's mission is to improve nutrition and health outcomes from preconception through early childhood by uniting organizations to leverage their strengths and resources. The vision is that all babies are born into healthy, well-nourished communities.
- Highlights of progress to date included:
- A virtual directory of organizations working in this space on the <u>Hunger</u>, <u>Nutrition and Health</u> <u>website</u> at impacthunger.org.
- Establishment of a steering committee guiding the work, looking to welcome new members to this important committee.
- Launch of the <u>Learning Library</u>, a shared resource hub that includes information about hunger, nutrition, and health programs in the U.S. to support the broader community. See https://tinyurl.com/hnhlearninglibrary.

Federal Nutrition Policy Updates

Stephanie Hodges explained the various impacts of the recent federal bills on programs like SNAP, Medicaid, WIC, and school meals. She provided topline information not only about the effects but also key concerns, which include significant funding cuts, cost shifts to states/counties, expanded work requirements, and likely reductions in coverage and benefits for different populations.

- According to the Congressional Budget Office, this bill will increase deficits by about \$3.4 trillion over the next 10 years, mainly from a reduction in federal tax revenue due to tax cut extensions and new tax cuts.
- Focused discussion mostly on SNAP, which the overall bill cuts about \$187 billion from SNAP through the year 2034. The states assume 75% of the administrative costs, penalties tied to payment error rates, and expanded work requirements.
- The budget bill also eliminated federal funding for SNAP-Ed, and it's estimated that about 4
 million people, including children, seniors, veterans, and individuals with disabilities, will either
 see their SNAP benefits reduced or completely terminated.
- Medicaid: Reduced federal support, expanded work requirements, and potential loss of coverage for 10–15 million people due to federal funding being significantly reduced or eliminated for this population.
- WIC & School Meals: Indirect impacts as families lose adjunctive eligibility through SNAP/Medicaid.
- Stephanie urged participants to advocate at the state and federal levels to highlight the importance of programs like SNAP and ensure their concerns are heard at every level of government.

Partnership Storytelling Panel

Facilitated by Anna Corona-Romero (AMCHP) with panelists Krista Lumpkins-Howard (Birthing Beautiful Communities) and Michelle Simon (Institute for Natural Medicine). Key insights from panel discussion:

- The network provides unique cross-sector connections—from community doulas to researchers and funders.
- Joining the Action Network is a way to be part of a movement tackling systemic inequities that
 extend beyond food to housing, health, and access to the care people need, while building better
 relationships to help one another.
- Members have applied the network's research and resources to public education, clinical training, and advocacy efforts, including the publication of articles, speaking opportunities, and webinars.

Healthcare Provider Nutrition Education Workgroup

Natalie Haynes (Vitamix Foundation) and Karen Probert (ASPHN) shared updates:

- The overall goal is to enhance the education of healthcare providers on the vital importance of nutrition during pregnancy. Initial priorities include identifying the work that each member is doing focused on nutrition and pregnancy, and identifying actions and opportunities to increase provider education and nutrition in pregnancy.
- Current participation includes 25 members representing 13 national, state, and local organizations, as well as learning opportunities from the American College of Obstetricians and Gynecologists, the American College of Lifestyle Medicine, and the Association of Public Health Nutritionists about their work in nutrition and pregnancy.

- In June 2023, Vitamix Foundation formalized a partnership with the Teaching Kitchen Collaborative to support a project focused on enhancing nutrition health education for medical students, practitioners, and allied health professionals.
- Announced an April 2026 convening in Washington, DC, with AAMC and NBME on best practices in competency-based nutrition education.

Closing & Next Steps

Liana Haywood (OHSU Moore Institute) tied the threads together, reinforcing the DOHAD science that underpins the work. Participants were invited to:

- Share key learnings and one action they'll take before December.
- Join the LinkedIn group, Google Group, and workgroups.
- Explore deeper involvement through working groups, conference meetups, or the steering committee.
- Upcoming quarterly meetings: December 3, 2025; March 4, 2026; June 3, 2026.

Key Takeaways:

- The HNH-P Network is expanding partnerships and shared resources to strengthen maternal and child nutrition efforts.
- Federal policy changes pose significant challenges to nutrition security, underscoring the need for coordinated advocacy.
- Member stories show the network's tangible impact in advancing research, education, and systemic change.
- Provider education on nutrition in pregnancy remains a critical gap and opportunity area.



