

SUB-BRANCH SIGNAL

July 2025

The Sub-Branch Signal is the monthly newsletter of the Returned & Services League of Australia WA Branch Inc. containing the latest news, events, and updates sent to subscribed members via email and published on the RSL WA website.

From the State President	2
From the CEO	5
RSL WA to open State's first wellness hub for veterans	7
RSL Activations: A new way to connect	9
Member Portal	10
Nominations open for Japan-Australia Grassroots Exchange Program	11
Nominations open for Australia Day Medallions	13
Vale Bill Collidge, OAM	14
From the Chair of the Honours and Awards Committee	15
DVA seeks Second World War veterans for 80th Anniversary commemoration	16
Veteran Support Centre receives Certificate of Appreciation	17
WA to commemorate end of Boer War on 31 May each year	18
New resource available: Guidance for Sub-Branch use in By-Law development	19
RSL WA Constitution Rules amended	20
RSL WA By-Laws amended	21
Job Ready: Veterans Employment Support	23
Poppy Appeal 2025	24
Plico: Powering WA Communities and Supporting our Veterans	25
Building Wellbeing & Resilience Workshops: Module 006A & Module 007A	26
Upcoming event: The Better Together Ball 2025	27
Upcoming event: 80th Anniversary of Victory in the Pacific Day	27
Upcoming event: CEW Bean Foundation Event	28
Upcoming event: Incheon Ceremony South Korea	28
Upcoming event: Anzac Club: A Taste of Europe Wine & Dine Experience	29
Upcoming event: Anzac Club: Melbourne Cup Luncheon	29
RSL Active: Yoga with Invisible Injuries	30
RSL Active: Sailing & Yacht Maintenance with Sailing On	31
RSL Active: 12km City to Surf: Perth	32
RSL Active: 12km City to Surf: Karratha	32
RSL Active: 5km Lake Claremont Parkrun & Coffee	33
RSL Active: Running, Walking, Cycling, Swimming, Rowing with Strava	33
RSL Active: Gaming with Veterans Gaming Australia	34
RSL Active: Hydrotherapy with Avanti Physio	34

From the State President

Mr Duncan Anderson



National

As various state conferences are conducted around Australia, there have been a few changes. RSL Australia welcomes new State Presidents in Tasmania, Victoria and South Australia. This is in addition to changes on Boards, with many younger veterans taking leadership roles. The most recent Board meeting of RSL Australia was broad-ranging as ever, with continued focus on the nuanced relationship between the members of RSL Australia and the Board of RSL Australia. The result of this is renewed focus on revisiting the strategy of RSL Australia with a goal to have this endorsed by the members at the Annual General Meeting of RSL Australia in October.

State

Membership. The new system is live. As part of the staged implementation, the next upload of data is occurring. This means that for those due to renew memberships, you should start receiving communications. As such, the data set will continue to develop, with Sub-Branch visibility on their members improving. Further, the automations that underpin much of the functionality are being progressively built. This is a large body of work that must be undertaken to garner the benefit of this system. The team will continue to take deliberate steps to minimise errors

and double handling. I encourage individuals or Sub-Branches to contact the membership team if they have any concerns or questions as we collectively implement this system.

Communications. It is always a challenge to ensure our members are provided with updates to the plethora of activities and changes. The way in which our diverse membership consumes information is incredibly diverse. It is acknowledged that we cannot meet every individual need, but we are always looking to improve the quality of information being provided.

- ***The Listening Post.*** This publication seeks to provide key updates on programs and initiatives. It also seeks to highlight good news stories. It is a deliberate and more formal style of publication.
- ***Sub-Branch Signal.*** This monthly publication is designed to provide regular updates on changes and initiatives across RSL WA. It is also an avenue to promote activities such as the VP Day commemoration. It is provided by email to all members of RSL WA. It is less formal than *The Listening Post*.
- ***RSL WA State Congress.*** This formal coming together of delegates from across the League is a key mechanism for communication between the members and the Board. It is a key point in the year when changes that impact the League can be voted on and key issues discussed.
- ***RSL WA End of Year Wrap-up.*** Implemented in 2024, this point of the year provides an opportunity to update delegates on key matters before the end of the year. It is also an opportunity to reflect on our collective success.
- ***Annual Sub-Branch Conference.*** This is designed to provide committees of Sub-Branches with all the updated information on policy, procedures and 'how to'. Run by RSL WA, it is held at the end of the Sub-Branch election period to provide an opportunity for all committee members to understand their roles and tools and assistance available.
- ***Presidents Forums.*** This is a key opportunity for me to engage with Sub-Branch presidents (or their delegates) and provide updates on matters impacting the League. It is also an excellent opportunity for Sub-Branch presidents to raise concerns or issues they need assistance resolving. I encourage Sub-Branch presidents to engage with this as a key avenue for information transfer. The dates of the Presidents Forums for the rest of the year are:
 - o 21 July, 1700h Anzac House and virtual.
 - o 11 August, 1700h Anzac House and virtual.
 - o 22 September, 1700h, Anzac House and virtual.
 - o 20 October, 1700h Anzac House and virtual.

