

\*ALL salads contain olive oil, salt, and pepper

## March 2026

Market Sides			
Name	Dietary	Allergen Alerts	Ingredients
*Chicken Salad	GF, DF	Allergen Alert: Mayo (Soy, Corn, Eggs), Nuts (Almonds)	Chicken, Apples, Diced Celery, Currants, Sliced Almonds, Mayo, Shallot, Champagne Vinegar, Sugar, Dijon
*Tuna Salad	GF, NF, DF	Allergen Alert: Mayo (Soy, Corn, Eggs), Fish	Tuna, Celery, Dill, Lemons, Mayo, Dijon, Red Onion
*Blackberry Kale	GF, DF, V+	Allergen Alert: Nuts (Pecans)	Kale, Blackberries, Golden Raisins, Pecan Pieces, Sunflower Seeds, Blackberry Puree, Apple Juice, Canola Oil, Balsamic Vinegar
*Broccoli Slaw	GF, V	Allergen Alert: Mayo (Soy, Corn, Eggs), Dairy (Buttermilk), Nuts (Almonds)	Broccoli, Cranberries, Almonds, Shallots, Mayo, Buttermilk, Apple Cider Vinegar, Sugar
*Pesto Pasta	NF, V	Allergen Alert: Gluten, Dairy (Mozzarella/Parmesan)	Cavatappi, Mozzarella Balls, Spinach, Grape Tomato, Parmesan, Basil, Garlic
Primavera Pasta	NF, V	Allergen Alert: Mayo (Egg, Soy, Corn), Dairy (Asiago), Gluten	Bowtie Pasta, Carrots, Peas, Zucchini, Tomato, Onion, Asiago, Parsley, Mayo, Lemon, Dill, Garlic, Chili Flake
*Honey Mustard Sweet Potato	GF	Allergen Alert: Bacon, Nuts (Pecans), Dairy (Blue Cheese)	Sweet Potato, Bacon, Green Onion, Pecans, Blue Cheese, Honey, Dijon, Apple Cider Vinegar, Garlic, Thyme
*Sriracha Chickpea	GF, NF, V+	Allergen Alert: Sesame	Chickpeas, Red Bell Pepper, Green Onion, Carrots, Beets, Avocado, Sriracha, Rice Vinegar, Sesame Oil, Maple Syrup, Dijon, Black Sesame Seeds, Lime Juice, Garlic, Canola Oil
*Cauliflower Quinoa	GF, NF, V+	Allergen Alert: None	Quinoa, Cauliflower, Smoked Paprika, Golden Raisins, Green Onions, Red Bell Pepper, Pepitas, Parsley, Orange Juice, Garlic, Cumin, Turmeric
Herb Marinated Veggies	GF, NF, V	Allergen Alert: Dairy (Mozzarella)	Tomato, Cucumber, Bell Pepper, Red Onion, Basil, Mozzarella, Red Wine Vinegar, Dijon, Basil, Oregano, Garlic, Chili Flake
*Develed Egg Salad	GF, NF, DF, V	Allergen Alert: Eggs, Mayo (Egg, Soy, Corn)	Hard Boiled Eggs, Pickles, Celery, Dill, Mayo, Dijon, Paprika, Pickle Brine, Garlic

\*Salads available in Naperville