VISION

All babies are born into healthy, well-nourished communities.

MISSION

Improve nutrition and health outcomes from preconception through early childhood by uniting organizations to leverage their strengths and resources, thereby creating collaborative action opportunities.







Nutrition before and during pregnancy plays a crucial role in reducing chronic disease risk for both parent and child. Good nutrition during this important window not only reduces pregnancy complications, but also helps to build a strong baby. Children who are well nourished during fetal development and in the first years of life are much less likely to develop obesity, diabetes and heart disease as adults.

To significantly reduce rising rates of chronic disease, it is essential to improve nutrition before and during pregnancy and in the first years of life.





WHO

CDC Foundation | Oregon Health and Science University (OHSU) | Vitamix Foundation | AMCHP | Institute for Natural Medicine | NACCHO | National WIC Association | NIH | HRSA | Birthing Beautiful Communities | March of Dimes | and others



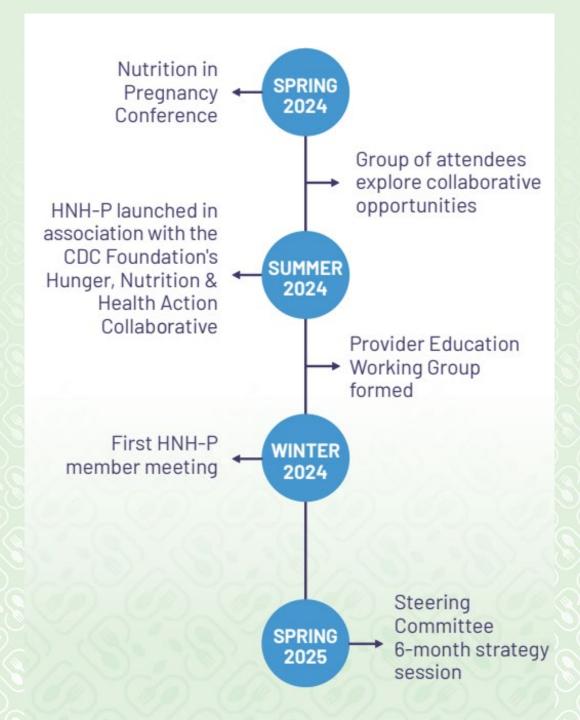
Members of the Steering Committee, Strategic Planning Meeting, Mar. 2025





HOW

Create the conditions for organizations within direct service, philanthropy, advocacy, education, capacity building and research to successfully collaborate to make meaningful change.









WHAT WE VALUE

Centering Lived Experience

Elevating the voices and perspectives of individuals, particularly those who face adverse conditions, to inform and guide our work.

Facilitating Cross-Boundary Communication

Fostering dialogue and understanding across diverse groups, sectors, and communities.

Harnessing the Power of Partnerships

Amplifying impact through collaboration, self-organization, and meaningful partnerships.

Demonstrating Impact Through Collaboration

Showcasing measurable outcomes achieved by working together.

Advancing Evidence-Informed Policies

Driving change through policies grounded in research and evidence.







TAKE ACTION WITH US

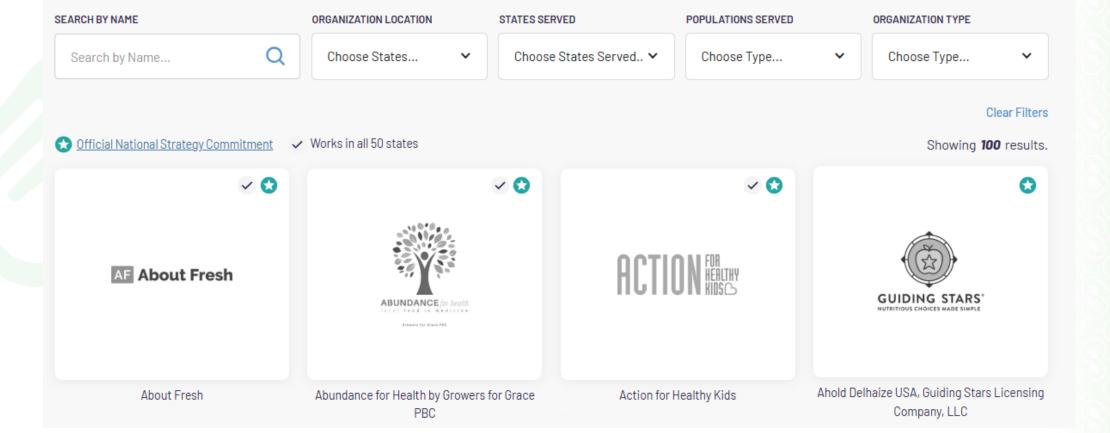
- > Join our Quarterly Connect mtgs Save the date: Dec 3rd @ 3pm ET
- > Use our LinkedIn Group
- > Add yourself to our virtual directory at ImpactHunger.org
- Schedule a chat with a steering committee member to learn more
- > Contribute to our Learning Library

