

SPA

THE EXPERIENCE



Welcome to Chais Monnet & Spa Hôtel, an invitation to serenity in the heart of the Cognac vineyards, far from the hustle and bustle of everyday life.

In a soft, refined atmosphere where time seems to stand still, we invite you to discover our luxurious collection of face and body treatments by **KOS PARIS**. Born from a passion for rare plants, noble ingredients, and sensorial textures, each treatment has been designed as a precious moment, combining the effectiveness of botanical actives with a unique sensory experience that invites escape and deep well-being.

You will also discover the French cosmetics brand **Nougatine Paris**, dedicated to children's well being. Its gentle treatments, with indulgent textures and delicate fragrances, transform the spa into a playful and reassuring experience. Rituals specially designed to share unique moments as a family.

Last is the moment of absolute well-being in our relaxation area equipped with a steam room, sauna and sensory shower.



OUR BODY TREATMENTS



Ethical & eco-responsible
Made in France

OILS CEREMONY TREATMENT

A relaxing massage that revitalizes and balances body and mind. It will bring a feeling of infinite well-being.

60 min - €150

90 min - €190

ZEN MASSAGE

A gentle massage of the body, face, and scalp, based on sensory awakening. This treatment brings deep peace.

60 min - €150

90 min - €190

DEEP TISSUE MASSAGE

Ideal massage before or after sport, this treatment with deep techniques releases tension and immediately relieves muscular pain.

60 min - €150

90 min - €190

MOTHER-TO-BE TREATMENT

A fully personalized massage tailored to the specific needs of expectant mothers. The "Perle de Bien-Être" oil is the perfect ally to provide comfort and deep hydration to the skin.

60 min - €150

DRAINING AND SLIMMING TREATMENT

This massage, mainly focused on the lower body, combines toning kneading and rolling techniques with draining movements to enhance the elimination of toxins.

120-minute option with a scrub and a body wrap.

60 min - €150

120 min - €290

SEA SALT CRYSTALS BODY SCRUB

Formulated with sea salt crystals, enriched with apricot oil, instantly reveals the radiance of your skin.

30 min - €90

MAURITIAN SUGAR BODY SCRUB

Formulated with brown sugar straight from Mauritius Island, this scrub leaves the skin soft and hydrated.

30 min - €90

OUR SIGNATURE TREATMENT

A TASTE OF THE CELLAR

Immerse yourself in the very essence of our spa experience. You will begin your journey with your feet in wooden tubs for a sensory awakening, featuring a Charentes sea salt scrub paired with a 60-minute body massage using "Perle de Vigne" oil. The experience concludes with a personalized 30-minute facial treatment by KOS Paris.

1h45 min - €240



OUR FACIAL TREATMENTS

EYE TREATMENT

This treatment reduces puffiness and dark circles, smooths fine lines and instantly restores the radiance of the eyes.

30 min - €80

THE RADIANCE ESSENTIALS

Cleansing, gentle exfoliation, and application of a serum tailored to your needs for more luminous and revitalized skin.

30 min - €80

ULTIMATE HYDRATION FACIAL CARE

This tailor-made moisturizing treatment targets and responds to each of your needs. The skin is nourished, silky smooth and regains its radiance.

60 min - €150

LEGENDARY TREATMENT

Thanks to the synergy of rare botanical actives and techniques inspired by KOBIDO, this comprehensive anti-aging treatment instantly plumps and firms your skin.

75 min - €180

MEN'S FACIAL

The Men's Treatment is ideal for skin irritated by shaving. It is also purifying and helps regulate sebum. The skin is repaired, mattified, and regains its natural radiance.

60 min - €150





OUR KOS PARIS'S RITUALS

KOREAN RITUAL

The first part of this ritual begins with an energizing massage that promotes deep relaxation and releases accumulated tension and blockages. Through pressure points and stimulation of the body's energy meridians, energy flow is restored to maintain balance between body and mind. The second step of this sensory journey includes a facial treatment that reshapes the facial contour, evens out, and oxygenates the complexion thanks to our active ingredients.

2h30 min - €340

RITUEL JUST FOR HER

Oil Ceremony Body Treatment – 60 min
Legendary Treatment inspired by KOBIDO – 75 min
Champagne served with sweet canapés.

