



THE PURPOSE OF PAIN

Spiritual Intelligence to understand it

I DISCOVER THE PURPOSE OF MY PAIN WHEN I UNDERSTAND THAT:

1 God uses pain to lead me and correct me

My suffering was good for me, for it taught me to pay attention to your decrees.

PSALM 119:71 NLT

Now I am glad I sent it, not because it hurt you, but because the pain caused you to repent and change your ways. It was the kind of sorrow God wants his people to have, so you were not harmed by us in any way.

2 CORINTHIANS 7:9 NLT

⁷ It is for discipline that you endure; God deals with you as with sons; for what son is there whom his father does not discipline? [...] ¹⁰ For they disciplined us for a short time as seemed best to them, but He disciplines us for our good, so that we may share His holiness.

HEBREWS 12:7, 10 NASB

I DISCOVER THE PURPOSE OF MY PAIN WHEN I UNDERSTAND THAT:

2 God uses pain to reveal my heart and protect me

I have tested you in the fire of suffering, as silver is refined in a furnace. But I have found that you are worthless.

ISAÍAS 48:10 DHH



And you shall remember that the Lord your God led you all the way these forty years in the wilderness, to humble you and test you, to know what was in your heart, whether you would keep His commandments or not.

DEUTERONOMY 8:2 NKJV

I DISCOVER THE PURPOSE OF MY PAIN WHEN I UNDERSTAND THAT:

3 God uses pain to form Christ in me and to use me as a blessing to others

You intended to harm me, but God intended it all for good. He brought me to this position so I could save the lives of many people.



GENESIS 50:20 NLT

³ Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, ⁴ who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God.

2 CORINTHIANS 1:3-4 NKJV

I DISCOVER THE PURPOSE OF MY PAIN WHEN I UNDERSTAND THAT:

4 Spiritual Intelligence gives me the ability to understand that God does not abandon me in pain

For the Lord grants wisdom! From his mouth come knowledge and understanding.

PROVERBS 2:6 NLT

So we have not stopped praying for you since we first heard about you. We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding.

COLOSSIANS 1:9 NLT