

CANDIDATE PHYSICAL ABILITY TEST (CPAT)

Proof of a passing Candidate Physical Ability Test (CPAT) is needed at the time of Field Investigation and is also required at the time of certification for hiring consideration. The City of Los Angeles will only accept the Candidate Physical Ability Test. The Consolidated Physical Ability Test (formerly known as the Biddle Test) or any other physical ability test will not be accepted. Answers to common questions regarding this requirement are listed below.

1. What is the CPAT? The CPAT is a standardized test that is not administered by the City of Los Angeles. The CPAT is a timed **pass/fail** test that consists of eight separate events (listed below).

1. Stair Climb	2. Hose Drag	3. Equipment Carry	4. Ladder Raise
5. Forcible Entry	6. Search	7. Rescue	8. Ceiling Breach & Pull

During the CPAT, you must progress along a predetermined path from one event to the next in a continuous manner. Participants wear a 50-pound vest to simulate the weight of firefighter equipment during the entire testing process. An additional 25 pounds, using two 12.5-pound weights to simulate the weight of firefighter equipment, is added to your shoulders for the stair climb event. You have 10 minutes and 20 seconds to complete all eight tasks.

Included in the registration fee is an orientation to the test parts and printed material. **IT IS YOUR RESPONSIBILITY TO SCHEDULE AND PAY FOR YOUR OWN CPAT.**

2. Where can I take the CPAT? How much does it cost? The Cal-JAC CPAT is administered throughout the state of California. Please visit www.FCTOnline.org to obtain further information and to schedule your test.

California Firefighter Joint Apprenticeship Committee (Cal-JAC)

FCTC Testing Center - South El Monte

10316 Rush Street
South El Monte, CA 91733

FCTC Testing Center - San Diego

Miramar College
Fire Technology Building R3
Corner of Westview Parkway & Hillery Dr

FCTC Testing Center - Sacramento

2560 River Plaza Drive
Sacramento, CA 95833

FCTC Testing Center - Livermore

526 Commerce Way
Livermore, CA 94551

Website: www.FCTOnline.org

Phone: 877-648-2728

Cost: \$160 Re-Test Cost: \$160

Practice Session: \$45 per session

Financial Assistance: If you are unable to pay fees due to financial hardship, you may qualify for financial assistance through the California Fire Foundation. Financial assistance is assessed similar to the method used by community colleges. Information can be found at www.FCTOnline.org

Grants are available for individuals who demonstrate a financial hardship; [click here](#) for more information to the CPAT Grant document.

Oxnard College

Oxnard College Fire Technology Department/Academy Office

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Camarillo, CA 93010

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https://www.oxnardcollege.edu/sites/oxnardcollege/files/departments/academic/fire-technology/occpat_app_2019-2020_0.pdf

Cost: \$150 Re-Test Cost: \$150

Practice Session: \$25 per session

Due to CPAT availability and the need to prepare in advance of testing, it may be several weeks before you can be scheduled for your test.

3. How can I prepare for the CPAT? Included in the registration fee is an orientation that is offered by the testing agency. Contact a CPAT administrator for more information. Free CPAT practices are offered every Wednesday at Frank Hotchkin Memorial Training Center from 5:00 p.m. to 9:00 p.m. by the LAFD Firefighter Recruitment Section. You can sign up at <http://lafd-cpat.eventbrite.com>.

4. Will my CPAT expire? CPAT is valid for 12 months from the date you pass it. You must provide proof of a current CPAT during the Field Investigation and at the time of certification for hiring consideration.

5. What if I took the CPAT out-of-state or at another agency? Proof of passing the CPAT can be submitted on agency letterhead and must include the date the test was taken.