

city of COPONA

Activities are provided free of charge unless indicated

PLEASE REGISTER AT RECEPTION DESK













CORONA SENIOR CENTER



Corona Senior Cente

Lydia Bouroumand

Program Coordinator

Elaina Toth

Assistant Recreation
Coordinator

Neda Gogani

Senior Community Services Leader

Amal Mahran

Senior Community
Services Leader

Grecia Santiago

Senior Community
Services Leader

Jacky Wilson

Senior Community
Services Leader

Kim Brown

Community Services
Leader

Les Brown

Community Services Leader

Lourdes Fel

Community Services Leader

Lydia Kang

Community Services Leader

Julia Monir

Community Services Leader

Claudia Romero

Community Services Leader

Penny Williams

Community Services Leader

Senior Travel Program

Visit Dodger Stadium

Thursday
August 14
8:45am-5:15pm
\$ 95 Per Person

Pre-Registration Required.





PICK UP AND DROP OFF AT CIRCLE CITY CENTER



Corona Senior Center
921 South Belle Avenue
Corona, CA 92882
(951) 736-2363
www.CoronaCA.gov

Hours of Operation Monday - Thursday: 9:00am to 6:00pm Friday: 9:00am to 3:30pm

Closed: Saturdays & Sundays

Thank You To Our Sponsors

AARP. Alpha Care. Citrus Valley Medical. Claro's Italian Market. Community Action Partnership. Corona Dial-A-Ride. Corona Fire Department. Corona Police Department. Corona Public Library. Dr Rios Clinica Medica Familiar. Estancia Del Sol. FLWR CO. Foundation on Aging. HICAP. Ibrahim Insurance Agency. IEHP. Jar Insurance. Kaiser Permanente. Law Steady. Mint Insurance. MV Transportation. Office on Aging. Ricardo DeLa Torre. SBHIS. Sodexo. Starbucks. Thomas Miller Mortuary and Crematory. VisitingHome,LLC. VNA Hospice.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15am Men's Exercise 9:30am Party Bridge 10:00am Pilates Plus 12:00pm Lunch 1:00pm Balance and Flexibility 2:00pm- 3:30pm Bingo	9:00am Arthritis Exercise 9:00am- 11:00am Mixed Media 10:15am Combination Ex. A 11:00am Combination Ex. B 12:00pm Lunch 1:30pm-3:30pm Tai-Chi 2:00pm Grief Support Group 2:00pm-4:00pm Knit-Crochet 4:00pm-5:30pm Line Dance(Beg.)	9:00am-11:00am Hispanic Social Circle 9:15am Men's Exercise 10:00am-12:00pm Ladies Card Club 10:00am-11:30am Line Dance Imp/Int 12:00pm Lunch 12:30pm-2:00pm Beginning Crochet 1:00pm-2:00pm Spanish 101 with Jacky 2:00pm-4:00pm Basic Drawing	9:00amArthritis Exercise9:00am-12:00pmParty Quilters9:00am-11:00amIlusión de Vivir10:15am-11:15amCardio Crush12:00pmLunch1:30pm-3:30pmLine Dance Beg/Int	9:00am-11:00am Mixed Media 9:00am-12:00pm Beginning Quilting 9:30am Balance & Flexibility 11:00am Men's Exercise 12:00pm Lunch 1:30pm-2:30pm Bingo	Classes Listed in the Columns to the Left Occur Every Week on the Days/Times Shown. CLOSED SATURDAYS & SUNDAYS
	challenge ar lot of time	roup of people who nd inspire you, spend a with them, and it will mge your life" Amy Poehler		9:30am Information Table Clinica Medica Familiar 12:15pm Birthday Celebration Sponsored by Alpha Care	2
4 12:30pm-1:30pm Arts & Crafts Pre-Registration Required No Party Bridge	9:30am Information Table Thomas Miller Mortuary & Crematory 11:00am Legal Services Appt. Required Sponsored by Mark Lansing Esq. Law Steady No Women's Improvement Bridge	9:00am-12:00pm HICAP Health Insurance Counseling Advocacy Program Appt. Required	9:00am Walking Group Mountain Gate Park Pre-Registration Required 9:15am Information Table Allstate Insurance 11:30am Ice Cream Social Jar Insurance	1:30pm Bingo Right at Home Care	9
2:00pm Bingo Jar Insurance	9:30am Information Table Mint 12:30pm Computer Basics with Raman Pre-Registration Required	13	8:45am-5:15pm Travel Program Visit Dodger Stadium Pre- Registration Required	15 10:30am Computer Basics with Lydia Pre-Registration Required	16
18	19 1:00pm Women's Improvement Bridge 2:00pm Books & Brews Pre-Registration Required	9:00am-12:00pm HICAP Health Insurance Counseling Advocacy Program Appt. Required 9:30am Glucose/Blood Pressure Screening Sponsored by Citrus Valley Medical	9:00am Walking Group Jameson Park Pre-Registration Required 4:00pm-6:00pm Festive Fiesta Pre-Registration Required Kaiser Permanente Center will be closed at 3:00pm for special event set up	11:00am Nutrition Class Healthy Smoothie Recipes Pre-Registration Required 1:30pm Bingo Allstate Insurance	23
25	9:30am Information Table VisitingHome,LLC 12:30pm Computer Basics With Raman Pre-Registration Required	9:30am Blood Pressure Screening Sponsored by Citrus Valley Medical	9:30am Information Table Jar Insurance	1:30pm Bingo Thomas Miller Mortuary & Crematory	30