- o 17 November, 1700h Anzac House and virtual.

Honours awards. The Board has commenced reviewing our internal honours and awards system to better reflect the outstanding work being done across Western Australia. The current system will remain in place until 31 December 2025. I encourage all ideas on how/what needs reviewing to be forwarded to admin@rslwa.org.au. More information will be communicated as the new system is finalised.

Looking ahead. The coming months will see RSL WA conduct a commemorative service on Victory in the Pacific Day. This service will honour veterans of the Second World War and has been granted State Reception Status. RSL WA in partnership with Legacy will also hold the Better Together Ball. This is a key opportunity to demonstrate to the broader community how the two pre-eminent veterans' organisations collaborate for the betterment of veterans and their families; it will also raise some money!

From the CEO

Mr Stephen Barton



Goldsworthy Centre

As was announced by the Minister for Veterans' Affairs, the Hon Matt Keogh MP, we have revealed the site for the Goldsworthy Veterans and Family Centre. This is a key milestone in our delivery of a Veterans' and Families' Hub, supported by a \$5 million grant from the Department of Veterans Affairs.

We've elected to name this new Veterans and Families Hub in honour of Leon Goldsworthy GC DSC GM, the most decorated Australian naval officer of the Second World War.

Leon Goldsworthy was born in New South Wales, grew up in South Australia but lived in Western Australia – he was also a member of RSL WA. The naming also reflects the strong naval presence in the area.

This has been a two-year journey from the development of the original business case, led by my predecessor Vince Connelly, to the securing of the site and the design of the new centre. With some extensive refurbishment planned (and needed), the Goldsworthy Centre (GC) will be up and running this financial year.

The 'GC' will provide a range of support services to current serving, ex-serving personnel and their families. It will be in a region with one of the largest numbers of ex and current serving members in the country, with the expansion of AUKUS looming on the horizon.

I'd like to particularly acknowledge the vision of Vince and the Veterans and Families Centre Manager, Janine Gardener. Vince saw the opportunity and laid the foundation with the original business case, which Janine has built upon.

Janine has seen the evolution of the original concept and its pivot towards a dedicated centre in the heart of Rockingham, close to HMAS Stirling. Janine has been instrumental in getting us to this point.

The GC will see RSL WA have a positive impact not just on the current and former service personnel and their families, but on the broader Rockingham community.

Membership

We are continuing bedding down our new Membership system, SwiftFox. There will be teething issues; however, the improved functionality is already clear.

With the system in place, we are continuing our work on establishing a new 'virtual Sub-Branch'. We are planning to use the Central as the vehicle for this virtual model. This will require some housekeeping changes with the By-Laws, but the intent is to provide an option of membership outside our bricks and mortar Sub-Branches for current serving and ex-serving personnel who want to stay connected and involved, but not necessarily at a Sub-Branch.

Reflections

In late June I represented the RSL at a function at Government House that commemorated the 50th Anniversary of the Australian Honours System. There were four speakers at the event, including the Governor. What struck me was that two of the speakers were RSL WA members: Major General Barry Nunn AO RFD ED speaking as Chairman of the Order of Australia Association and Mr Mark Mackin, President of the Mount Lawley-Inglewood Sub-Branch, speaking as the Western Australian President of the Australian Bravery Association.

In a powerful and moving address, Mark spoke about the event that saw him awarded a Commendation for Brave Conduct: rescuing a four-year-old girl trapped in a capsized yacht in the Swan River at night.

It was a salient reminder of the type of members we have, the reach and presence of the League and the standing of our members in the community.

RSL WA to open State's first wellness hub for veterans



A new modern centre for veterans and their families to connect with each other featuring yoga classes and saunas, a Kids Zone for families, BBQs and a gaming room will open in Rockingham.

In a first for Western Australia, the Goldsworthy Veterans and Families Centre will see the RSL WA step into a new era where the approach to supporting current serving Australian Defence Force members and veterans will centre on a modern holistic hub designed to meet the needs of the people who will be welcomed through the doors.

RSL WA President Duncan Anderson said the new hub would be a safe, friendly space designed to promote connection while also housing counsellors and psychiatrists plus other services veterans might require.

“Lasting bonds are formed during and long after service, and we are here to help people live their best life during and after military service,” he said.

“Veterans value peer support and are looking for connection with others who have gone through some of the same things. Families of currently serving people and veterans are looking for inclusive environments. The Goldsworthy centre will become a place to gather together where people can also access some of the support people might find hard to secure on their own.”

Announcing the new location on Thursday morning Federal Minister for Veterans’ Affairs and Defence Personnel Matt Keogh MP said: “The new centre will bring together the already tight knit Navy community around Rockingham and HMAS Stirling as a one stop shop for not only veteran services, but family supports as well.”

Telehealth appointments will be available, with psychiatric services also located at the centre. Wellbeing will be supported with mindfulness activities, massage chairs, yoga, activities and more.

Social connection will be fostered with organised fishing trips, bike rides and family events.

