

# SPA

## THE EXPERIENCE

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Welcome to Chais Monnet & Spa Hôtel, an invitation to serenity in the heart of the Cognac vineyards, far from the hustle and bustle of everyday life.

In a soft, refined atmosphere where time seems to stand still, we invite you to discover our luxurious collection of face and body treatments by **KOS PARIS**. Born from a passion for rare plants, noble ingredients, and sensorial textures, each treatment has been designed as a precious moment, combining the effectiveness of botanical actives with a unique sensory experience that invites escape and deep well-being.

You will also discover the French cosmetics brand **Nougatine Paris**, dedicated to children's well being. Its gentle treatments, with indulgent textures and delicate fragrances, transform the spa into a playful and reassuring experience. Rituals specially designed to share unique moments as a family.

Last is the moment of absolute well-being in our relaxation area equipped with a steam room, sauna and sensory shower.



## OUR BODY TREATMENTS

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Ethical & eco-responsible  
Made in France

### OILS CEREMONY TREATMENT

Relaxing body massage to revitalise and balance your body and soul. Associated with a choice of delicately scented oils, this treatment will bring an infinite wellness feeling.

60 min - €150

90 min - €190

### ZEN MASSAGE

Relaxing body massage gentle, based on the awakening of the senses. This treatment combines body and mind and brings deep peace.

60 min - €150

90 min - €190

### DEEP TISSUE MASSAGE

Ideal before or after sport, this intense massage relieves tension and instantly soothes muscles aches and pains.

60 min - €150

90 min - €190

### DRAINING AND SLIMMING TREATMENT

Draining and slimming modelling a combined with a highly concentrated anti-cellulite and firming ingredients. Option 120 minutes with a body scrub and wrap of your choice.

60 min - €150

120 min - €290

### OUR SIGNATURE TREATMENT

#### A TASTE OF THE CELLAR

Begin with a Charentes sea salt foot scrub for soft, light skin, then surrender to a 60-minute full-body massage with the precious Perle de Vigne oil, featuring delicate, relaxing notes. Conclude with a personalized KOS Paris facial treatment, perfectly tailored to your skin, for a radiant complexion and a deep sense of release.

1h45 min - €240

### MOTHER-TO-BE TREATMENT

A fully personalized massage tailored to the specific needs of expectant mothers. The "Perle de Bien-Être" oil is the perfect ally to provide comfort and deep hydration to the skin.

60 min - €150

### MAURITIAN SUGAR BODY SCRUB

Formulated with brown sugar straight from Mauritius Island, this scrub leaves the skin soft and hydrated.

30 min - €90

### SEA SALT CRYSTALS BODY SCRUB

Formulated with sea salt crystals, enriched with apricot oil, instantly reveals the radiance of your skin.

30 min - €90



## OUR FACIAL TREATMENTS

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### EYE TREATMENT

This treatment reduces puffiness and dark circles, smooths fine lines and instantly restores the radiance of the eyes.

30 min - €80

### THE RADIANCE ESSENTIALS

Cleansing, gentle exfoliation, and application of a serum tailored to your needs for more luminous and revitalized skin.

30 min - €80

### ULTIMATE HYDRATION FACIAL CARE

Treatment for dehydrated skins. With a rice powder mask and a massage with the Oriental Elixir, the skin is nourished, soft and radiant.

60 min - €150

### LEGENDARY TREATMENT

Thanks to the synergy of rare botanical actives and techniques inspired by KOBIDO, this comprehensive anti-aging treatment instantly plumps and firms your skin.

75 min - €180

### MEN'S FACIAL

The Men's Treatment is ideal for skin irritated by shaving. It is also purifying and helps regulate sebum. The skin is repaired, mattified, and regains its natural radiance.

60 min - €150





## OUR KOS PARIS'S RITUALS

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### KOREAN RITUAL

The first part of this ritual begins with an energizing massage that promotes deep relaxation and releases accumulated tension and blockages. Through pressure points and stimulation of the body's energy meridians, energy flow is restored to maintain balance between body and mind. The second step of this sensory journey includes a facial treatment that reshapes the facial contour, evens out, and oxygenates the complexion thanks to our active ingredients.

2h30 min - €340

### RITUEL JUST FOR HER

Oil Ceremony" Body Treatment – 60 min  
Legendary Treatment inspired by KOBIDO – 75 min  
Champagne served with sweet canapés.

2h15 min - €360

### RITUAL JUST FOR HIM

Oil Ceremony" Body Treatment – 60 min  
Men's Hydrating & Anti-Aging Facial – 75 min  
Champagne served with sweet canapés.

