

SPA

OUR BODY TREATMENTS



Ethical & eco-responsible
Made in France

OILS CEREMONY TREATMENT

Relaxing body massage to revitalise and balance your body and soul. Associated with a choice of delicately scented oils, this treatment will bring an infinite wellness feeling.

60 min - 150€

90 min - 190€

MASSAGE DEEP TISSUE

Ideal before or after sport, this intense massage relieves tension and instantly soothes muscles aches and pains.

60 min - 150€

90 min - 190€

MOTHER-TO-BE TREATMENT

This treatment includes essentially soft and reassuring effleurage movements. It reduce tensions and fatigue.

60 min - 150€

MAURITIAN SUGAR BODY SCRUB

Formulated with brown sugar straight from Mauritius Island, this scrub leaves the skin soft and hydrated.

30 min - 110€



OUR SIGNATURE TREATMENT

« A TASTE OF THE CELLAR »

Begin with a Charentes sea salt foot scrub for soft, light skin, then surrender to a 60-minute full-body massage with the precious Perle de Vigne oil, featuring delicate, relaxing notes. Conclude with a personalized KOS Paris facial treatment, perfectly tailored to your skin, for a radiant complexion and a deep sense of release.

1h45 min - 240€

ZEN MASSAGE

Relaxing body massage gentle, based on the awakening of the senses. This treatment combines body and mind and brings deep peace.

60 min - 150€

90 min - 190€

FIRMING AND SLIMMING TREATMENT

Draining and slimming modelling a combined with a highly concentrated anti-cellulite and firming ingredients. Option 120 minutes with a body scrub and wrap of your choice.

60 min - 150€

120 min - 290€

SEA SALT CRYSTALS BODY SCRUB

Formulated with sea salt crystals, enriched with apricot oil, instantly reveals the radiance of your skin.

30 min - 110€



OUR FACIAL TREATMENTS

ULTIMATE HYDRATION FACIAL CARE

Treatment for dehydrated skins. With a rice powder mask and a massage with the Oriental Elixir, the skin is nourished, soft and radiant.

60 min - 150€

MEN'S FACIAL

This men's treatment is ideal for delicate and sensitive skin. It is also purifying and helps to regulate sebum production. The skin is immediately repaired, matified and radiant.

60 min - 150€

OUR KOS PARIS'S RITUALS

RITUAL JUST FOR HIM

Balneotherapy 30 min
Oils ceremony body treatment 60 min
Man's facial 60 min
Glass of champagne with « amuses-bouche »

2H30 - 330€

RITUAL JUST FOR HER

Balneotherapy 30 min
Relaxing treatment 60 min
Youth moisturizer treatment 75 min
Glass of champagne with « amuses-bouche »

2H45 - 360€





OUR CHILDREN'S TREATMENTS

SWEET LITTLE FACE TREATMENT

A facial cleanse with candy floss-scented Chantimousse and an application of a nourishing Chocodélice cream mask, followed by a massage with vanilla-strawberry Sensidouce cream. This treatment offers an introduction to the basics of skin care beauty while enjoying a moment of pure indulgence.

30 min - 50€

SWEET DREAMS TREATMENT

A soothing back, neck, arm and legs massage with the Rêve d'ange honey-vanilla scented Balm. The perfect way to relax after a long day.

30 min - 50€

ROYAL PARENT-CHILD CARE (3 TO 12 YEARS OLD)

A relaxing massage in the duo booth using the Rêve d'ange honey-vanilla scented Balm to fully unwind and spend quality time with your children.

30 min - 90€

CHILDREN'S MANICURE

Nail filing, hand massage, application of nail polish.

30 min - 50€

NOUGATINE
PARIS

Nougatine Paris offers delicate, delightfully scented treatments specially designed for children's sensitive skin.

OUR BEAUTY TREATMENTS



EXPRESS MANICURE

Nail filing, cuticles and normal nail polish.

30 min - 50€

MEN'S MANICURE

Nail filing, cuticles and hand massage.

30 min - 50€

SPA MANICURE

Nail filing, cuticles, scrub, massage and normal nail polish.

60 min - 80€

SPA PEDICURE

Nail filing, cuticles, scrub, massage and normal nail polish.

60 min - 80€

GEL POLISH

Nail filing, cuticles and gel polish.

45 min - 60€

GEL POLISH REMOVAL

Gel polish removal, buffing and application of nail care.

35 min - 40€





WOMEN'S WAXING

EYEBROWS OR EYELASHES COLOURING	25 €
EYEBROWS OR LIP OR CHIN	20 €
STANDARD BIKINI LINE	35 €
FRENCH BIKINI	37 €
BRAZILIAN BIKINI	45 €
FULL BIKINI	50 €
UNDERARMS	25 €
HALF-ARMS	30 €
FULL ARMS	35 €
HALF-LEGS	35 €
FULL LEGS	60 €

MEN'S WAXING

EYEBROWS OR NOSE OR CHEEKS OR EARS	20 €
UNDERARMS OR SHOULDERS	25 €
FULL ARMS	35 €
BACK OR TORSO	50 €
FULL LEGS	65 €

SPA

USEFUL INFORMATIONS

YOUR ARRIVAL AT CHAIS MONNET SPA

We recommend that you arrive 15 minutes prior to your appointment in order to allow time to change. If you arrive late the treatment will be shortened, to respect subsequent bookings. For your comfort, we have at your disposal in our changing rooms: bathrobes, bath towels and sandals.

HEALTH INFORMATION

The establishment reserves the right to refuse treatment for health reasons. Many treatments are prohibited during pregnancy. Please inform us of any health conditions at the time of your booking or upon arrival.

CANCELLATION POLICY

You can cancel your reservation. We kindly ask you to inform us at least 12 hours in advance in order to avoid the total invoicing of the service. A deposit may be required.

YOUR PERSONAL BELONGINGS

We recommend that you store your personal belongings in the lockers located in the changing rooms. Valuable items may be stored in our safe at the hotel reception desk. The Chais Monnet & Spa cannot be held liable for any loss or damage to your belongings during your visit.

CHILDREN'S ACCESS

Minors under 18 must be accompanied by an adult.

SWIMMING POOL & WELLNESS SUITE ACCESS

Spa access included for any 90 minutes treatments. For any treatments under than 90 minutes a supplement will be requested (30€ per person for 3h access).

Reservations: by email at spa@chaismonnethotel.com, by phone at +33 5 17 22 32 50,
or directly via our website.

Spa opening hours: 9:00 a.m. to 6:45 p.m.

Swimming pool & fitness area opening hours: 7:00 a.m. to 9:00 p.m.