














# June 2026 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Basil Lemon Chicken Cous Cous Spinach Orange	<b>2</b> Italian Sausage & Peppers Pasta Broccoli Apple 	<b>3</b> Beef Taco Salad Tomatoes, Cheese and Chips Black Beans Banana	<b>4</b> Chicken Teriyaki Steamed Rice Capri Vegetables Orange	<b>5</b> Chicken Caesar Salad Wheat Roll Pineapple Tidbits
<b>8</b> Sweet & Sour Meatballs Brown Rice Cauliflower Apple	<b>9</b> Pork Chops with Salsa Verde Roasted Potatoes Baja Vegetables Pear	<b>10</b> Chicken Piccata Confetti Rice Carrots Orange	<b>11</b> Ancho Chili BBQ Beef Baked Beans Green Peas Pear 	<b>12</b> Mandarin Chicken Salad Mandarin Oranges Wheat Roll
<b>15</b> Chicken Alfredo Penne Pasta Broccoli Apple	<b>16</b> Ranch Steak Mashed Potatoes Mixed Vegetables Banana	<b>17</b> Chef's Salad Turkey, Egg, Cheese, Tomato Wheat Roll Pineapple Tidbits	<b>18</b> Pork Carnitas Spanish Rice Baja Vegetables Pear 	HOLIDAY CLOSED
<b>22</b> Meatballs in Marinara Spaghetti Pasta Cauliflower Apple	<b>23</b> Sesame Chicken Steamed Rice Asian Stir-Fry Vegetables Banana 	<b>24</b> Beef Lasagna Broccoli Pear	<b>25</b> Roasted Turkey Mashed Potatoes Capri Vegetables Apple	<b>26</b> Egg Salad Sandwich Baby Carrots Orange
<b>29</b> Stir-Fry Chicken Brown Rice Cabbage Banana	<b>30</b> Swedish Meatballs Mashed Potatoes Peas & Carrots Pear	     	 	

Milk served at every meal

 Indicates sodium above 1,000mg per meal

Menus may be subject to change

If you have any questions regarding the meal or service, please contact Sodexo at 951-877-5950.

If you have any questions for our Registered Dietitian, please contact Vanh Bender at Vanh@healthylivingconsulting.net.

Materials, products, and services are funded by the California Department of Aging in partnership with Riverside County Office on Aging.

Corona Snr Ctr 951-739-4966  
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Good Hope 951-943-9126  
 Murrieta 951-461-6122  
 Temecula 951-694-6464

Janet Goeske 951-351-8801  
 Norco 951-270-5647  
 Villegas 951-351-6142

Lake Elsinore 951-674-2526

**sodexo**\*