

HOME CARE INSTRUCTIONS AFTER FILLINGS

- Your lips, teeth, and tongue may be numb for several hours after the appointment. Avoid chewing until all the numbness is completely worn off. It is easy to bite or burn your tongue and lip while numb.
- To help with any soreness or discomfort, you may take pain relievers such as Advil or Tylenol.
- Sensitivity to cold and hot may temporarily occur. Usually, these symptoms will subside over time.
- Try to chew on the opposite side until the anesthetic has worn off.
- One of the most common problems following filling placement with anesthesia, is an incorrect bite. If your bite feels uneven, please call our office so we can get you scheduled to adjust your bite.
- If you have any further questions, please contact our office as soon as possible.