



**OUTSIDE
PLAY**

RICHMOND
SCHOOL DISTRICT NO. 38

Outdoor Play and Learning (OPAL) 1.0 Study

Information for teacher/administrator participants [Interview]

Help shape the future of outdoor play and learning in British Columbia!

We are inviting teachers/administrators of all grade levels at any BC school to participate in interviews as part of the OPAL 1.0 study. Through this study, we want to understand how teaching and learning outdoors is currently integrated in schools in BC. We are developing a survey to gather teachers' and administrators' perspectives on teaching and learning outdoors.

Checklist for participation:

- ☐ Teacher/administrator at any BC school
- ☐ Able to speak, read and understand English

How can you participate?

We need your help to review our survey so we can ensure its relevance, clarity, and accuracy before it is rolled out on a larger scale. Your participation will involve:

1. Brief questionnaire (under 5 minutes, online) – Answer a few questions about yourself
2. Individual interviews (60-90 minutes, online or in-person) – Share your thoughts and feedback about our survey

You will receive a \$50 gift card for your participation.

What is OPAL 1.0 about?

The OPAL 1.0 study is led by Dr. Mariana Brussoni at the UBC and BC Children's Hospital. We want to learn more about how teaching and learning outdoors is being integrated in schools in BC and how we can make sure all children have these learning experiences. Children's ideas will help us improve the OPAL program and make sure it works well for all schools.

Timeline

Interviews will take place in
Fall 2025.

To learn more or to participate, contact the
OPAL 1.0 research team at opal@bcchr.ca
or 604-875-2433