ImpactHunger.org

Directory

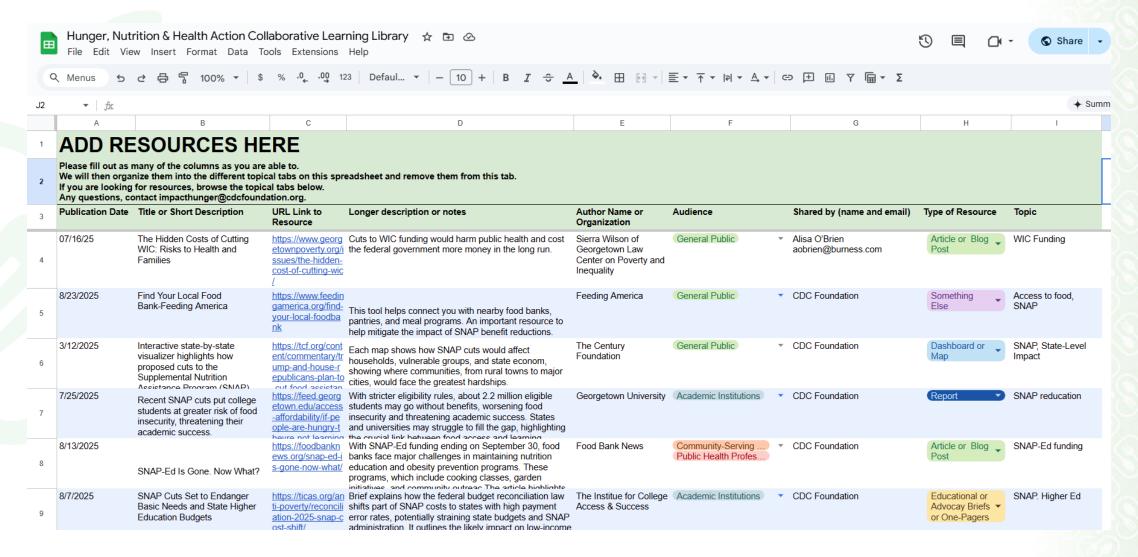
We hope this directory will help foster new partnerships and collaborations. Many organizations support the National Strategy for Hunger, Nutrition and Health through their work. Explore by organization name, location, populations served, and type. Clicking the logo will take you to their website.

If you would like to be listed in this directory, please contact us.





Contribute to our Learning Library



Impact of the 'One Big, Beautiful Bill' on Federal Health & Nutrition Programs

Presented to: Hunger, Nutrition and Health in Pregnancy Action Network

September 3, 2025

By: Stephanie S. Hodges, MS, MPH, RDN, Founder/Owner







'One Big Beautiful Bill' (OBBB) Overview

- Passed through the 'reconciliation' process
- Includes tax cuts (permanent extension of cuts from 2017, plus new ones), changes to Medicaid, SNAP, student loan programs, repeals energy credits
- Signed into law on July 4, 2025
- Estimated to cost \$3.4 trillion over the next 10 years (more than \$4T when accounting for interest owed on the national debt)





- Cuts \$187B from SNAP through 2034
- Cost Shift Changes:
 - Administrative costs: current 50%-50% cost share → shifts to 25% (federal) – 75% (state) cost share begins in FY 2027 (Oct 1, 2026).
 - In 10 states, county governments administer SNAP, covering ~34% of all participants. Counties in NY, NC, and NJ must cover the full 50% match; in CA, CO, MN, OH, VA, and WI the state shares the obligation with the county. Only ND fully funds the non-federal match at the state level.





