

# city of corona

Activities are provided free of charge unless indicated  
PLEASE REGISTER AT RECEPTION DESK

## LUNCH

Monday-Friday  
at 12:00pm

You may check in for lunch starting at 9:00am daily.  
First come, first served.  
\$3 Suggested donation!

For any questions regarding lunch,  
please call  
951-739-4966



Materials, products,  
and services are funded  
by the California Department of  
Aging in partnership with  
Riverside County Office on Aging.

## CORONA SENIOR CENTER

# October

### Corona Senior Center Staff

**Lydia Bouroumand**  
Program Coordinator  
**Elaina Toth**  
Assistant Recreation  
Coordinator  
**Neda Gogani**  
Senior Community  
Services Leader  
**Amal Mahran**  
Senior Community  
Services Leader  
**Grecia Santiago**  
Senior Community  
Services Leader  
**Jacky Wilson**  
Senior Community  
Services Leader  
**Kim Brown**  
Community Services  
Leader  
**Les Brown**  
Community Services  
Leader  
**Lourdes Fel**  
Community Services  
Leader  
**Lydia Kang**  
Community Services  
Leader  
**Claudia Romero**  
Community Services  
Leader  
**Penny Williams**  
Community Services  
Leader

## Senior Travel Program The Grand

Long Beach, CA

Monday, October 27, 2025

11:15am-5:00pm

\$110 Per Person

Pre-Registration Required.



PICK UP AND DROP OFF AT CIRCLE CITY CENTER

Corona Senior Center  
921 South Belle Avenue  
Corona, CA 92882  
(951) 736-2363  
[www.CoronaCA.gov](http://www.CoronaCA.gov)

### Hours of Operation

Monday - Thursday:  
9:00am to 6:00pm  
Friday: 9:00am to 3:30pm  
Closed: Saturdays & Sundays

### Thank You To Our Sponsors

AARP. Acti- Kare. Allstate Insurance, Alpha Care. Citrus Valley Medical. Claro's Italian Market. Community Action Partnership. Corona Dial-A-Ride. Corona Fire Department. Corona Police Department. Corona Public Library. Dr Rios Clinica Medica Familiar. Estancia Del Sol. FLWR CO. Foundation on Aging. HICAP. Ibrahim Insurance Agency. Kaiser Permanente. Law Steady. Mint Insurance. MV Transportation. Office on Aging. Ricardo DeLa Torre. SBHIS. Scan. Sodexo. Starbucks. Thomas Miller Mortuary and Crematory. VisitingHome,LLC. VNA Hospice.

| Monday                                                                                                                                                                                       | Tuesday                                                                                                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                                                       | Thursday                                                                                                                                                                                                                        | Friday                                                                                                                                                                                                             | Saturday                                                                                                                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>9:15amMen's Exercise</div> <div>9:30amParty Bridge</div> <div>10:00amPilates Plus</div> <div>12:00pmLunch</div> <div>1:00pmBalance and Flexibility</div> <div>2:00pm- 3:30pmBingo</div> | <div>9:00amArthritis Exercise</div> <div>9:00am- 11:00amMixed Media</div> <div>10:15amCombination Ex. A</div> <div>11:00amCombination Ex. B</div> <div>12:00pmLunch</div> <div>1:30pm-3:30pmTai-Chi</div> <div>2:00pmGrief Support Group</div> <div>2:00pm-4:00pmKnit-Crochet</div> <div>4:00pm-5:30pmLine Dance(Beg.)</div> | <div>9:00am-11:00amHispanic Social Circle</div> <div>9:15amMen's Exercise</div> <div>10:00am-12:00pmLadies Card Club</div> <div>10:00am-11:30amLine Dance Imp/Int</div> <div>12:00pmLunch</div> <div>12:30pm-2:00pmBeginning Crochet</div> <div>1:00pm-2:00pmSpanish 101 with Jacky</div> <div>2:15pm-4:15pmBasic Drawing</div> | <div>9:00amArthritis Exercise</div> <div>9:00am-12:00pmParty Quilters</div> <div>9:00am-11:00amIlusión de Vivir</div> <div>10:15am-11:15amCardio Crush</div> <div>12:00pmLunch</div> <div>1:30pm-3:30pmLine Dance Beg/Int</div> | <div>9:00am-11:00amMixed Media</div> <div>9:00am-12:00pmBeginning Quilting</div> <div>9:30amBalance &amp; Flexibility</div> <div>11:00amMen's Exercise</div> <div>12:00pmLunch</div> <div>1:30pm-2:30pmBingo</div> | <div>Classes Listed in the Columns to the Left Occur Every Week on the Days/Times Shown.</div> <div>CLOSED</div> <div>SATURDAYS &amp; SUNDAYS</div> |



