



Outdoor Play and Learning (OPAL) 1.0 Study

Information about child participation

Help shape the future of outdoor play and learning in British Columbia!

We are inviting teachers who teach Kindergarten to Grade 3 in RSD elementary schools to take part in the OPAL 1.0 study. As part of the study, the children whose parents consent to their participation will join a group discussion (30-45 minutes) during class time where they will share their thoughts and experiences about outdoor play and learning happening in your school.

It will be facilitated by Megan Zeni, an elementary school teacher in the RSD and a researcher at UBC.

Why should your class participate?

Your class will provide input on a program that could transform outdoor teaching and learning opportunities and experiences in your school. We will gain insights into current practices for teaching and learning outdoors and discover ways to improve and enhance the experience for both students and staff.

What is OPAL 1.0 about?

The OPAL 1.0 study is led by Dr. Mariana Brussoni at the UBC and BC Children's Hospital. We want to learn more about how teaching and learning outdoors is being integrated in schools in BC and how we can make sure all children have these learning experiences. Children's ideas will help us improve the OPAL program and make sure it works well for all schools.

Your class is eligible to participate if it:

- ☐ is an elementary school in the RSD
- ☐ includes students in Kindergarten to Grade 3
- ☐ can participate in one 30-45 minutes group discussion during class time

Timeline

Children's group discussion will take place in **Fall 2025**.

To learn more or to participate, contact the OPAL 1.0 research team at opal@bcchr.ca or 604-875-2433

