

Crematory. VisitingHome,LLC. VNA Hospice .

Monday	Tuesday	Wednesday	Thursday	Fi
	9:00am Arthritis Exercise	9:00am-11:00am Hispanic Social Circle	9:00am Arthritis Exercise	
9:15am Men's Exercise		9:15am Men's Exercise	9:00am-12:00pm Party Quilters	<u>9:00am-11:00am</u>
9:30am Party Bridg		10:00am-12:00pm Ladies Card Club	9:00am-11:00am Ilusión de Vivir	<u>9:00am-12:00pr</u>
10:00am Pilates Plu		<u>10:00am-11:30am Line Dance Imp/In</u> t	<u>10:15am-11:15am Cardio Crush</u>	9:30am
12:00pm Lunc		<u>12:00pm Lunch</u>	12:00pm Lunch	<u>11:00am</u>
1:00pm Balance and Flexibilit		<u>12:30pm-2:00pm Beginning Crochet</u>	1:30pm-3:30pm Line Dance Beg/Int	<u>12:00pm</u>
<u>2:00pm- 3:30pm Bing</u>	o <u>2:00pm Grief Support Group</u> <u>2:00pm-4:00pm Knit-Crochet</u>	<u>1:00pm-2:00pm Spanish 101 with Jacky</u>		<u>1:30pm-2:30pm</u>
	4:00pm-5:30pm Line Dance(Beg.)	2:00pm-4:00pm Basic Drawing		
July July 7	1 11:00am Legal Services Appt. Required Sponsored by Mark Lansing Esq. Law Steady 1:00pm Women's Improvement Bridge No Grief Support 8	2 9:00am-12:00pm HICAP Health Insurance Counseling Advocacy Program Appt. Required No Spanish 101 9	3 9:00am Walking Group Dincoln Park Pre-Registration Required No Ilusión de Vivir No Line Dance	4
ŕ	9:30am Information Table Thomas Miller Mortuary & Crematory 12:15pm Presentation Cookies & Conversation Riverside County Supervisor Karen Spiegel	12:15pm Presentation How to avoid Re-Hospitalization <i>Right at Home Care</i> No Basic Drawing	 9:30am Information Table Utilities Rebate Assistance Utilities Department 4:30pm-11:58pm Travel Program Pageant of the Masters Pre-Registration Required 	12:15pm Sponsored by Alpha
		U	TANK THE FIRE A CONTRACT OF	1:30pm
	No Grief Support	No Spanish 101		Allstate Insurance
14 10:00am Kristina Merrick SBHIS Pre-Registration Required	15 9:30am Information Table Care Patrol 1:00pm Women's Improvement Bridge 2:00pm Books & Brews Pre-Registration Required No Grief Support	16 9:00am-12:00pm HICAP Health Insurance Counseling Advocacy Program Appt. Required 9:30am Glucose/Blood Pressure Screening Sponsored by Citrus Valley Medical 12:30pm Presentation What is Medicare Mint	9:00am Walking Group Citrus Park Pre-Registration Required 11:00am-12:00pm Ice Cream Social AllState Insurance 4:00pm-6:00pm Red, White & Blue BBQ Pre-Registration Required Center will be closed at 3:00pm for special event set up	9:30am with Raman 1:30pm Thomas Miller Mortue
21	22	23	24	
		9:30am Blood Pressure Screening	- 1	9:30am
	9:30am Information Table	Sponsored by Citrus Valley Medical		with Raman
	Mint No Grief Support	12:15pm Presentation What can a caregiver do for me? <i>VisitingHome, LLC</i>		1:30pm VisitingHome, LLC
28 2:00pm Bingo Care Patrol	9:30am Information Table	30 12:15pm Presentation Long Term Care <i>Carl Rowens</i>	31	» oftra



Love is the only force capable ansforming an enemy to a friend." Martin Luther King Jr