“Bigger than life is not difficult for me.  
I am bigger than life!”  
Rita Moreno



|                                                                                                                                                                                                      |                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                          |                                                                                                                                                                             |                                                                                       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <div>6</div> <div>12:30pm-1:30pmCraft &amp; Create</div> <div>with Lilly</div> <div>Pre- Registration Required</div>                                                                                 | <div>7</div> <div>9:30amInformation Table</div> <div>Carl Rowens</div> <div>11:00am Legal Services</div> <div>Appt. Required</div> <div>Sponsored by Mark Lansing Esq. Law Steady</div> <div>1:00pm Women's Improvement Bridge</div> | <div>8</div>                                                                                                                                                                                                                                                                                                                                                                             | <div>9</div> <div>9:15amInformation Table</div> <div>Allstate Insurance</div>                                                                                                                                                                            | <div>10</div> <div>1:30pmBingo</div> <div>Acti- Kare</div>                                                                                                                  | <div>11</div>                                                                         |
| <div>13</div>                                                                                                                                                                                        | <div>14</div> <div>12:30pmComputer Basics</div> <div>with Raman</div> <div>Pre- Registration Required</div>                                                                                                                          | <div>15</div> <div>9:00am-12:00pm</div> <div>Appt. Required</div> <div>HICAP</div> <div>Health Insurance Counseling Advocacy Program</div> <div>9:30amGlucose/Blood</div> <div>Pressure Screening</div> <div>Sponsored by Citrus Valley Medical</div> <div>12:15pmPresentation</div> <div>DOC Talk by Dr. Sanchez</div> <div>Recognizing &amp; Managing Depression</div> <div>Mint</div> | <div>16</div> <div>9:00amWalking Group</div> <div>Santana Park</div> <div>Pre- Registration Required</div> <div>9:30amInformation Table</div> <div>Mint</div>                                                                                            | <div>17</div> <div>10:30amComputer Basics</div> <div>with Lydia</div> <div>Pre- Registration Required</div>                                                                 | <div>18</div>                                                                         |
| <div>20</div> <div>2:00pmBingo</div> <div>Mint</div>                                                                                                                                                 | <div>21</div> <div>9:30amInformation Table</div> <div>AEP Medicare Corner</div> <div>SBHIS</div> <div>1:00pm Women's Improvement Bridge</div>                                                                                        | <div>22</div> <div>9:30amBlood Pressure Screening</div> <div>Sponsored by Citrus Valley Medical</div>                                                                                                                                                                                                                                                                                    | <div>23</div> <div>9:30amInformation Table</div> <div>Scan</div> <div>4:00pm-6:00pmOld Hollywood</div> <div>Mark Lansing Esq. Law Steady</div> <div>Pre- Registration Required</div> <div>Center will be closed at 3:00pm for special event set up</div> | <div>24</div> <div>11:00amNutrition Class</div> <div>Healthy Cookie Recipe</div> <div>Pre- Registration Required</div> <div>1:30pmBingo</div> <div>Allstate Insurance</div> | <div>25</div>                                                                         |
| <div>27</div> <div>11:15am-5:00pmTravel Program</div> <div>The Grand</div> <div>Pre- Registration Required</div>  | <div>28</div> <div>9:15amInformation Table</div> <div>Neighborhood Healthcare</div> <div>12:30pmComputer Basics</div> <div>with Raman</div> <div>Pre- Registration Required</div>                                                    | <div>29</div> <div>12:15pmPresentation</div> <div>Build a Healthy Plate</div> <div>Riv. County Office on Aging</div>                                                                                                                                                                                                                                                                     | <div>30</div>                                                                                                                                                                                                                                            | <div>31</div>                                                                                                                                                               |  |