



## Fall 2025 Digest



## UPDATES

Thank you to everyone who was able to join us during our very first **Nutrition in Pregnancy Connection** meeting on Sept. 3! If you were unable to attend, you can [check out the recording](#) to see what you missed and share with a colleague who might be interested in joining our action network.

Meeting highlights included:

- an update on federal nutrition policy changes from **Stephanie Hodges** (Nourished Principles)
- a partnership storytelling round from **Anna Corona-Romera** (AMCHP), **Krista Lumpkins-Howard** (Birthing Beautiful Communities) and **Michelle Simon** (Institute of Natural Medicine)
- an overview of current nutrition education for health care providers initiatives from **Natalie Haynes** (Vitamix Foundation) and **Karen Probert** (ASPHN)

Our next quarterly meeting will be Dec. 3. See information in the events section below for details.



## EVENTS

### Provider education work group

Thursday, October 16

noon - 1 p.m. EDT

[Meeting link](#)

This month **Marie-France Hivert, M.D.**, from Harvard and **Charlotte Matthews** from American College of Lifestyle Medicine will join us.

### **Quarterly Action Network Meeting**

Hold your calendars for **December 3**, 3-4:30 p.m. EDT for our second Nutrition in Pregnancy Connection meeting.

The focus will be on Developmental Origins of Health and Disease (DOHaD) and how this research provides a scientific basis for the importance of nutrition during pregnancy in reducing lifelong chronic disease risk.

**Kent Thornburg, Ph.D.**, from the OHSU Moore Institute will present along with others.

REGISTER



## ACTION

We'll include items here that we need action on from members.

### **We want to get to know you!**

We can work better together when we know each other. We're always looking for opportunities to host meet-and-greets, organize a lunch during a conference several of us may be attending or just have a quick chat.

If you would like to get to know the action network better, or share information about your work, we are scheduling a series of 20-minute connections with steering committee members. Email [Diane](#) at CDC Foundation and we will connect with you.



## RESOURCES

### **Learning library**

We asked members of the action network to contribute resources that could support our work. [Check out the list of resources and add your own.](#)

## Action Network foundational materials

We finalized a **vision and mission** for the action network that you can see on our very own [webpage](#) that lives under the partner section on the CDC Foundation's ImapactingHunger.org site. You can also find a [1-pager](#) describing the work of the action network.

## Hunger, Nutrition & Health Collaborative Directory

If you aren't already a member of this CDC Foundation directory, [please join](#).

We want these digests to be useful - the goal is to share *your* information, events and resources so we can all work better together.

If you have information to include, email [Rachel Ferencik](#) at CDC Foundation or [Liana Haywood](#) at OHSU Moore Institute for Nutrition & Wellness.

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