



# April 2026 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>6</b> Chicken Parmesan Penne Pasta Brussels Sprouts Apple	<b>7</b> Roast Beef Mashed Potatoes Carrots Pear	<b>1</b> Chicken Fajitas Black Beans Baja Vegetables Pear	<b>2</b> Beef Lasagna California Vegetables Banana	<b>3</b> Baked Flounder with Lemon Rice Pilaf Mixed Vegetables Orange
<b>13</b> Chicken Stir Fry Brown Rice Steamed Cabbage Banana	<b>14</b> Meatballs in Pesto Sauce Spaghetti Pasta Capri Vegetables Orange	<b>8</b> Pork Carnitas Cilantro Lime Rice Corn Banana	<b>9</b> Chili Beans with Beef Rice Pilaf Cauliflower Apple	<b>10</b> Chicken Salad Sandwich Carrot Raisin Salad Mandarin Oranges
<b>20</b> Chicken Marsala Rice Pilaf Spinach Banana	<b>21</b> Ranch Steak Mashed Potatoes Carrots Apple	<b>15</b> Orange Chicken Steamed Rice Green Beans Apple	<b>16</b> Pork Loin Roasted Oregano Potatoes Spinach Pear	<b>17</b> BBQ Chicken Sandwich Tomato & Cucumber Salad Orange
<b>27</b> Lemon Oregano Chicken Couscous Steamed Spinach Pear	<b>28</b> Mongolian Ground Beef Brown Rice Asian Vegetable Blend Apple	<b>22</b> Chicken Pene Pasta Bowl Italian Vegetables Orange	<b>23</b> BBQ Pulled Pork Sweet Mashed Potatoes Brussels Sprouts Banana	<b>24</b> Mandarin Chicken Salad Mandarin Oranges Wheat Roll
<b>29</b> Roasted Turkey Mashed Potatoes Capri Vegetables Banana	<b>30</b> Pork Chop with Salsa Verde Confetti Rice Southwest Vegetables Orange	<b>29</b> Roasted Turkey Mashed Potatoes Capri Vegetables Banana	<b>30</b> Pork Chop with Salsa Verde Confetti Rice Southwest Vegetables Orange	<b>31</b> Baked Flounder with Lemon Rice Pilaf Mixed Vegetables Orange

Milk served at every meal

 Indicates sodium above 1,000mg per meal

Menus may be subject to change

If you have any questions regarding the meal or service, please contact Sodexo at 951-877-5950.

If you have any questions for our Registered Dietitian, please contact Vanh Bender at Vanh@healthylivingconsulting.net.

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**sodexo** \*