Cost Shift Changes:

- Benefit cost share based on 'payment error rates' for the first time
- In FY24, 44 states had error rates at or above 6%.
- FY26 data will dictate FY28 cost sharing
- 1 exemption carve out if payment error rate is > 20% can delay cost sharing until FY29; or if in FY26, can delay until FY30.

Error Rate	% Match	# states in FY24
Below 6%	0%	8
6-8%	5%	6
8-10%	10%	17
>10%	15%	19



State	FY 2024 Total Administrative Costs (millions)	FY 2024 50% Non- Federal Match (millions)	County Share of Non-Federal Match	County Share of FY 2024 50% Non-Federal Match (millions)	County Share of FY 2024 75% Non-Federal Match (millions)	Increased Cost to Counties Under New Match (millions)
California	\$3,529	\$1,765	28%	\$494	\$741	\$247
Colorado	\$243	\$121	40%	\$49	\$73	\$24
Minnesota	\$222	\$111	79%	\$88	\$131	\$43
New Jersey	\$490	\$245	100%	\$245	\$367	\$122
New York	\$1,064	\$532	100%	\$532	\$798	\$266
North Carolina	\$385	\$193	100%	\$193	\$289	\$96
North Dakota	\$36	\$18	0%	\$0	\$0	\$0
Ohio	\$392	\$196	Changes annually	-	-	-
Virginia	\$494	\$247	15.5%	\$38	\$57	\$19
Wisconsin	\$216	\$108	65%	\$70	\$105	\$35
Totals	\$7,070	\$3,535		\$1,709	\$2,562	\$853



State	State Share of 5% Cost-Shift in FY2028 (millions)(6% to 7.99% error rate)	State Share of 10% Cost-Shift in FY2028 (millions)(8% to 9.99% error rate)	State Share of 15% Cost-Shift in FY2028 (millions)(10% or higher error rate)
Alabama	\$86	\$172	\$258
Alaska	\$12	\$25	\$37
Arizona	\$100	\$200	\$300
Arkansas	\$27	\$55	\$82
California	\$615	\$1,230	\$1,844
Colorado	\$65	\$130	\$194
Connecticut	\$44	\$89	\$133
Delaware	\$13	\$25	\$38
District of Columbia	\$16	\$32	\$48
Florida	\$328	\$657	\$984
Georgia	\$162	\$325	\$487
Guam	\$6	\$12	\$18
Hawai'i	\$36	\$73	\$109
Idaho	\$14	\$28	\$42
Illinois	\$222	\$444	\$666
Indiana	\$71	\$143	\$214



Impacts to Federal Nutrition Programs: Other SNAP Changes

- Expanded Work Requirements and Narrower Exemptions
- Restrictions on Non-Citizen Eligibility
- Future updates to Thrifty Food Plan
- Changes to Utility Calculations
- Defunded SNAP-Ed



the 50 years of SNAP's history. Under this plan, states will need to find millions or even billions of extra dollars in their budgets or be forced to leave the SNAP program entirely, potentially cutting off millions of Americans from this vital assistance.



The Texas Tribune

https://www.texastribune.org > 2025/06/06 > texas-sum...

Texas to participate in summer lunch program in 2027

6 Jun 2025 — A new food program that would give low income families \$120 per child to help feed them during the summer months could be coming to Texas in 2027.



The Texas Tribune

https://www.texastribune.org > 2025/06/23 > texas-sum...

Gov. Greg Abbott vetoes summer lunch program for children

23 Jun 2025 — Gov. Greg Abbott has vetoed a \$60 million budget measure that would have allowed Texas to enter a federal summer lunch program for low-income children.

NM lawmakers presented with tough choices amid federal cuts to Medicaid, SNAP

BY: PATRICK LOHMANN - JULY 2, 2025 3:43 PM













Impacts to Federal Nutrition Programs: Medicaid

- Estimated that 10-15 million will lose coverage, mainly through Medicaid expansion
- Eliminates increase in federal funding to incentivize Medicaid expansion
- Reduction in funding based on error payment rates (> 3%)
- Section 1115 Medicaid Demonstration Waiver approval must indicate budget neutrality
- Expanded Work Requirements by December 31, 2026 or earlier
- Provider tax changes
- Eligibility changes to retroactive coverage, noncitizens, etc.
- Impacts to rural hospitals