2h15 min - €360





## OUR CHILDREN'S TREATMENTS

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### SWEET LITTLE FACE TREATMENT

A facial cleanse with candy floss-scented Chantimousse and an application of a nourishing Chocodélice cream mask, followed by a massage with vanilla-strawberry Sensidouce cream. This treatment offers an introduction to the basics of skin care beauty while enjoying a moment of pure indulgence.

30 min - €50

### SWEET DREAMS TREATMENT

A soothing back, neck, arm and legs massage with the Rêve d'ange honey-vanilla scented Balm. The perfect way to relax after a long day.

30 min - €50

### ROYAL PARENT-CHILD CARE (3 TO 12 YEARS OLD)

A relaxing massage in the duo booth using the Rêve d'ange honey-vanilla scented Balm to fully unwind and spend quality time with your children.

30 min - €90

### CHILDREN'S MANICURE

Nail filing, hand massage, application of nail polish.

30 min - €50

**NOUGATINE**  
PARIS

*Nougatine Paris offers delicate, delightfully scented treatments specially designed for children's sensitive skin.*



## OUR BEAUTY TREATMENTS

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### EXPRESS MANICURE

Nail filing, cuticles and normal nail polish.

30 min - €50

### MEN'S MANICURE

Limage, cuticules, modelage des mains.

30 min - €50

### SPA MANICURE

Nail filing, cuticles, scrub, massage and normal nail polish.

60 min - €80

### SPA PEDICURE

Limage, cuticules, gommage, modelage, pose de vernis simple.

60 min - €80

### GEL POLISH

Limage, cuticules, gommage, modelage, pose de vernis simple.

45 min - €60

### GEL POLISH REMOVAL

Dépose du vernis semi-permanent et application d'un soin.

35 min - €40



## WOMEN'S WAXING

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|                                       |     |
|---------------------------------------|-----|
| EYEBROWS OR EYELASHES COLOURING ..... | €25 |
| EYEBROWS OR LIP OR CHIN .....         | €20 |
| STANDARD BIKINI LINE .....            | €35 |
| FRENCH BIKINI .....                   | €37 |
| BRAZILIAN BIKINI .....                | €45 |
| FULL BIKINI .....                     | €50 |
| UNDERARMS .....                       | €25 |
| HALF-ARMS .....                       | €30 |
| FULL ARMS .....                       | €35 |
| HALF-LEGS .....                       | €35 |
| FULL LEGS .....                       | €60 |

## MEN'S WAXING

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|                                          |     |
|------------------------------------------|-----|
| EYEBROWS OR NOSE OR CHEEKS OR EARS ..... | €20 |
| UNDERARMS OR SHOULDERS .....             | €25 |
| FULL ARMS .....                          | €35 |
| BACK OR TORSO .....                      | €50 |
| FULL LEGS .....                          | €65 |

# SPA

## USEFUL INFORMATIONS

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### YOUR ARRIVAL AT CHAIS MONNET SPA

We recommend that you arrive 15 minutes prior to your appointment in order to allow time to change. If you arrive late the treatment will be shortened, to respect subsequent bookings. For your comfort, we have at your disposal in our changing rooms: bathrobes, bath towels and sandals.

### HEALTH INFORMATION

The establishment reserves the right to refuse treatment for health reasons. Many treatments are prohibited during pregnancy. Please inform us of any health conditions at the time of your booking or upon arrival.

### CANCELLATION POLICY

You can cancel your reservation. We kindly ask you to inform us at least 12 hours in advance in order to avoid the total invoicing of the service. A deposit may be required.

### YOUR PERSONAL BELONGINGS

We recommend that you store your personal belongings in the lockers located in the changing rooms. Valuable items may be stored in our safe at the hotel reception desk. The Chais Monnet & Spa cannot be held liable for any loss or damage to your belongings during your visit.

### CHILDREN'S ACCESS

Minors under 18 must be accompanied by an adult.

### SWIMMING POOL & WELLNESS SUITE ACCESS

Spa access included for any 90 minutes treatments. For any treatments under than 90 minutes a supplement will be requested (€30 per person for 3h access).

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Reservations: by email at [spa@chaismonnethotel.com](mailto:spa@chaismonnethotel.com),  
by phone at +33 5 17 22 32 50, or directly via our website.

Spa opening hours: 9:00 a.m. to 6:45 p.m.

Swimming pool & fitness area opening hours: 7:00 a.m. to 9:00 p.m.