“The centre will be a safe space for all veterans and their families. This space gives us room to grow and adapt as the needs of our veteran community evolve,” Mr Anderson said.

The centre is located within a Defence Industry Zone, close to Garden Island and HMAS Stirling.

It will host:

- Telehealth room for online counselling and appointments
- Conference and meeting room space
- Yoga classes and physical activity area
- Fully equipped kitchen and lounge for programs and connecting
- Veteran gaming lounge and library
- Kids Zone for families
- Outdoor space for wellness, BBQs, and relaxation
- Education programs on a variety of subject areas
- Peer support, chaplaincy, and Ex-Service Organisation support
- Family-friendly social connection activities and school holiday program
- Advocacy and wellbeing officers

The Goldsworthy Veterans and Families Centre will be located at 1/65 Dixon Road, Rockingham.

RSL Activations: A new way to connect



You're invited to an RSL WA Activation!

This is a new initiative from RSL WA designed to bring people together for social connection, wellbeing, and community resilience. Whether you're serving or well into life beyond service, an RSL Activation is an opportunity to get active, meet new people, share stories, and strengthen your social circle.

Date: Thursday 7 August 2025

Time: 5:00 pm - 7:00 pm

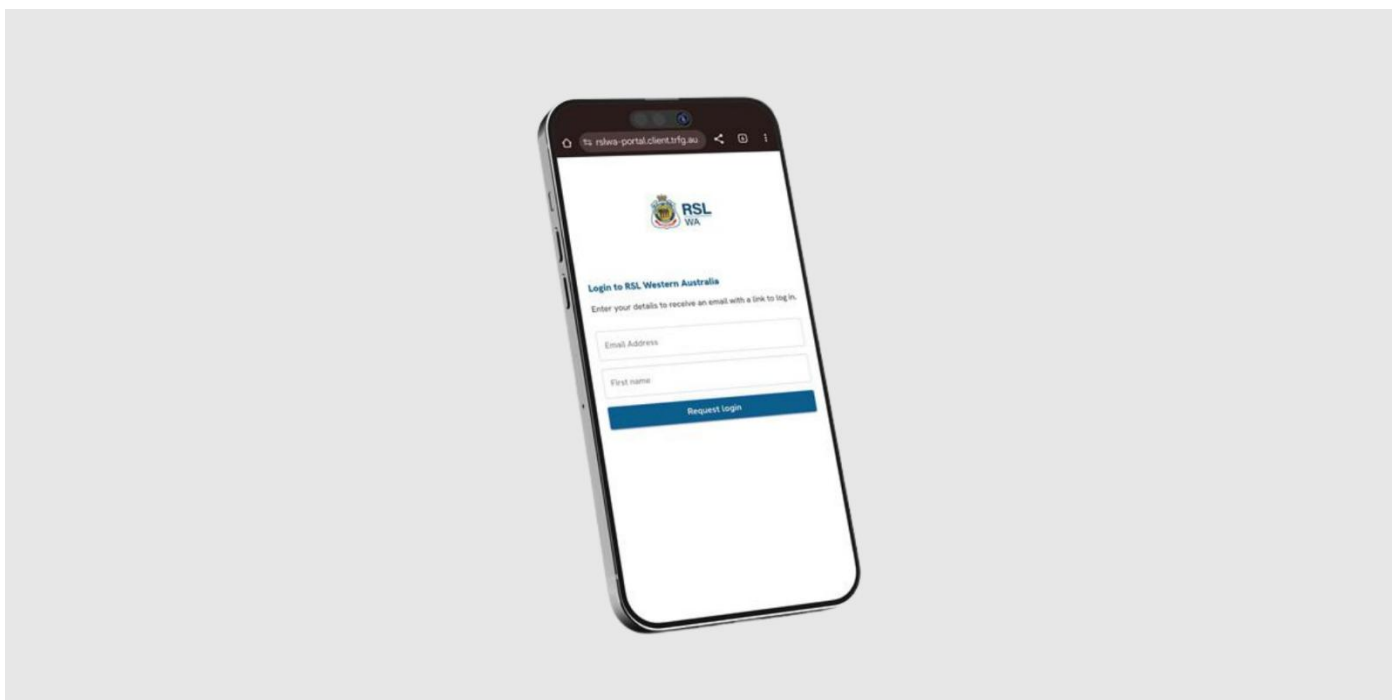
Location: [Anzac House, 28 St Georges Terrace](#)

Registration: [Confirm your attendance](#)

Come along, bring a mate, and be part of something that keeps us connected, strong and thriving, together.

Stay Active. Stay Connected. RSL Activation.

Member Portal



The Sub-Branch tab is now available from the menu in your Membership Portal. Log in to view and export your Sub-Branch Member Report at any time. This feature is only accessible to RSL Sub-Branch Committee Members to ensure privacy. Note that this is a first iteration of the report. More functionality will be added to the Sub-Branch tab over time.

To get started, request a login using your email address and first name. From there you will be emailed a link that will enable you to access the Membership Portal. If you don't receive the verification email, be sure to check your junk folder.

