

THE SPA

Welcome to the Chais Monnet & Spa hotel, an invitation to serenity in the heart of the Cognac vineyards, far from the hustle and bustle of everyday life.

In a soft and refined atmosphere where time seems suspended, we invite you to discover our luxurious collection of facial and body treatments from KOS PARIS. Born from a rare passion for plants, cultivated with respect, and have proven their effectiveness. **KOS PARIS** is the result of a commitment to natural and refined cosmetics that enhance the skin and awaken the senses.

Last is the moment of absolute well-being in our relaxation area equipped with a steam room, sauna and sensory shower.



HÔTEL CHAIS MONNET & SPA
COGNAC

OUR TREATMENTS KOS PARIS



Our body treatments

- **Oils Ceremony treatment – 60 min** 150 €
– 90 min 190 €

Relaxing body massage to revitalise and balance your body and soul. Associated with a choice of delicately scented oils, this treatment will bring an infinite wellness feeling

- **Zen massage – 60 min** 150 €
– 90 min 190 €

Relaxing body massage gentle, based on the awakening of the senses. This treatment combines body and mind and brings deep peace.

- **Massage deep tissue – 60 min** 150 €
– 90 min 190 €

Ideal before or after sport, this intense massage relieves tension and instantly soothes muscles aches and pains.

- **Firming and slimming treatment – 60 min** 150 €
– 120 min 290 €

Draining and slimming modelling a combined with a highly concentrated anti-cellulite and firming ingredients.

Option 120 minutes with a body scrub and wrap of your choice.

- **Mother-to-be treatment – 60 min** 150 €

This treatment includes essentially soft and reassuring effleurage movements. It reduce tensions and fatigue.

OUR TREATMENTS KOS PARIS



Our body treatments

- **Sea salt crystals body scrub – 30 min** 110 €

Formulated with sea salt crystals, enriched with apricot oil, instantly reveals the radiance of your skin.

- **Mauritian sugar body scrub – 30 min** 110 €

Formulated with brown sugar straight from Mauritius Island, this scrub leaves the skin soft and hydrated.



Our facial treatments

- **Ultimate Hydration facial care – 60 min**

Treatment for dehydrated skins. With a rice powder mask and a massage with the Oriental Elixir, the skin is nourished, soft and radiant.

- **Men's facial – 60 min**

This men's treatment is ideal for delicate and sensitive skin. It is also purifying and helps to regulate sebum production. The skin is immediately repaired, matified and radiant.



Our signature treatment

- **« A taste of the cellar » – 1h45**

For 1 hour and 45 minutes, immerse yourself in an experience of the senses to enjoy «A taste of the cellar». Your relaxation journey will start by a foot scrub using Charente salt and grape seed oil, followed by a 60 minutes body massage. Then, our beauty therapist will give you a personalized facial with la Maison KOS Paris.



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OUR TREATMENTS KOS PARIS



Our KOS Paris's Rituals

- **Ritual Just for him – 2h30** 330 €

Balneotherapy 30 min
Oils ceremony body treatment 60 min
Man's facial 60 min
Glass of champagne with « amuses-bouche ».

- **Ritual Just for her – 2h45** 360 €

Balneotherapy 30 min
Relaxing treatment 60 min
Youth moisturizer treatment 75 min
Glass of champagne with « amuses-bouche ».

OUR CHILDREN'S TREATMENTS

NOUGATINE
PARIS

- **Sweet little face treatment – 30 min** 50 €

A facial cleanse with candy floss-scented Chantimousse and an application of a nourishing Chocodélice cream mask, followed by a massage with vanilla-strawberry Sensidouce cream. This treatment offers an introduction to the basics of skin care beauty while enjoying a moment of pure indulgence.

- **Sweet dreams treatment – 30 min** 50 €

A soothing back, neck, arm and legs massage with the Rêve d'ange honey-vanilla scented Balm. The perfect way to relax after a long day.

- **Royal Parent-Child care (3 to 12 years old)** 90 €

A relaxing massage in the duo booth using the Rêve d'ange honey-vanilla scented Balm to fully unwind and spend quality time with your children.

A universe 100% kids, 100% gourmet and 100% French

- **Children's manicure – 30 min** 50 €

Nail filing, hand massage, application of nail polish.

OUR BEAUTY TREATMENTS

Manicure & pedicure

- **Express manicure – 30 min** 50 €
Nail filing, cuticles and normal nail polish,
- **Spa manicure – 60 min** 80 €
Nail filing, cuticles, scrub, massage and normal nail polish.
- **Men's manicure – 30 min** 50 €
Nail filing, cuticles and hand massage.
- **Spa pedicure – 60 min** 80 €
Nail filing, cuticles, scrub, massage and normal nail polish.
- **Gel polish – 45 min** 60 €
Nail filing, cuticles and gel polish.
- **Gel polish removal – 30 min** 40 €
Gel polish removal, buffing and application of nail care

Women's waxing

- **Eyebrows or eyelashes colouring** 25 €
- **Eyebrows or Lip or chin** 20 €
- **Standard bikini line** 35 €
- **French bikini** 37 €
- **Brazilian bikini** 45 €
- **Full bikini** 50 €
- **Underarms** 25 €
- **Half-arms** 30 €
- **Full arms** 35 €
- **Half-legs** 35 €
- **Full legs** 60 €

Men's waxing

- **Eyebrows or nose or cheeks or ears** 20 €
- **Underarms or shoulders** 25 €
- **Full arms** 35 €
- **Back or torso** 50 €
- **Full legs** 65 €



USEFUL INFORMATIONS

Your arrival at Chais Monnet Spa

We recommend that you arrive 15 minutes prior to your appointment in order to allow time to change. If you arrive late the treatment will be shortened, to respect subsequent bookings. For your comfort, we have at your disposal in our changing rooms: bathrobes, bath towels and sandals.

Health Information

The establishment reserves the right to refuse treatment for health reasons. Many treatments are prohibited during pregnancy. Please inform us of any health conditions at the time of your booking or upon arrival.

Cancellation Policy

You can cancel your reservation. We kindly ask you to inform us at least 12 hours in advance in order to avoid the total invoicing of the service. A deposit may be required.

Your personal belongings

We recommend that you store your personal belongings in the lockers located in the changing rooms. Valuable items may be stored in our safe at the hotel reception desk. The Chais Monnet & Spa cannot be held liable for any loss or damage to your belongings during your visit.

Children's access

Minors under 18 must be accompanied by an adult.

Swimming pool & Wellness suite access

Spa access included for any 90 minutes treatments. For any treatments under than 90 minutes a supplement will be requested (30€ per person for 3h access).