

HOME CARE INSTRUCTIONS FOR IMPLANT SURGERY

Please observe the following post-operative suggestions:

- Your lips, teeth and tongue maybe numb for several hours after the appointment. Make sure you avoid chewing until the numbness has completely worn off.
- Bite down and maintain firm pressure on the gauze.
- Apply cold pack around the area where the surgery was done.
- Do not spit or rinse today.
- Start rinsing the day after surgery, after meals and before bedtime.
- Gargle with warm salt water.
- Return to brushing and flossing as soon as possible, being careful around the surgery site
- Avoid eating and chewing sticky/hard foods on the surgical site.
- Please take the medications as prescribed.
- DO NOT smoke and drink alcohol for at least 3 days or longer.

A little swelling and/or moderate bleeding is normal.

Contact us if the following occurs:

- ☐ Pain increases or does not get better in 3-4 days
- ☐ Heavy bleeding continues
- ☐ Nausea and vomiting occurs
- ☐ If you have any questions or other problems