You can bookmark [the link to the login portal](#) from a web browser for easy access. Alternatively, you can easily access the Member Portal from the [RSL WA website](#). Just click the yellow "Login" button from the top right.

1. **Update Personal Details:** View and update your contact details from the "My Profile" tab including email address and postal address.
2. **Manage Membership:** View and manage your RSL WA membership subscription, invoices, and receipts.
3. **Exclusive News and Events:** Access exclusive member news and events.

If you experience issues accessing the RSL WA membership portal, you can contact membership@rslwa.org.au or just reply to this email. We'll be in touch to troubleshoot.

Nominations open for Japan-Australia Grassroots Exchange Program



The Japan-Australia Grassroots Exchange Program aims to promote post-war reconciliation, understanding and goodwill between Japan and Australia by inviting descendants of Australian Second World War prisoners of the Japanese (POWs) to Japan through the RSL network.

The Japanese Government has offered two places for descendants of POWs to participate in the 2026 Grassroots Exchange Program. The program will take place in Japan in February or March 2026 (dates TBC).

The Program includes:

- 8-day tour of Japan
- Flights, accommodation, local transport, meals and insurance
- Meetings with Japanese Government representatives and students
- Hosted dinner by the Ministry of Foreign Affairs
- Sightseeing and cultural experiences
- Visit to the Commonwealth War Cemetery, the Hiroshima Peace Memorial Park, the Museum and Genbaku Dome

- Interpreter and tour guide support throughout.

Participants are responsible for their travel expenses to and from the nearest airport to their residence, passport costs, expenses incurred above room charges, and meals exceeding the allowance, souvenirs, and personal incidentals.

Eligible participants:

- Prisoners of War
- Spouses of POWs
- Children of POWs
- Grandchildren of POWs

Nominations:

If you, or someone you know, are interested in participating in the program, please send a completed nomination form, passport-sized photo and any supporting documents demonstrating you meet the eligibility criteria via the nomination form below by **Monday 4 August 2025** to be considered.

Nomination form: bit.ly/3lwnsnw

RSL WA will assess the nominations and select two applicants to send to RSL Australia for consideration. RSL Australia will work with the Japanese Government to select the two successful participants for the 2026 Program.

Nominations open for Australia Day Medallions

Each year the RSL participates in the Australia Day Medallions program and presents Australia Day Medallions to organisations and individuals that have made a significant contribution to the veteran and ex-service community in Western Australia.

The Australia Day Medallions are reserved for the highest level of recognition and provide a unique way of inspiring and recognising individuals or teams when presented in the lead up to Australia Day, 26 January.

The criteria for receiving the medallion are outstanding achievements, length of service and recognition in a particular field. While there is no nomination form as such, nominations are made in the form of an open letter from a Sub-branch outlining the nominee's details, any referees and the way in which a nominee has met the criteria.

In an effort to achieve uniformity, RSL WA's Honours & Awards Committee advises that a simple template should be used when nominating for the medallion. This template can be found in the Sub-Branch Toolbox on our website, under the Certificates and Awards section or by clicking [here](#).

The award is sponsored by the Australia Day Council for presentation on Australia Day and has Australia wide recognition.

Nominations for the Australia Day Medallions are now open. Please submit all nominations by Tuesday 2 September 2025.

rslwa.org.au/resources/sub-branch-toolbox

Vale Bill Collidge, OAM



It is with a profound sense of sadness that we share the news of the passing of Mr Bill Collidge, OAM.

We have extended our deepest support and conveyed our collective condolences to his wife and family during this difficult time.

Bill's long struggle with health challenges has come to an end, marking an immense loss for our community. His contributions were truly monumental – particularly within the RSL community in Western Australia, where his efforts helped shape the organisation into what it is today.

A police veteran, Bill also served as a Board Director at RSL WA for 13 years. Over his 13 years in that role, he was a strong advocate for veterans.

We understand that a combined Police, Army, and Navy service is being organised and offered to honour Bill's remarkable legacy.

Our thoughts remain with Bill's family and all who were touched by his incredible life.

From the Chair of the Honours and Awards Committee

The current criteria for Sub-Branch annual awards have been used for the last 12 years. It has been amended each year following feedback from the membership and staff, however efforts to achieve the outcome are both frustrating and over complicated. It is time for review.

The Honours and Awards Committee and key staff will be working on a new method of calculation and indeed the primary topics that fit within our Corp values. We also need to review the scoring based on the size of our individual Sub-Branch memberships.

To do this review and still have the competition running, the following timeline is forecast:

AGM 2025 – awards presented for year 2024.

Sub-Branches continue using the current procedure, as per the toolbox, for the period 1 January 2025 to 31 December 2025 with returns meeting the published deadlines.

Period 1 August – 15 November 2025 H & A Committee work on new format/criteria. This period is also to be used for Sub-Branches to forward comments/ideas through admin@rslwa.org.au, attention Honours & Awards.

30 November 2025 new mechanism introduced to cover the calendar year 1 January – 31 December 2026.

AGM 2026 (26/27 June) awards presented for year 2025 based on the current system. On completion, all detail regarding the current system will be filed and Sub-Branches continue with the new system.

