

HOME CARE INSTRUCTIONS CUSTOM MADE DENTAL APPLIANCE

CLEANING AND MAINTENANCE the Dental Appliance is very porous, like a sponge. It will collect plaque/bacteria like your teeth; so it must be cleaned daily. Brush and floss your teeth before use; Rinse mouth well with clean water before inserting the device; Rinse appliance well with clean cool water before and after use; Clean mouth guard with clean cool water ONLY and let air dry.

DO NOT clean or soak in mouthwash, denture cleanser, alcohol and/or hydrogen peroxide; DO NOT use toothpaste to clean or scrub the appliance since it's too abrasive and will scratch the dental appliance.

DO NOT clean with hot since it will cause the appliance to distort.

NEVER allow your dental appliance to sit next to heat source or leave it somewhere that would allow it to get hot (example: leaving it in a hot car in a plastic container or retainer case).

DENTAL TREATMENT if dental treatment is to be done, bring appliance to your appointment so that it can be properly modified to fit any new restorations.

KEEP appliance out of reach of pet. Dogs and other pets find dental appliances to be attractive chew toys.

ALWAYS store the mouth guard in its case after rinsing and allowing the device to air dry.