


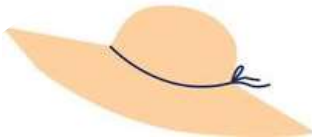



# August 2025 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>4</b> Chicken Florentine Pasta Spinach Apple	<b>5</b> Pork Carnitas Spanish Rice Baja Vegetables Banana	<b>6</b> Chicken Taco Salad Lettuce, Black Beans, Corn Cheese and Tomatoes Orange	<b>7</b> Cheese Tortellini with Meat Sauce Brussels Sprouts Pear	<b>1</b> BBQ Chicken Sandwich Coleslaw Orange
<b>11</b> Sesame Chicken Steamed Rice Broccoli Apple	<b>12</b> Salisbury Steak Mashed Potatoes Mixed Vegetables Banana	<b>13</b> Turkey Spinach Salad Wheat Roll Apple Sauce	<b>14</b> Pulled Pork Sweet Mashed Potatoes Cauliflower Pear	<b>8</b> Mandarin Chicken Salad Wheat Roll
<b>18</b> Meatballs in Marinara Spaghetti Brussels Sprouts Apple	<b>19</b> Chicken Fajitas Black Beans Onions & Peppers Banana	<b>20</b> Chicken Salad Sandwich Hard Boiled Egg Celery Sticks Orange	<b>21</b> Apricot Turkey Sweet Mashed Potatoes Peas & Carrots Pear	<b>15</b> Egg Salad Sandwich Baby Carrots Orange
<b>25</b> Chicken Alfredo Pasta Broccoli Banana	<b>26</b> Pork Chops with Ancho Sauce Cilantro Rice Baja Vegetables Apple Sauce	<b>27</b> Turkey Sandwich Coleslaw Pear	<b>28</b> Chicken Stir Fry Brown Rice Cabbage Apple	<b>22</b> Tuna Sandwich Tomato Salad Apple
				<b>29</b> Chicken Caesar Salad Wheat Roll Orange

Milk served at every meal



Indicates sodium above 760mg per meal

Menus may be subject to change

If you have any questions regarding the meal or service, please contact **Sodexo at 951-877-5950**.

If you have any questions for our Registered Dietitian, please contact Vanh Bender at [Vanh@healthylivingconsulting.net](mailto:Vanh@healthylivingconsulting.net).

**Congregate Site Reservations must be made by 1:30 pm the business day before**

Corona Snr Ctr 951-739-4966  
Mead Valley 951-210-1587  
Stratton 951-826-5355

Good Hope 951-943-9126  
Murrieta 951-461-6122  
Temecula 951-694-6464

Janet Goeske 951-351-8801  
Norco 951-270-5647  
Villegas 951-351-6142

Lake Elsinore 951-674-2526



All Meals Funded By Office On Aging 1-877-932-4100