DVA seeks Second World War veterans for 80th Anniversary Commemoration in Canberra

The Australian Government Department of Veterans' Affairs (DVA) is inviting Second World War veterans to express their interest in travelling to Canberra to attend a special Last Post Ceremony at the Australian War Memorial on 15 August to mark 80 years since the end of the Second World War.

DVA will fund travel and accommodation for invited guests. This support also extends to an accompanying spouse or carer, where required.

Expressions of Interest close on 21 July 2025.

Learn more: [Expression of Interest - Commemorating the 80th anniversary of the end of the Second World War | Department of Veterans' Affairs](#)

Veteran Support Centre receives Certificate of Appreciation



A small gathering was held in June at the Joondalup Civic Centre for all volunteer groups in the area.

Members from Joondalup City RSL Sub-Branch attended the gathering and received a Certificate of Appreciation from the City of Joondalup. The award was to recognise the volunteer contribution of the Veteran Support Centre – Heathridge to the community and City of Joondalup.

Well done to all the volunteers at the Veteran Support Centre.

WA to commemorate end of Boer War on 31 May each year

In a landmark move to recognise a formative chapter of Australia's military past, the Western Australian Government has officially added 31 May to the WA State commemoration calendar, marking the anniversary of the Treaty of Vereeniging, which ended the Second Anglo-Boer War in 1902.

The decision follows sustained advocacy from the Boer War Memorial Society of Western Australia Inc., which has long called for greater recognition of the conflict in which more than 16,000 Australians, including over 900 Western Australians, served.

Western Australia's contribution included figures such as then Lieutenant Frederick Bell, who was awarded the Victoria Cross, and Lieutenant Colonel George McWilliams, the state's principal medical officer. But just as importantly, the commemoration aims to highlight the stories of ordinary soldiers, nurses, and their families – many of whom now have descendants living across the state.

Annual ceremonies at the Kings Park Boer War Memorial – one of the oldest in the country, unveiled in 1902 by Governor Sir Edward Stone – will anchor the commemorations. These events will include wreath-laying, educational initiatives, and new digital mapping projects to illustrate key events of the war and WA's role in it.

The Boer War Memorial Society of WA is calling on members of the public to explore their family histories. Do you have a relative who served? A diary, medal, or photo tucked away in the family archives? Your story may help shape future commemorations and educational resources.

Visit [Boer War Memorial Society of WA](#) to get involved, receive help with research, or share your story.

New resource available: Guidance for Sub-Branch use in By-Law development

The RSL WA Constitution Committee, which reports directly to the Board, is responsible for overseeing and managing the RSL WA Constitution (Rules) and By-Laws. The Committee also provides recommendations to the Board regarding any proposed amendments to these governing documents.

In response to multiple requests from Sub-Branches seeking support in developing their own By-Laws, the Committee has released a new guidance document titled “Guidance for Sub-Branch Use in By-Law Development.” This helpful resource is now available in the RSL WA ToolBox.

To further assist Sub-Branches, the Committee has also published a working example of By-Laws from the North Beach Sub-Branch. This document has been endorsed by the Committee as a clear and effective model for others to consider. We extend our sincere thanks to the North Beach Sub-Branch for their generosity in making their By-Laws available for broader use.

You can access the Guidance for Sub-Branch Use in By-Law Development document via the RSL WA ToolBox, available at: rslwa.org.au/resources/sub-branch-toolbox

RSL WA Constitution Rules amended

Please note, the following changes have been made to the RSL WA Rules in the six-month period December 2024 to June 2025.

The full details are shown in the Rule Amendments Table at the front of the document.

The RSL WA website will always have the correct version of the rules, which can be found at rslwa.org.au/about/administration-and-governance

Amendments Published in June 2025

1. Rule document format style changed throughout.
2. Rule 7.24 – Amended
3. Rule 9.5 – Amended
4. Rule 9.6 – Amended
5. Rule 8.12 – Amended
6. Rule 8.13 – Amended

RSL WA By-Laws amended

Please note, the following changes have been made to the RSL WA By-Laws in the six-month period December 2024 to June 2025.

The full details are shown on the By-Law amendment page at the front of the document.

The RSL WA website will always have the correct version of the By-Laws, which can be found at <https://www.rslwa.org.au/about/administration-and-governance>

Amendments Published in December 2024

1. By-Law document format style changed throughout
2. Use of capital case letters for Sub-Branch/es and By-Laws changed throughout
3. The word 'shall' removed and replaced with 'will' throughout
4. The word 'himself' replaced with 'themselves' throughout
5. Incorrect numbering and cross referencing corrected throughout
6. All Annexes moved to the end of the document
7. By-Law 3 – Amended
8. Annex A renamed from Annex B as 'Request for Transfer of Branch or Sub-Branch Membership'
9. Renamed Annex A – Amended
10. By-Law 4 – Replaced
11. By-Law 5 – Amended with changes to By-Laws 5.14, 5.15, 5.17, 5.21, 5.22, 5.32-5.34, 5.37, 5.41, and 5.48
12. By-Laws 5.76–5.80 – Added
13. By-Law 9 – Amended
14. Annex B renamed as the 'RSL WA Branch Proxy Nomination Form'
15. By-Law 11 – Amended
16. By-Law 12 – Replaced
17. Annex C – Added as 'Consent and Privacy Statement'
18. By-Law 19 – Replaced
19. Annex D – Added as 'RSL WA Sub-Branch Dispute Flow Chart'
20. By-Laws 24–26 – Replaced
21. Annex E – Added as 'RSL WA Sub-Branch Disciplinary Flow Chart'