Impacts to other Federal Nutrition Programs

- Adjunctive eligibility in other programs like WIC, TANF, and school meals
- School Meals Community Eligibility Threshold
- State decisions based on federal funding cuts or uncertainty
- Retailers, especially in low-access areas





Contact Information

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Nutrition in Pregnancy Provider Education Workgroup

September 3, 2025

Aims of Provider Education Workgroup

Overall Aim

Increase education of health care providers on critical importance of nutrition in pregnancy

Initial Aim for Workgroup

- Identify current work each representative on the workgroup is doing on Provider Education focused on Nutrition in Pregnancy
- Identify <u>ACTIONS</u> to partner with other organizations to increase provider education on nutrition in pregnancy



Providers defined as <u>health</u> <u>care providers</u> who care for women of childbearing age:

- Medical providers
- Nutritionists
- Nurses
- Doulas
- Community health workers
- Dentists
- Pharmacists



Current Workgroup Participation and Partners

25 workgroup members representing 13 national, state and local organizations

FOCUSED PRESENTATIONS

- American College of Obstetricians & Gynecologists - WA state
- American College of Lifestyle Medicine
- Association of State Public Health Nutritionists
- Gaples Institute
- And recently, Oregon Health & Sciences
 University Women's Health Center

Example of Organization's Leadership: Vitamix Foundation Support for Provider Education

- Partnership with the <u>Teaching Kitchen Collaborative</u> and Dr. David Eisenberg
 - Project began with development and publishing of a consensus among experts on the <u>Nutrition Competencies</u> for undergraduate and graduate medical education
 - Project has expanded to develop an <u>open-source repository</u> for nutrition education curriculum
 - Next Phase of Project A convening on best practices in medical nutrition education to be held in Washington, DC

Convening on Best Practices in Medical Nutrition Education

- Partnerships with <u>American Association of Medical Colleges and National Board of Medical</u> Examiners
 - AAMC hosting April 2026 Convening on Best Practices in competency-based nutrition education
 - Aim to identify strategies to teach nutrition and assess competencies
- Relevant stakeholders will be invited to participate:
 - Educators
 - Academic medicine leaders
 - Government officials
- Attendance is by invitation only due to limited capacity
- CALL for speakers for the convening
 - Applications available mid-September to November 15th
- The best practices will be summarized in a Convening Proceedings that will be published and disseminated broadly



Resources

- Barriers to implementing good nutrition in pregnancy and early childhood: Creating equitable national solutions; Monique Rainford et al; Annals of NY Academy of Sciences: 2024:1-12
- Doctoring our Diet II Nutrition Education for Physicians is Overdue, June 2024. Center of Health Law and Policy Innovation, Harvard Law School
- Proposed Nutrition Competencies for Medical Students and Physician Trainees A Consensus Statement. JAMA; Sept 20, 2024
- Nutrition in Medical Education Curricula: A recipe for Increase Competency-Based Teaching and Learning. AAMC

How to Get Involved

- Join Monthly calls of the Provider Education Workgroup
- Provide information on your organizations work
- Identify other organizations you would like to work with
- Follow Action Network on LinkedIn



Non-profit membership organization of public health nutritionists and related professionals



Membership

- 924 members with 3-20 new members joining each month
- Over 70% work in a state government agency
 - WIC, Title V MCH Block Grant, CDC, CACFP, food and nutrition insecurity, school nutrition, Senior Nutrition Program
- Remaining members work in universities, local agencies, and nongovernmental organizations plus students.

46% in Maternal and Child Health Nutrition Council

Become a Member



For over 70 years, ASPHN has been developing and empowering leaders in public health nutrition



Leadership

In a 2024 survey

- The majority of respondents agreed or strongly agreed that ASPHN trainings and products helped develop their leadership capacity
- 90% reported that their engagement with ASPHN helped them do their job better
- https://asphn.org/





ASPHN develops resources and offers professional development



Specific Projects and Resources

- Children's Healthy Weight State Capacity Building Program
 Innovative Strategies to Improve Food Sufficiency in State Title V Programs
- Farm to Early Care and Education
 Head Start Farm to ECE Overview and Resource Guide
- <u>Developmental Monitoring in WIC project</u> Introduction to Child Development for WIC Staff



