

January 2026

Market Sides			
Name	Dietary	Allergen Alerts	Ingredients
Chicken Salad	GF, DF	Allergen Alert: Mayo (Soy, Corn, Eggs), Nuts (Almonds)	Chicken, Apples, Diced Celery, Currants, Sliced Almonds, Mayo, Shallot, Champagne Vinegar, Sugar, Dijon
Tuna Salad	GF, NF, DF	Allergen Alert: Mayo (Soy, Corn, Eggs), Fish	Tuna, Celery, Dill, Lemons, Mayo, Dijon, Red Onion
Blackberry Kale	GF, DF, V+	Allergen Alert: Nuts (Pecans)	Kale, Blackberries, Golden Raisins, Pecan Pieces, Sunflower Seeds, Blackberry Puree, Apple Juice, Canola Oil, Balsamic Vinegar
Broccoli Slaw	GF, V	Allergen Alert: Mayo (Soy, Corn, Eggs), Dairy (Buttermilk), Nuts (Almonds)	Broccoli, Cranberries, Almonds, Shallots, Mayo, Buttermilk, Apple Cider Vinegar, Sugar
Pesto Pasta	NF, V	Allergen Alert: Gluten, Dairy (Parm & Mozzarella)	Cavatappi, Mozzarella Balls, Spinach, Tomato, Parmesan, Basil, Garlic
Bacon Balsamic Pasta	NF	Allergy Alert: Gluten, Dairy (Parm), Bacon	Pasta, Sun Dried Tomatoes, Bacon, Kale, Parm, Green Onion, Balsamic, Dijon, Garlic, Chili Flake, Oregano
*California Quinoa	GF, NF, V+	Allergen Alert: Coconut, Soy (Edamame)	Quinoa, Shredded Coconut, Pineapple, Edamame, Bell Peppers, Cilantro, Red Onion, Almonds, Kale, White Wine Vinegar, Garlic, Dijon, Orange Juice, Maple Syrup
*Cilantro Chickpea	GF, NF, V+	Allergen Alert: None	Chickpeas, Chili Powder, Cumin, Garlic, Tomato, Red Onion, Cilantro, Parsley, Lime, Dijon, Maple Syrup, Turmeric
*Chipotle Sweets	GF, NF, V+	Allergen Alert: Corn	Sweet Potatoes, Corn Blend, Black Beans, Roasted Red Peppers, Cilantro, Chipotles In Adobo, Lime Juice
Sesame Slaw	GF,V+	Allergen Alert: Sesame, Nuts (Almonds), Soy	Super Slaw Mix, Shredded Kale, Red Bell Pepper, Cilantro, Green Onion, Almonds, Miso, Apple Cider Vinegar, Maple Syrup, Sesame Oil, Sriracha, Garlic
*Roasted Cauliflower Tabbouleh	GF, NF, V+,	Allergen Alert: None	Cauliflower, Red Bell Peppers, Parsley, Red Onion, Cucumber, Lemon, Sumac, Granulated Garlic

*ALL salads contain olive oil, salt, and pepper