22. Annex F – Added as ‘RSL WA State Branch Tribunal Disciplinary Flow Chart’

Amendments Published in March 2025

1. By-Law 5.4 – Amended
2. By-Law 24.4 – Amended

Amendments Published in May 2025

1. By-Law 4.5b – Amended

Amendments Published in June 2025

1. By-Law 10 – Amended
2. By-Law 10.13 and 10.14 – Amended
3. By-Law 22 – Rewritten

Job Ready: Veterans' Employment Support



Unlock new opportunities with Job Ready Support.

RSL WA and Working Spirit are committed to supporting veterans and their family members on their career journey. If you are looking at transitioning out of the ADF or are a veteran seeking assistance with your career journey, our employment consultants can support veterans with the following:

- Career advice and navigation
- Translating military experience
- Crafting effective CVs and cover letters
- Accessing training programs

There is no cost for ADF veterans and their families.

To access these services, please fill in the form on our website: rslwa.org.au/services/employment

Poppy Appeal 2025



Mark your calendars – the annual RSL WA Poppy Appeal will be held on Friday 7 November 2025.

The Poppy Appeal is one of RSL WA's largest annual fundraising events, both locally and across the State, with the funds raised going directly to providing support to veterans and their families who may be facing an array of challenges resulting from their service for our country.

Our dedicated members, Sub-Branches, volunteers, RSL WA staff, and Defence Force personnel, along with local businesses and community groups, will be out in the community and at many of Perth's train stations to raise funds to support our veterans in need.

Further details will be announced in the coming months.

Plico: Powering WA communities and supporting our veterans

Sponsored content

Plico is a proudly Western Australian clean energy company building a sustainable future, one home at a time. Since 2019, we've helped thousands of households across WA take control of their energy with solar and battery systems that generate, store and use clean power day and night.

We believe clean energy should be accessible to everyone. That's why we offer simple weekly payment options, no big upfront costs, and 10 years of ongoing system support (you can also buy your system outright if you wish). Our systems also form part of WA's first live Virtual Power Plant (VPP), providing critical support to the grid during peak demand and blackouts.

Plico was born in Dunsborough as a community-led project. That spirit of local action still drives us today. Every Plico member joins a collective movement for change, one that links households into a stronger, smarter, and greener energy network.

Backed by sustainable investment partner SUSI, and powered by a passionate WA-based team, we've already installed one in every four solar batteries in the state. And we're just getting started.

As part of our commitment to the community, we're proud to support RSL WA and the veteran families they serve and offer \$500 off the cost of a Plico system (T&Cs Apply*). Additionally, for every Plico system installed through this partnership, we give back \$500 to RSL WA – helping fund vital services for veterans across the state (T&Cs Apply*).

We believe in looking after those who've looked after us. By joining Plico, you're not only saving money and gaining energy independence, you're supporting a cleaner future for WA, and a stronger one for our veterans and their families.

Find out more – plicoenergy.com.au/rslwa

*Plico Terms and Conditions – plicoenergy.com.au/terms-conditions/corporatebenefits-rslwa

Upcoming Events

Building Wellbeing & Resilience

Workshops: Module 006A

Date: Wednesday 6 August 2025

Time: TBC

Location: Anzac House, 28 St Georges Terrace, Perth

About: Building Wellbeing & Resilience through improved sleep, diet and exercise.



Building Wellbeing & Resilience

Workshops: Module 007A

Date: Wednesday 17 September 2025

Time: TBC

Location: Anzac Club, 28 St Georges Terrace, Perth

About: Building Wellbeing & Resilience through mindfulness and meditation. The modules are held in groups of 30 people. Each module will run for 4-5 hours.



The Better Together Ball 2025

Date: Saturday 2 August 2025

Time: 6:00 pm – 11:30 pm

Location: Pan Pacific Perth

About: Join us for an unforgettable night featuring live entertainment, a gourmet three-course dinner, and premium drinks. The Better Together Ball brings together RSL WA and Legacy WA – two of Western Australia’s most respected ex-service organisations – in a shared mission to raise critical funds for our veteran community.



80th Anniversary of Victory in the Pacific Day Commemorative Service at Kings Park

Date: Friday 15 August 2025

Time: 10:30 am – 11:15 am

Location: State War Memorial, Kings Park

About: RSL WA will be holding a commemorative service at the State War Memorial to commemorate Australian service in the Second World War.