2h15 min - €360

RITUAL JUST FOR HIM

Oil Ceremony Body Treatment – 60 min
Men's Hydrating & Anti-Aging Facial – 75 min
Champagne served with sweet canapés.

2h15 min - €360





OUR CHILDREN'S TREATMENTS

SWEET LITTLE FACE TREATMENT

A facial cleanse with candy floss-scented Chantimousse and an application of a nourishing Chocodélice cream mask, followed by a massage with vanilla-strawberry Sensidouce cream. This treatment offers an introduction to the basics of skin care beauty while enjoying a moment of pure indulgence.

30 min - €50

SWEET DREAMS TREATMENT

A soothing back, neck, arm and legs massage with the Rêve d'ange honey-vanilla scented Balm. The perfect way to relax after a long day.

30 min - €50

ROYAL PARENT-CHILD CARE (3 TO 12 YEARS OLD)

A relaxing massage shared in duo with Rêve d'ange honey-vanilla scented Balm to fully unwind and spend quality time with your children.

30 min - €90

CHILDREN'S MANICURE

Nail filing, hand massage, application of nail polish.

30 min - €50

NOUGATINE
PARIS

Nougatine Paris offers delicate, delightfully scented treatments specially designed for children's sensitive skin.



OUR BEAUTY TREATMENTS

EXPRESS MANICURE

Nail filing, cuticles and normal nail polish.

30 min - €50

MEN'S MANICURE

Nail filing, cuticles, hand massage.

30 min - €50

SPA MANICURE

Nail filing, cuticles, scrub, massage and normal nail polish

60 min - €80

SPA PEDICURE

Nail filing, cuticles, scrub, massage and normal nail polish

60 min - €80

GEL POLISH

Nail filing, cuticles, massage and gel nail polish

45 min - €60

GEL POLISH REMOVAL

Gel polish removal with nail care

35 min - €40



WOMEN'S WAXING

EYEBROWS OR EYELASHES COLOURING	€25
EYEBROWS OR LIP OR CHIN	€20
STANDARD BIKINI LINE	€35
FRENCH BIKINI	€37
BRAZILIAN BIKINI	€45
FULL BIKINI	€50
UNDERARMS	€25
HALF-ARMS	€30
FULL ARMS	€35
HALF-LEGS	€35
FULL LEGS	€60

MEN'S WAXING

EYEBROWS OR NOSE OR CHEEKS OR EARS	€20
UNDERARMS OR SHOULDERS	€25
FULL ARMS	€35
BACK OR TORSO	€50
FULL LEGS	€65

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USEFUL INFORMATIONS



YOUR ARRIVAL AT CHAIS MONNET SPA

We recommend that you arrive 15 minutes prior to your appointment in order to allow time to change. If you arrive late the treatment will be shortened, to respect subsequent bookings. For your comfort, we have at your disposal in our changing rooms: bathrobes, towels and slippers.

HEALTH INFORMATION

The establishment reserves the right to refuse treatment for health reasons. Many treatments are prohibited during pregnancy. Please inform us of any health conditions at the time of your booking or upon arrival.

CANCELLATION POLICY

You can cancel your reservation. We kindly ask you to inform us at least 12 hours in advance in order to avoid the total invoicing of the service. A deposit may be required.

YOUR PERSONAL BELONGINGS

We recommend that you store your personal belongings in the lockers located in the changing rooms. Valuable items may be stored in our safe at the hotel reception desk. The Chais Monnet & Spa cannot be held liable for any loss or damage to your belongings during your visit.

CHILDREN'S ACCESS

Minors under 18 must be accompanied by an adult.

SWIMMING POOL & WELLNESS SUITE ACCESS

Spa access included for any 90 minutes treatments. For any treatments under than 90 minutes a supplement will be requested (€30 per person for 3h access).

Reservations: by email at spa@chaismonnethotel.com,
by phone at +33 5 17 22 32 50, or directly via our website.

Spa opening hours: 9:30 a.m. to 7:00 p.m.

Swimming pool & fitness area opening hours: 7:00 a.m. to 9:00 p.m.

