

# city of corona

Activities are provided free of charge unless indicated  
PLEASE REGISTER AT RECEPTION DESK

## LUNCH

Monday-Friday  
at 12:00pm

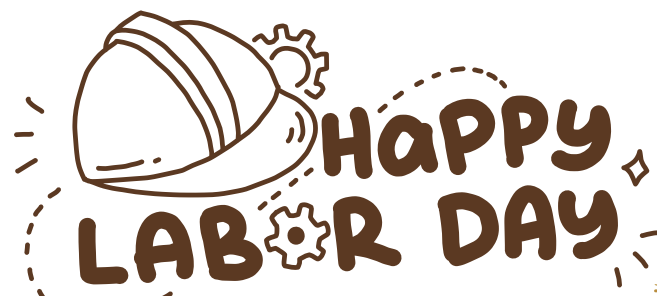
You may check in for lunch starting at 9:00am daily.  
First come, first served.

\$3 Suggested donation!

For any questions regarding lunch,  
please call  
951- 739- 4966



Materials, products, and services are funded by the  
California Department of Aging in partnership with  
Riverside County Office on Aging.



## CORONA SENIOR CENTER

# September

## Senior Travel Program

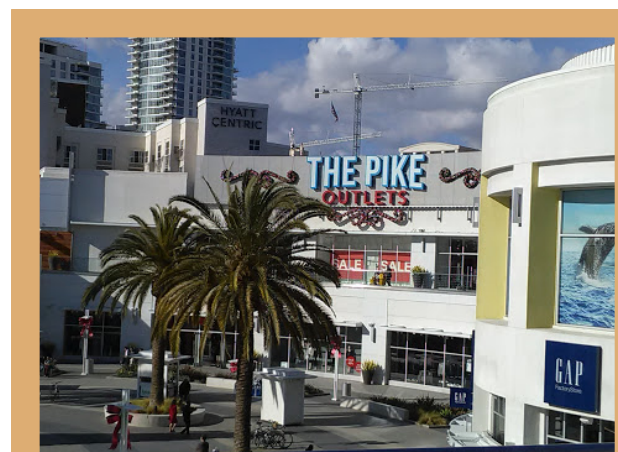
### South Coast Botanic Garden

Thursday, September 11

9:00am-4:00pm

\$ 60 Per Person

Pre-Registration Required.



PICK UP AND DROP OFF AT CIRCLE CITY CENTER

### Corona Senior Center Staff

**Lydia Bouroumand**  
Program Coordinator  
**Elaina Toth**  
Assistant Recreation  
Coordinator  
**Neda Gogani**  
Senior Community  
Services Leader  
**Amal Mahran**  
Senior Community  
Services Leader  
**Grecia Santiago**  
Senior Community  
Services Leader  
**Jacky Wilson**  
Senior Community  
Services Leader  
**Kim Brown**  
Community Services  
Leader  
**Les Brown**  
Community Services  
Leader  
**Lourdes Fel**  
Community Services  
Leader  
**Lydia Kang**  
Community Services  
Leader  
**Julia Monir**  
Community Services  
Leader  
**Claudia Romero**  
Community Services  
Leader  
**Penny Williams**  
Community Services  
Leader

Corona Senior Center  
921 South Belle Avenue  
Corona, CA 92882  
(951) 736-2363  
[www.CoronaCA.gov](http://www.CoronaCA.gov)


### Hours of Operation



Monday - Thursday:  
9:00am to 6:00pm  
Friday: 9:00am to 3:30pm  
Closed: Saturdays & Sundays


### Thank You To Our Sponsors

AARP. Alpha Care. Citrus Valley Medical. Claro's Italian Market. Community Action Partnership. Corona Dial-A-Ride. Corona Fire Department. Corona Police Department. Corona Public Library. Dr Rios Clinica Medica Familiar. Estancia Del Sol. FLWR CO. Foundation on Aging. HICAP. Ibrahim Insurance Agency. Jar Insurance. Kaiser Permanente. Law Steady. Mint Insurance. MV Transportation. Office on Aging. Ricardo DeLa Torre. SBHIS. Scan. Sodexo. Starbucks. Thomas Miller Mortuary and Crematory. VisitingHome,LLC. VNA Hospice.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15am Men's Exercise 9:30am Party Bridge 10:00am Pilates Plus 12:00pm Lunch 1:00pm Balance and Flexibility 2:00pm- 3:30pm Bingo	9:00am Arthritis Exercise 9:00am- 11:00am Mixed Media 10:15am Combination Ex. A 11:00am Combination Ex. B 12:00pm Lunch 1:30pm-3:30pm Tai-Chi 2:00pm Grief Support Group 2:00pm-4:00pm Knit-Crochet 4:00pm-5:30pm Line Dance(Beg.)	9:00am-11:00am Hispanic Social Circle 9:15am Men's Exercise 10:00am-12:00pm Ladies Card Club 10:00am-11:30am Line Dance Imp/Int 12:00pm Lunch 12:30pm-2:00pm Beginning Crochet 1:00pm-2:00pm Spanish 101 with Jacky 2:15pm-4:15pm (Dark) Basic Drawing	9:00am Arthritis Exercise 9:00am-12:00pm Party Quilters 9:00am-11:00am Ilusión de Vivir 10:15am-11:15am Cardio Crush 12:00pm Lunch 1:30pm-3:30pm Line Dance Beg/Int	9:00am-11:00am Mixed Media 9:00am-12:00pm Beginning Quilting 9:30am Balance & Flexibility 11:00am Men's Exercise 12:00pm Lunch 1:30pm-2:30pm Bingo	Classes Listed in the Columns to the Left Occur Every Week on the Days/Times Shown.  CLOSED SATURDAYS & SUNDAYS