CEW Bean Foundation Event

Date: Monday 22 September 2025

About: Australian war correspondents will mark the 10th anniversary of a memorial in their name at the Australian War Memorial (AWM). The CEW Bean Foundation will hold a special event at the AWM to honour war correspondents. This will include a service at the memorial, a morning tea, and a seminar in the new lecture hall.

Incheon Ceremony South Korea

About: A ceremony has been planned by Chief of ROK Navy, Chief of RAN, Mayor of Incheon, and Naval Association of Australia WA, to commemorate the 75th landing at Incheon. All serving members, veterans of all armed forces, and interested parties are invited to attend. The Mayor of Incheon has arranged a 14-day Cultural Festival from 1 to 14 September. The ceremonies will be as follows:

Friday 12 September: Memorial Sea Tribute at the Incheon Landing Memorial and Museum (Incheon Songdo), Australian contingent up to 100 persons.

Saturday 13 September: Allied Commemoration at ROKN 2nd Fleet Command Naval Base Pyeongtaek.

Sunday 14 September: Commemoration Parade Incheon Port Pier 8 (Address is Wolmi-ro, Jung-gu, Incheon ROK 22306).

Monday 15 September:

- Wreath Laying – up to 100 participant-layers
- Official Ceremony
- Onboard Banquet – 20 participants (persons will be notified)
- Patriotic Concert (Incheon Port Pier 8)

To assist with planning, please notify Ian Holthouse or Graham Thomas if you are planning to attend:

Ian Holthouse 0477 160 097 iholthouse@hotmail.com

Graham Thomas 0431 709 105 grahamthomas176@gmail.com

A Taste of Europe: Wine & Dine Experience

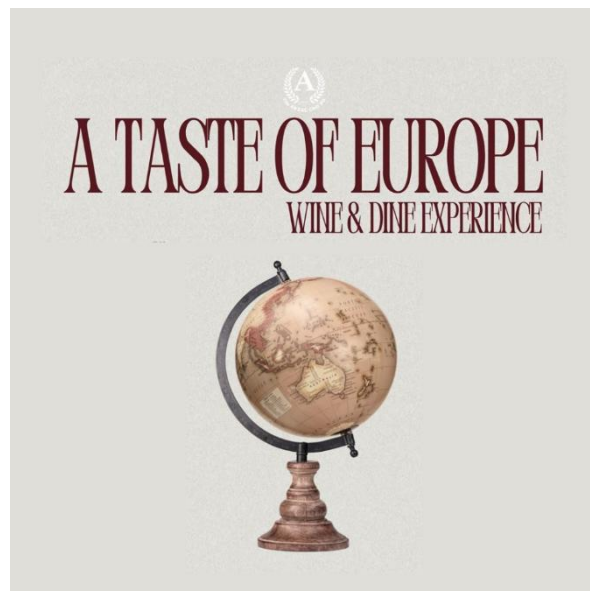
Date: Friday 5 September 2025

Time: 6:00 pm – 9:30 pm

Location: Anzac Club, 28 St Georges Terrace Perth

About: Indulge with us on a trip through some of Europe's finest vineyards and enjoy a four-course international dinner curated by Head Chef Damjan Sibinovic. Each specialty course will be paired with a tasting of an exquisite European wine.

Bookings can be made via phone on 9287 3700 or via the website: anzacclub.org.au/event-6208083



Melbourne Cup Luncheon

Date: Tuesday 4 November 2025

Time: 10:30 am – 2:30 pm

Location: Anzac Club, 28 St Georges Terrace Perth

About: Join us for a memorable Melbourne Cup Luncheon at the Anzac Club. Enjoy a delicious three-course meal and three-hour beverage package. Plus, there will be sweeps, a raffle, live entertainment, and prizes for the best dressed!

To book your spot, contact 9287 3700 or visit anzacclub.org.au/event-6108286



**RSL**
Active

Wellbeing Classes

For WA Veterans and their Families

Yoga with Invisible Injuries

About: This 6-week yoga program is specifically designed for veterans, first responders, and their immediate families/support. This beginner-friendly, trauma-informed program is your gateway to improving physical and mental well-being while building meaningful connections with your community. Whether you're new to yoga or an experienced practitioner, this program is tailored to meet you where you are.

City of Joondalup

Location: West Coast Health Alliance

Date/Time: Tuesdays 12:00 pm – 1:00 pm,
Saturdays 8:00 am – 9:00 am

City of Armadale

Location: Our Veterans Haven

Date/Time: Thursdays 10:00 am – 11:00 am

City of Canning

Location: Riverton Sub-Branch

Date/Time: Tuesdays 9:00 am – 10:00 am

Register: Complete the form via the Invisible Injuries website: [Click here for Invisible Injuries website](#) or email active@rslwa.org.au



Sailing & Yacht Maintenance with Sailing On

About: Sailing On provides the opportunity to take part in the repair and sailing of yachts, helping you feel happier and more connected through learning new skills, being part of a team and supporting each other in a relaxed environment.

