

SESSION 6

Redemptive Forgiveness



[Read Small Group Guidelines](#)



Opening Prayer

“God, thank You for gathering us again. We invite you into our time together. Give us wisdom as we share and humility as we listen. Help us honor one another and grow together as followers of Jesus. Guide this conversation. Amen.”



Overview

Redemptive forgiveness is choosing to release resentment and place the hurt into God’s hands, trusting Jesus to bring healing and justice. It reflects the way Christ forgives us and calls us to forgive others, even when reconciliation is not possible. Forgiveness does not excuse the wrong or remove healthy boundaries, but it frees the heart from bitterness. Through Jesus, forgiveness becomes a path toward healing, freedom, and spiritual growth.



[Watch Session 6 Video Teaching: Redemptive Forgiveness](#)



Discussion Questions

1. What are the biggest challenges to this topic?
- 2. How have you seen unforgiveness affect your heart, thoughts, and relationships?**
3. Is it harder for you to forgive others or to receive forgiveness yourself? Why?
4. What happens in communities (families, churches, friendships) where forgiveness is absent?
5. What do you sense Jesus might be saying to you personally through this discussion?



Closing Prayer

“Thank You for reminding us of the forgiveness You first showed us through Jesus. We know forgiveness is not always easy, so we ask for Your help to release resentment, bitterness, and pain into Your hands. Heal our hearts and teach us to forgive with grace, truth, and compassion. Help us walk in freedom and reflect the love of Christ in the way we treat others. As we leave today, continue shaping us to live the Jesus Way in our relationships and community. In Jesus’ name, Amen.”