

September 2026 Congregate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Ranch Steak Mashed Potatoes Mixed Vegetables Apple	2 Summer Chicken Salad Egg, Tomatoes, Cheese Bacon Bits, Green Onions Orange	3 Pork Chops with Salsa Verde Roasted Potatoes Baja Vegetables Banana	4 Chef Salad Turkey, Egg, Tomato Wheat Roll Pineapple
7 <i>* Happy *</i> LABOR DAY <i>* * * *</i> Closed	8 Korean Ground Beef Brown Rice Sliced Carrots Pear	9 BBQ Chicken Sweet Potatoes Broccoli Apple	10 Turkey Cutlet Mashed Potatoes Capri Vegetables Banana	11 Beef Taco Salad Tomatoes, Cheese and Chips Black Beans Mandarin Oranges
14 Meatballs in Marinara Spaghetti Cauliflower Pear	15 Chicken Fajitas Black Beans Baja Vegetables Apple	16 Summer Chicken Caesar Salad Corn, Cannellini Beans, Tomato Orange	17 BBQ Pull Pork Sweet Potatoes Brussels Sprouts Banana	18 Mandarin Chicken Salad Mandarin Oranges Wheat Roll
21 Chicken Teriyaki Steamed Rice Asian Vegetables Pear	22 Pork Carnitas Spanish Rice Baja Vegetables Apple	23 Chicken Salad Sandwich Carrot Raisin Salad Pineapple	24 Beef Lasagna Broccoli Banana	25 Egg Salad Sandwich Baby Carrots Orange
28 Beef Picadillo Sweet Potatoes Corn Pear	29 Chicken Pasta Primavera Broccoli Apple	30 Turkey Sandwich Macaroni Salad Baby Carrots Orange		

Milk served at every meal

 Indicates sodium above 1,000mg per meal

Menus may be subject to change

If you have any questions regarding the meal or service, please contact **Sodexo** at 951-877-5950.
 If you have any questions for our Registered Dietitian, please contact Vanh Bender at Vanh@healthylivingconsulting.net.

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***sodexo**