When and where:

- South of Perth Yacht Club
- Fremantle Sailing Club
 - Saturday Sailing
 - Monday Maintenance

What is included:

- Annual Membership to Sailing On, which includes:
 - Basic crewing course
 - Basic boat maintenance training
 - All safety equipment

Register: email active@rslwa.org.au



12 km City to Surf, Perth

If you are participating in the Perth City to Surf, then you are welcome to join the RSL Active team! We will meet before and after to share in conversation and connection. Whether you walk, jog, or run, it's a great way to get involved, meet others, and represent RSL Active in a fun and supportive event.

When: Sunday 31 August

Register: Update your City to Surf registration to add RSL Active as your team.

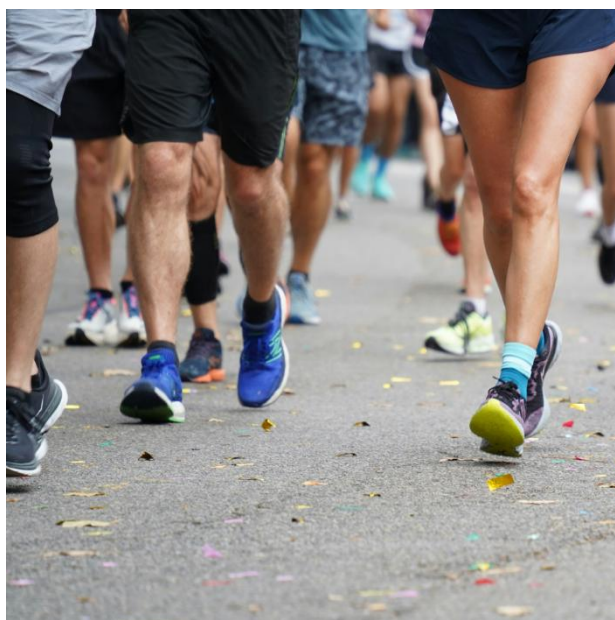


12 km City to Surf, Karratha

We are seeking Expressions of Interest for the Karratha City to Surf event! Whether you walk, jog, or run, it's a great way to get involved, meet others, and represent RSL Active in a fun and supportive event.

When: Sunday 27 July

Register: email active@rslwa.org.au



5 km Lake Claremont Parkrun & Coffee

Join us for an opportunity to meet up for a 5km walk, jog, or run. If you are new to running or if you are in training for City to Surf, come along and join RSL Active for a morning of movement, followed by coffee!

When: Saturday 9 August, 8:00 am. Coffee afterwards – Lake Espresso, Lapsley Rd, Claremont.

RSVP: email active@rslwa.org.au

For more information see

parkrun.com.au/lakeclaremont/course/



Running | walking | cycling | swimming | rowing with Strava

Strava is a virtual platform for all the RSL Active community to join in and connect, no matter where you are located. Enjoy the motivation and camaraderie of sharing your fitness journey and giving kudos to others in the group.

Register: Download the Strava App on your device. Search for “RSL Active” in Clubs, and hit join!



Gaming with Veterans Gaming Australia

Veteran Gaming Australia is committed to improving veteran wellbeing through online digital gaming. Discord is the virtual platform used to connect with other veterans to participate.

Register: Download the Discord App on your device. Search for “Veteran Gaming Australia” to join the veteran gaming community.



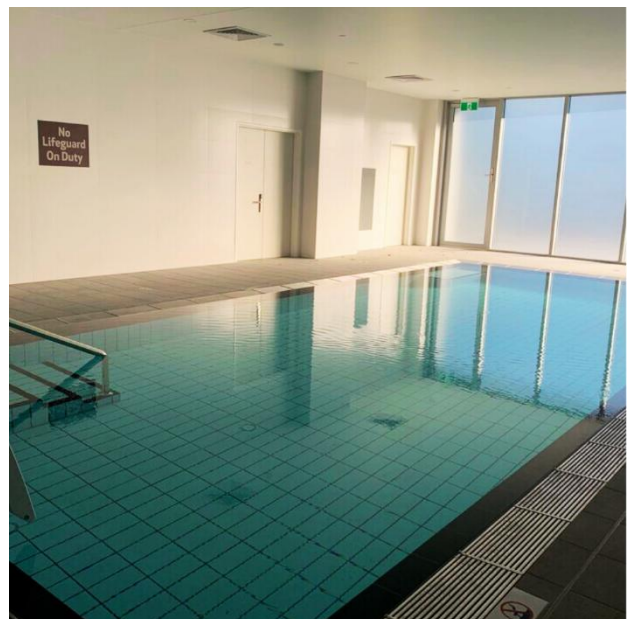
Hydrotherapy with Avanti Physio

We are seeking Expressions of Interest for veterans and their families who would like to participate in three hydrotherapy group sessions. Operating in the onsite heated pool and run by qualified physiotherapists, these are small group hydrotherapy sessions.

Where: Avani Physio, Mirrabooka

Register your interest: active@rslwa.org.au

Physiotherapist, Frank Furfaro, is happy to visit or video call with Sub-Branched to talk about what to expect when participating in hydrotherapy, along with the benefits.



Lost & Found

A number of lost items – including a belt buckle and medals – have been handed in to the concierge at Anzac House. If you think some of these items might be yours, please visit the Concierge Desk.