

*ALL salads contain olive oil, salt, and pepper

December 2025

Market Sides			
Name	Dietary	Notes	Ingredients
Chicken Salad	GF, DF	Allergen Alert: Mayo (Soy, Corn, Eggs), Nuts(Almonds)	Chicken, Apples, Diced Celery, Currants, Sliced Almonds, Mayo, Shallot, Champagne Vinegar, Sugar, Dijon
Tuna Salad	GF, NF, DF	Allergen Alert: Mayo (Soy, Corn, Eggs)	Tuna, Celery, Dill, Lemons, Mayo, Dijon, Red Onion
Blackberry Kale	GF, DF, V+	Allergy Alert: Nuts (Pecans)	Kale, Golden Raisins, Pecans, Blackberries, Sunflower Seeds, Balsamic, Apple Juice, Blackberry Puree
Broccoli Slaw	GF, V	Allergen Alert: Mayo (Soy, Corn, Eggs), Nuts(Almonds)	Broccoli, Cranberries, Almonds, Shallots, Mayo, Buttermilk, Apple Cider Vinegar, Sugar
Pesto Pasta	NF, V	Allergy Alert: Gluten(Pasta), Dairy	Cavatappi, Mozzarella Balls, Spinach, Tomato, Parmesan, Basil, Garlic
Winter Citrus Pasta	V+,NF	Allergy Alert: Gluten (Pasta)	Pasta, Blood Oranges, Oranges, Grapefruit, Red Onion, Kale, Dried Cranberries, Lemon, Dijon, Dried Thyme, Garlic, Brown Sugar
*Roasted Rosemary Chickpea	GF,NF,V	Allergy Alert: Dairy	Chickpeas, Rosemary, Parmesan, Grape Tomatoes, Red Onion, Kale, Red Wine Vinegar, Dijon, Garlic, Oregano, Basil, Lemon, Chili Flake, Parsley
*Pomegranate Sweets	GF, NF, V+	Allergy Alert: None	Sweets, Spinach, Carrots, Golden Raisins, Red Onion, Parsley, Pomegranate Seeds & Juice, Dijon, White Wine Vinegar, Red Pepper Flake
*Cinnamon Crunch Quinoa	GF, V+	Allergy Alert: Nuts (Almonds, Pecans), Coconut	Quinoa, Almonds, Pecans, Dried Cranberries, Toasted Coconut, Cinnamon, Apple Cider Vinegar, Chipotle, Dijon, Apple
BLT Egg Salad	GF,NF,DF	Allergy Alert: Bacon, Mayo (Egg, Soy, Corn)	Bacon, Eggs, Mayo, Tomatoes, Green Onion, Mayo, Horseradish, Worcestershire, Lemon, Celery, Dill, Dijon, Garlic
Curry Cauliflower	GF, V+	Allergen Alert: Nuts (Almonds)	Cauliflower, Curry, Cilantro, Sliced Almonds, Pepitas, Dried Currants, Red Onion, Lime, Brown Sugar, Garlic, Dijon