ASPHN members work to advance nutrition security in their communities and states



Connected Robin Stanton & Amy Valent

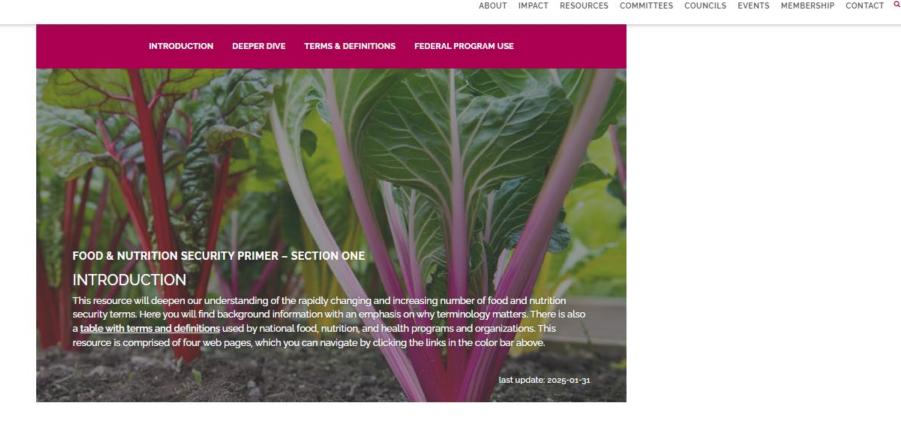
Just last week I was able to connect Robin Stanton, Oregon's Title V MCH Nutritionist, with Amy Valent, Associate Professor Medical Co-Director, Diabetes and Pregnancy Program at Oregon Health & Science University. Amy is working on a program with clinic staff on food insecurity and the state is planning sessions for partner input on statewide strategies to address food insufficiency for the next five years.

Membership list



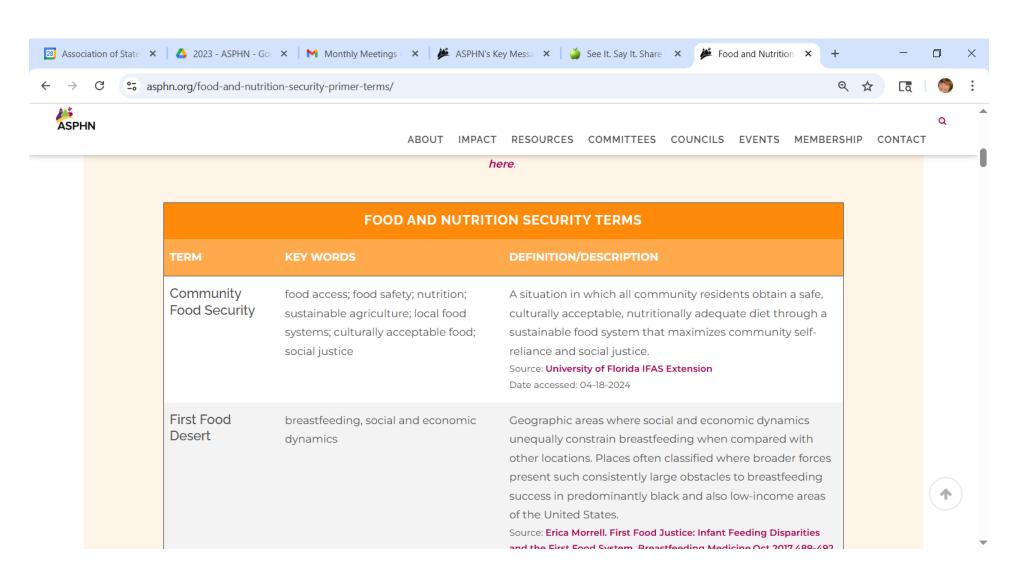














Karen Probert, MS, RDN

Executive Director

Karen@ASPHN.org







Share in the comments:

1. One new thing you learned today

 One thing you or your organization will commit to doing before the December 3 meeting

Engage with the Hunger, **Nutrition & Health in Pregnancy** Action **Network:**

01

OBSERVER

LinkedIn Group

Attend quarterly connection mtgs

02

CONTRIBUTOR

Google Group email list

Meet and greets

03

LEADER

Start a working group

Join the steering committee

Quarterly Connections

First Wednesday of the quarter, 3 – 4:30 ET

DATE	SUBJECT
December 3	DOHaD: the science behind nutrition during pregnancy
March 4	TBD
June 3	TBD