



Outdoor Play and Learning (OPAL) 1.0 Study

Information for parent/legal guardian participants

Help shape the future of outdoor play and learning in British Columbia!

We are inviting parents/legal guardians to participate in the Outdoor Play and Learning (OPAL 1.0) study. Through this study, we want to understand how teaching and learning outdoors is currently integrated in schools. We want to hear your thoughts outdoor play and learning at your school to help us improve these experiences for students and teachers.

How can you participate?

Your child's school will invite you to participate in a group discussion with other parents/guardians. Your participation in this study is voluntary - if you would like to take part in it, let your child's school know.

During the group discussion, we will ask you about your thoughts on outdoor play and learning in schools.

The group discussion will be led by Megan Zeni, a research team member and a teacher in the RSD. It will take approximately 60 minutes.

You will receive a \$50 gift card for your participation.

Checklist for parent/guardian participation

- ☐ Being a parent/legal guardian of a child enrolled at one of the participating RSD elementary schools
- ☐ Speak, read and understand English

Timeline

Parent/guardian focus groups will take place in **Fall 2025**.

To learn more or to participate, contact the OPAL 1.0 research team at opal@bcchr.ca or 604-875-2433