<div>1</div> <div>LABOR day</div> <div>CLOSED</div>	<div>2</div> <div>9:15am Information Table Medicare Corner Alpha Care</div> <div>11:00am Legal Services <b>Appt. Required</b> <i>Sponsored by Mark Lansing Esq. Law Steady</i></div> <div>No Line dance</div>	<div>3</div> <div>9:00am-12:00pm <b>Appt. Required</b> HICAP <i>Health Insurance Counseling Advocacy Program</i></div>	<div>4</div> <div>9:15am Information Table <i>Allstate Insurance</i></div>	<div>5</div> <div>10:30am Computer Basics <i>with Lydia</i> <b>Pre- Registration Required</b></div> <div>12:15pm Birthday Celebration <i>Sponsored by Alpha Care</i></div> <div></div>	<div>6</div>
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<div>8</div> <div>12:30pm-1:30pm Arts &amp; Crafts <i>with Lilly</i> <b>Pre- Registration Required</b></div> <div></div> <div>No Balance &amp; Flexibility</div>	<div>9</div> <div>9:30am Information Table <i>Care Patrol</i></div> <div>12:30pm Computer Basics <i>with Raman</i> <b>Pre- Registration Required</b></div> <div>No Grief Support No Line dance</div>	<div>10</div> <div>12:15pm Presentation DOC Talk by Dr. Magina Importance of Health Maintenance <i>Mint</i></div>	<div>11</div> <div>9:00am-4:00pm Travel Program South Coast Botanic Garden <b>Pre- Registration Required</b></div> <div></div>	<div>12</div>	<div>13</div>
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<div>15</div> <div>No Balance &amp; Flexibility</div>	<div>16</div> <div>9:30am Information Table <i>Vision y Compromiso</i></div> <div>1:00pm Women's Improvement Bridge</div> <div>2:00pm Books &amp; Brews <b>Pre- Registration Required</b></div> <div>No Line dance</div>	<div>17</div> <div>9:00am-12:00pm <b>Appt. Required</b> HICAP <i>Health Insurance Counseling Advocacy Program</i></div> <div>9:30am Glucose/Blood Pressure Screening <i>Sponsored by Citrus Valley Medical</i></div> <div>12:15pm Presentation Services Overview <i>Riv. County Office on Aging</i></div>	<div>18</div> <div>9:00am Walking Group Senior Center Neighborhood <b>Pre- Registration Required</b></div> <div>9:30am Information Table <i>Mint</i></div> <div>4:00pm-6:00pm Renaissance Festival Scan <b>Pre- Registration Required</b></div> <div>Center will be closed at 3:00pm for special event set up</div> <div></div>	<div>19</div> <div>10:30am Computer Basics <i>with Lydia</i> <b>Pre- Registration Required</b></div>	<div>20</div>
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<div>22</div> <div>10:00am-11:00am Seasonal Craft <i>SBHIS</i></div> <div>2:00pm Bingo <i>Carl Rowens</i></div>	<div>23</div> <div>9:15am Information Table <i>Neighborhood Healthcare PACE</i></div> <div>12:30pm Computer Basics <i>with Raman</i> <b>Pre- Registration Required</b></div>	<div>24</div> <div>9:30am Blood Pressure Screening <i>Sponsored by Citrus Valley Medical</i></div> <div>12:15pm Presentation DOC Talk by Dr. Sanchez Stroke Prevention <i>Mint</i></div>	<div>25</div> <div>9:30am Information Table <i>Scan</i></div>	<div>26</div> <div>1:30pm Bingo <i>Allstate Insurance</i></div>	<div>27</div>
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<div>29</div>	<div>30</div> <div>9:15am Information Table <i>Edward Jones</i></div>
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“The noblest pleasure is the joy of understanding.”  
Leonardo da Vinci

