

\*All recipes contain oil, salt, and pepper

2026 July Market Sides			
Name	Dietary	Notes	Ingredients
*Chicken Salad	GF, DF	Allergen Alert: Mayo (Soy, Corn, Eggs), Nuts (Almonds)	Chicken, Apples, Diced Celery, Currants, Sliced Almonds, Mayo, Shallot, Champagne Vinegar, Sugar, Dijon
*Tuna Salad	GF, NF, DF	Allergen Alert: Mayo (Soy, Corn, Eggs)	Tuna, Celery, Dill, Lemons, Mayo, Dijon, Red Onion
*Blackberry Kale	GF,V+	Allergen Alert: Nuts (Pecans)	Kale, Golden Raisins, Pecans, Blackberries, Sunflower Seeds, Balsamic, Apple Juice, Blackberry Puree
*Broccoli Slaw	GF, V	Allergen Alert: Mayo (Soy, Corn, Eggs), Nuts (Almonds)	Broccoli, Cranberries, Almonds, Shallots, Mayo, Buttermilk, Apple Cider Vinegar, Sugar
*Pesto Pasta	NF, V	Allergen Alert: Gluten (Pasta), Dairy (Cheese)	Cavatappi, Mozzarella Balls, Spinach, Tomato, Parmesan, Basil, Garlic
BLT Caesar Pasta	NF	Allergen Alert: Mayo (Egg, Soy, Corn), Dairy, Gluten, Bacon	Pasta, Bacon, Tomatoes, Green Onion, Kale, Parmesan, Mayo, Lemon, Worcestershire, Dijon, Garlic
*Cilantro Lime Chickpea	GF, NF, V+	Allergen Alert:	Chickpeas, Chili Powder, Cumin, Granulated Garlic, Grape Tomatoes, Red Onion, Cilantro, Lime Juice, Parsley, Dijon, Maple Syrup
*Honey Mustard Sweet Potato	GF	Allergen Alert: Dairy (Blue Cheese), Bacon, Nuts (Pecans)	Sweet Potatoes, Bacon, Pecans, Blue Cheese, Green Onion, Honey, Dijon, Garlic, Apple Cider Vinegar
*Grilled Corn Quinoa	GF, NF, V+	Allergen Alert: Corn	Quinoa, Grilled Corn, Roasted Peppers, Red Onion, Cilantro, Onion, Tomato, Cucumber, Cumin, Chili Powder, Tajin, Dijon, Lime, Veggie Stock Base
*Green Goddess Veggies	GF, NF, V	Allergen Alert: Mayo (Soy, Corn, Eggs)	Zucchini, Parsley, Green Onion, Brussels Grape Tomatoes, Dill, Mayo, Lemon, White Wine Vinegar, Dijon, Garlic
*Cucumber, Tomato, & Avocado	GF, NF, V+	Allergen Alert:	Cucumbers, Tomatoes, Avocado, Dill, Lemon

\*Available in Naperville and Oak Park