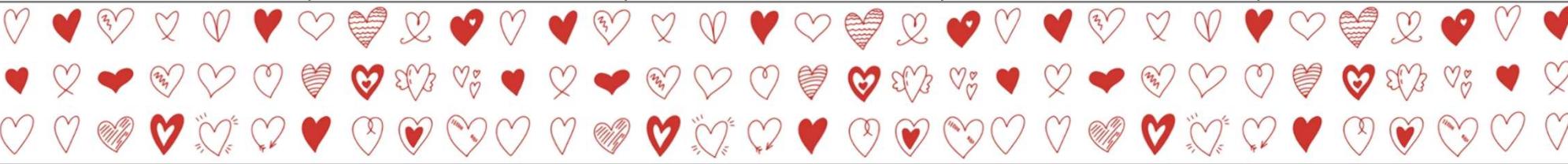


February 2026 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Ancho Lime Chicken Cilantro Rice Diced Carrots Orange	3 Ranch Steak Mashed Potatoes Mixed Vegetables Banana	4 Baked Ham with Pineapple Mashed Sweet Potatoes Brussels Sprouts Apple	5 Chili (Beef) Rice Pilaf Cauliflower Pear	6 Chicken Salad Sandwich Carrot Raisin Salad Mandarin Oranges
9 Sesame Chicken Steamed Rice Stir Fry Vegetable Blend Banana	10 Roast Beef Mashed Potatoes Mixed Vegetables Apple	11 Pork Chop in Mushroom Sauce Rice Pilaf Spinach Pear	12 Parmesan Chicken Pasta Broccoli Banana	13 Turkey Sandwich Macaroni Salad Baby Carrots Orange
16  Closed	17 Chicken Florentine Pasta California Vegetables Apple	18 Pork Carnitas Spanish Rice Baja Vegetables Pear	19 Swedish Meatballs Mashed Potatoes Peas & Carrots Banana	20 Mandarin Chicken Salad Wheat Roll Mandarin Oranges
23 Creamy Pesto Chicken Pasta Italian Vegetables Orange	24 Beef Picadillo Spanish Rice Baja Vegetables Apple	25 Apricot Turkey Sweet Mashed Potatoes Brussels Sprouts Pear	26 BBQ Chicken Baked Beans Broccoli Banana	27 Tuna Sandwich Cucumber Salad Mandarin Oranges
				

Milk served at every meal



Indicates sodium above 1,000mg per meal

Menus may be subject to change

If you have any questions regarding the meal or service, please contact **Sodexo at 951-877-5950**.

If you have any questions for our Registered Dietitian, please contact Vanh Bender at Vanh@healthylivingconsulting.net.

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